

# joyful noise!



Caregiver Newsletter

March 9, 2018 "In a world where you can be anything, be kind"- Anonymous

## Faces of Joy



The photo on the left shows Miss Ola, Miss Harriet, Katie and Mr. Bob working on their initial artwork. The intensity and focus on their creations shines thru in the photo. The photo on the right shows Miss Mary, Lilly and Miss Harriet enjoying cupcakes from the house's birthday party. Joy's House at UIndy turned 2 this week!

## Week in Review March 5-9<sup>th</sup>

**Monday**-Name meanings, nursery rhymes, corn hole and making cards for the dietary staff at Forest Creek Village were all a part of the day's agenda

**Tuesday**-Scrambled names, initial artwork, most unique names and celebrating Mr. Bob's birthday were a part of today's fun

**Wednesday**- Happy 2<sup>nd</sup> Birthday to Joy's House at UIndy! We celebrated our birthday with some silly games and lots of laughter

**Thursday**- Bingo, twin names, punch balloon volleyball, name 5 things, food named after people and famous last names were a part of today's fun

**Friday**- A highly competitive game of football toss, shadow game, keep it on the table and conversations are just a sampling of the today's events

## Caregiving Tips

It may be helpful to put your hand under the hands of persons with dementia when guiding them in a task.

Let them do as much as they can do on their own.

## A little bit of humor

Q: What starts with the letter P and ends in E and has a million letters in it?

A: The Post Office

## Lunches for

March 12-16<sup>th</sup>

**Monday**- Meatball sub, fries and cucumbers

**Tuesday** -Vegetable beef soup, turkey sandwich and fruit

**Wednesday** - Surprise lunch from Forest Creek Village

**Thursday** - Lasagna, salad and garlic toast

**Friday**- Hot ham and cheese, potato and coleslaw

## Bracket's for Joy

Brackets for Joy is a fun way to raise funds for JH Scholarships. If you have ever participated in a bracket pool, then you know the drill - pay your entrance fee of \$20, fill out your NCAA Basketball bracket, and let the games begin! If you are interested in playing with the JH group, send your email to [andyj@indy.rr.com](mailto:andyj@indy.rr.com) - he will then invite you (and send you a link) to play on the Brackets for Joy CBS Sports page.

To pay, you can make your donation on the Joy's House website, and note in the Comments section that the donation is for "Brackets for Joy."

<https://app.etapestry.com/hosted/JoysHouse/OnlineGiving.html>

Joy's House serves families by providing exceptional adult day and caregiver services.

