

joyful noise!



Caregiver Newsletter

February 16, 2018 "There is one happiness in this life, to love and be loved."- George Sand

Week in Review Feb 12-16th

Monday-We played rolling for 14 and filled the "love" bucket

Tuesday- We had a lively game of tabletop bowling & listened to live music from UIndy OT students

Wednesday- Cupid's arrow, silly Valentine's Day games and gave out a lovely Valentine surprise

Thursday- The left or right game brought lots of smiles

Friday- It was quarterly cleaning day. The Guests had the best jobs watching a movie and watching the staff clean around the house

Faces of Joy



Love is felt around the house and not just the week of Valentines' Day. We are privileged to see love in action from our Guests, caregivers and staff. It was a joy to be able to provide pink heart pancakes one morning for our Guests. It was a wonderful feeling to surprise our families with a dinner on Wednesday.

Caregiver Tips

People with dementia often feel confused, anxious, and unsure of themselves.

Further, they often get reality confused and may recall things that never really occurred. *Avoid trying to convince them they are wrong.*

Stay focused on the feelings they are demonstrating (which are real) and respond with verbal and physical expressions of comfort, support, and reassurance.

Lunches for Feb 19-23rd

Monday- Ham and swiss casserole, green beans and breadstick

Tuesday -Coney dog, chips and salad

Wednesday -Chicken and dumplings, baked tomato and corn muffin

Thursday -Vegetable chowder, tuna salad and tomato slices

Friday- Baked spaghetti, vegetables and garlic toast

A little bit of humor

Q: What is the difference between love and marriage?

A: Love is blind and marriage is an eye opener

Upcoming Event

We would love to have you join us at our 2018 Spring Caregiver Retreat. All attendees will enjoy snacks, massages, special exhibits, information, guest speakers, fellowship and more. In addition, complimentary Adult Day Services are available at both Joy's House locations (space is limited)

Our next retreat is March 10th, 2018 from 9 a.m. – 12 p.m. at Calvary Lutheran Church (6111 Shelby Street, Indianapolis). RSVP for this free event to Candace Preston at candace@joyshouse.org

Joy's House serves families by providing exceptional adult day and caregiver services.

