

# joyful noise!



## Caregiver Newsletter

March 16, 2018 "Laugh as much as you breath and love as much as you live"- Anonymous

### Faces of Joy



On March 13<sup>th</sup>, we surprised Miss Debbie with a Purdue themed day. She loves everything about Purdue! With her birthday and Purdue headed to the NCAA tourney the timing was perfect for this day. The staff all wore Purdue t-shirts, her birthday cake was decorated in the school colors and then we presented her with a Mitch Daniels signed Purdue pennant. We did have to promise a few Guests an IU day at some point this year. We love being able to celebrate with our Guests!!

### Caregiving Tips

If your loved one becomes upset or agitated, try changing the subject or the environment.

For example, ask him for help or suggest going for a walk. It is important to connect with the person on a feeling level, before you redirect. You might say, "I see you're feeling sad—I'm sorry you're upset. Let's go get something to eat."

A little bit of humor Q: What do you call a pig

that plays basketball? A: A ball hog

### Lunches for March 19-23<sup>rd</sup>

**Monday**- Ham and swiss casserole, green beans and a bread stick

**Tuesday** – Coney dog, potato chips, and layered salad

**Wednesday** –Chicken and dumplings, baked tomato and muffin

**Thursday** – Vegetable chowder, tuna salad and tomato slices

**Friday**- Baked spaghetti, vegetables and garlic toast

### Week in Review March 12-16<sup>th</sup>

**Monday**- Green things, a competitive game of cornhole, bad Irish jokes were a part of the fun activities

**Tuesday**- We celebrated Miss Debbie, her upcoming birthday and her love of all things Purdue

**Wednesday**- Coin toss, Irish music and making necklaces were on the agenda for today

**Thursday**- Pint of ale word game, lucky bingo, and short stories were just a portion of the day

**Friday**- Clover search, shamrock crafts, Leprechaun names were a portion of our celebration today

### Upcoming Events

**March 20<sup>th</sup>**- Transfer Training-

Free education on how to transfer your loved one. Dinner for you and your loved are included. Care for your loved one is provided at no charge. Please see Leah for more details

**March 21<sup>st</sup>**- Dine to Donate- Join us for dinner at Buffalo Wild Wings- check out the flyers on the front desk

Joy's House serves families by providing exceptional adult day and caregiver services.

