

joyful noise!



Caregiver Newsletter

May 11, 2018 "Life is measured in moments that take your breath away."- Anonymous

Faces of Joy



Painting with shaving cream and food coloring as seen in the photo of Lilly and Mr. Robbie was a fun experience for both Guests and staff. Miss Judy and Miss Harriet took charge outside replanting the herbs into the pretty pots. Everyone enjoyed seeing the cards we received from a local third grade class. The Guests enjoyed the punny humor on the cards. Miss Liz enjoying a visit from the cat Sally. The activities and experiences captured in the photo are just a small sampling of the daily experiences of our Guests. We enjoy sharing these experiences with your loved ones.

Caregiving Tips

People with dementia will often repeat a word, statement, question, or activity over and over. While this type of behavior is usually harmless for the person with dementia, it can be annoying and stressful to caregivers. Here are some helpful tips:

Provide plenty of reassurance and comfort, both in words and in touch.

Try distracting with a snack or activity.

Avoid reminding them that they just asked the same question.

Try ignoring the behavior or question, and instead try refocusing the person into an activity such as singing or "helping" you with a chore

Week in Review May 7-11th

Monday: The Guests had a chance to celebrate World laughter day with bad jokes, smiley face crafts and a game of make me laugh

Tuesday: We took a dream vacation or two today. Guests listed all the things that we need to take with us. They also made a whale of wonderful postcard

Wednesday: We were off to the races again today. Horseshoes, horse racing and a horse category game were just a small part of the day

Thursday: Mom was the topic of the day. Guests reminisced about all the phrases they said or their moms said to them. We also made some love art with shaving cream and food coloring.

Friday: Mom was the topic of the day again. Mom's need at least two days of discussion. Guests played a game of Mother May I, went outside in the beautiful weather and discussed our favorite memories of Mom

Humor Corner :

Two little boys were talking and one asked the other "Do you say a blessing before every meal?" Second boys says "NOPE- my mom is a great cook"

A simple activity

Go outside with your loved on and talk about the sights and sounds. Do you hear a car honking it's horn? Do you see birds in the trees? Are there clouds in the sky? Does it look like rain?

Joy's House serves families by providing exceptional adult day and caregiver services.

