



PRESS RELEASE

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Fort4Fitness, Inc. is a non-profit, 501(c)(3) organization committed to promoting healthy living and fitness in Northeast Indiana

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2015 Fort4Fitness Spring Cycle Registration Opens March 1 4th Annual Event Scheduled For May 16, 2015

(Fort Wayne, IN) - Registration for the 2015 Fort4Fitness Spring Cycle opens Sunday, March 1! The 4th Annual Spring Cycle will take place on Saturday, May 16, 2015, and will again be held at the Arts United Campus in downtown Fort Wayne.

Last year over 5,000 people participated in the 3rd Annual Spring Cycle and KickStart activities, and we are proud to say that the Spring Cycle will once again be a partner in the KickStart Festival.

New in 2015 we will feature four different tour distances, including the addition of a new 10 Mile course. The other distances will be around 20, 30 and 40 miles, so everyone from the beginner to the advanced cyclist can choose the perfect tour distance. The cost is \$20 for adults and just \$10 for kids 14 and under. The cost of registration includes a Spring Cycle T-shirt!

We will again be partnering with other downtown organizations to provide our KickStart4Kids event. KickStart4Kids is a free, kid-friendly event during the Spring Cycle that is focused on providing fun and educational cycling information. Other activities will include: arts, crafts, and musical performances provided by Arts United; a kids obstacle course provided by the Northeast Indiana Trail Riders Organization (N.I.T.R.O.); and the opening of Barr Street Market.

Spring Cycle Schedule of Events - Saturday, May 16, 2015

Check-In / Late Registration*: 7 - 9 a.m.

Spring Cycle Begins: 9 a.m.

KickStart4Kids: 11 a.m. - 2 p.m.

Late Registrations will incur an additional fee

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4th Annual Spring Cycle
MAY 16, 2015

8th Annual Fall Festival
SEPTEMBER 25-26, 2015