

**O**  
THE OPRAH  
MAGAZINE

YOUR BEST LIFE

**Our  
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the Blahs**

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# The Foodie

**CANDACE NELSON**  
38, pastry chef

## Her Favorite Things

Founder of the megasuccessful cupcake chain Sprinkles (and a recently launched line of Sprinkles Ice Cream) and mother of two boys, 5 and 2, Nelson loves Mother jeans ("They give good butt"), DevaCurl hair products, Lernlem gauze scarves, and Irene Neuwirth jewelry. But she's particularly obsessed with Cal Red peaches from Frog Hollow Farm. "They're insane and supersweet, the kind of peaches you have to eat over the sink, they're so juicy."

## Her Merry-making Style

"Los Angeles is so casual all the time—the holidays are the one time of year when people will maybe wear a fancy top with their jeans," says Nelson. "So I like to wear a dress and heels."

*"I like dresses that have a nice, architectural shape. And how cute are these shoes?"*



## Her Gift List

### For the literary foodie

**The memoir *Blood, Bones, & Butter*, by Gabrielle Hamilton**  
[bloodbonesandbutter.net](http://bloodbonesandbutter.net)

**For the home chef**  
**Artisanal maplewood cutting boards**  
[edwardwohl.com](http://edwardwohl.com)

**For the jet-setter**  
**A membership to luxury travel site Indagare**  
[indagare.com](http://indagare.com)

**Under \$50**  
**La Maison du Chocolat dark chocolate truffles**  
[lamaisonduchocolat.us](http://lamaisonduchocolat.us)

Dress, Taylor Dress, \$134. Cardigan, L'Wren Scott. Necklace, Tuleste Market. Shoes, L'Wren Scott.