

joyful noise!



Caregiver Newsletter

February 9, 2018 "The little moments? The little things? They aren't so little"- Anonymous

Week in Review Feb 5-9th

Monday- Bird category game, weird laws and a game of paddle ball were on the agenda

Tuesday- Today we played the red and blue game, made bird feeders and created cards for caregivers

Wednesday- Birdseed game, football toss and feather category game were part of the fun

Thursday- Word mining, pass the egg and bingo were some highlights for the day

Friday- Advice from a bird, bird nest game and starting our valentine crafts made up our Friday

Faces of Joy



Laughter is often a sound heard around our house. It is a result at time of a planned silly activity. Other times it is because our Guests have realized that life is absurd at times. Whatever causes the laughter, the impact of the laughter is real and can be felt by everyone in the house. We haven't met anyone who doesn't smile when they hear the sound of Miss Harriet's laughter.

Caregiver Tips

Ask the person you are caring for simple, answerable questions.

Ask one question at a time; those with yes or no answers work best.

Refrain from asking open-ended questions or giving too many choices.

For example, ask, "Would you like to wear your white shirt or your blue shirt?"

Upcoming Event

We would love to have you join us at our 2018 Spring Caregiver Retreat. All attendees will enjoy snacks, massages, special exhibits, information, guest speakers, fellowship and more. In addition, complimentary Adult Day Services are available at both Joy's House locations (space is limited)

Our next retreat is March 10th, 2018 from 9 a.m. – 12 p.m. at Calvary Lutheran Church (6111 Shelby Street, Indianapolis). RSVP for this free event to Candace Preston at candace@joyshouse.org

Lunches for Feb 12-16th

Monday- Meatball sub, fries & cucumbers

Tuesday – Beef soup, turkey salad & fruit

Wednesday – Chicken, mashed potatoes & fruit

Thursday – Lasagna, salad & garlic toast

Friday- Hot ham & cheese, potatoes & coleslaw

A little bit of humor

Q. Why do cows have hooves instead of feet?
A. Because they lactose

We don't stop laughing because we grow old, we grow old because we stop laughing

Joy's House serves families by providing exceptional adult day and caregiver services.

