

# joyful noise!



## Caregiver Newsletter

July 27, 2018 "We didn't realize we were making memories. We just knew we were having fun."- Anonymous

### Faces of Joy



The photo on the top left shows Mr. Tom enjoying sitting on the deck that leads into our beautiful garden. The photo on the top right shows Miss Harriet and our volunteer Dorella playing a competitive game of cards. The photo on the bottom captures the group playing the game keep it on the table. Our programming is designed to capture time spent pursuing things as individuals, with just one other person or with the group as a whole.

### Week in Review July 23-27<sup>th</sup>

**Monday:** Blue Monday brought out lots of conversation about favorite colors, things that are blue and drawing things that could be painted blue. We also discussed the different names for colors- especially when you pick out paint colors.

**Tuesday:** Christmas eve in July! We talked about different Christmas traditions, gifts and stocking stuffers. If you had stopped in today, you would have heard the Guests singing Christmas carols.

**Wednesday:** 25 things about Christmas, lump of coal game, making gifts, singing Christmas songs rounded out our Christmas in July celebrations.

**Thursday:** We celebrated New York today. We talked about different iconic landmarks, used the word New York to make other words, hailed a taxi and talked about travel memories.

**Friday:** Our day was very mellow. We enjoyed time outside, time coloring and time with each other. The beautiful weather was enjoyed by all

### Upcoming Event

August 25<sup>th</sup>- A Day Away Caregiver Retreat at Copper Trace

### Benefits of laughter

Laughter is a powerful antidote to stress, pain, and conflict. Nothing works faster or more dependably to bring your mind and body back into balance than a good laugh. Humor lightens your burdens, inspires hopes, connects you to others, and keeps you grounded, focused, and alert.

*Joy's House serves families by providing exceptional adult day and caregiver services.*

