

joyful noise!



Caregiver Newsletter

February 2, 2018 "It is the little things in life"- Anonymous

Faces of Joy



These three photos give you a glimpse into our week. On the left, is Miss Judy enjoying our imagination vacation to Hawaii. Thanks to her daughter, Kelly, for supplying all the goodies for our party. In the middle, is Mr. Robbie and Katie working with a machine to help his ability to communicate. Along with having fun with our Guests, we are always working to improve their quality of life outside the walls of our house. On the right, Miss Harriet and Miss Ola showing off their adorable cards that they created for Groundhog Day!

Caregiver Tips

How you approach your loved one can often set the tone for the interaction. Here are some tips that will help make interactions positive.

- Approach from the front: It helps loved ones with dementia be aware that you are coming. Approaching from the back can produce anxiety.
- Call them by name: Use their names just to get their attention. As dementia progresses people respond best to their first names
- Stand to their side: This is a supportive stance and is better received

Upcoming Event

We would love to have you join us at our 2018 Spring Caregiver Retreat. All attendees will enjoy snacks, massages, special exhibits, information, guest speakers, fellowship and more. In addition, complimentary Adult Day Services are available at both Joy's House locations (space is limited)

Our next retreat is March 10th, 2018 from 9 a.m. – 12 p.m. at Calvary Lutheran Church (6111 Shelby Street, Indianapolis). RSVP for this free event to Candace Preston at candace@joyshouse.org

Week in Review Jan 29-Feb 2nd

Monday- Today involved learning about marshmallows and launching them around the room
Tuesday- We started packing our suitcases for our tropical vacation.
Wednesday- An imagination Vacation to Hawaii was absolutely on the agenda.
Thursday- We started our talk about Groundhog's day and the upcoming February holidays
Friday- Groundhogs and football were the topics of discussion that abounded in the house

Lunches for Feb 5-9th

Monday- Ham and beans, cornbread and greens
Tuesday – Sausage, kraut and mashed potatoes
Wednesday – Cabbage soup, ham salad sandwich and fruit
Thursday – Spaghetti, salad and garlic toast
Friday- Tuna casserole, peas and a breadstick

A little bit of humor

Q. What did the buffalo say when his on left for college
A. Bison

Joy's House serves families by providing exceptional adult day and caregiver services.

