



# *Naturopathic Medicine for Animals*

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## Holistic Treatment Options

### **ACUPUNCTURE**

Fine needles inserted through the skin at specific locations to assist self-healing.

### **ORTHOPEDIC MANIPULATION**

A gentle form of chiropractic using a hand-held device to adjust the spine and limb joints.

### **HERBS**

Chinese and Western formulas to treat disease and strengthen patients.

### **HOMEOPATHY**

Tiny medicinal pellets that amplify self-healing.

### **NUTRACEUTICALS**

Nutritional supplements designed to treat specific conditions.

### **REIKI**

Japanese hands-on technique to help patients access their own healing energies.

Naturopathic medicine includes any medicine from natural sources. Holistic medicine is any method that views the body/mind as more than the sum of its parts. Most naturopathic methods are also holistic in their approach. They consider not only the disease process at hand, but also how the patient's own system and behavior predispose them to disease. Both are treated, resulting in a patient who generally feels better on multiple levels, and who may be more prone to health in the future.

Naturopathic medicine can be used alone, or in combination with conventional treatment options to augment benefits and alleviate side effects. It may be used for acute illness, and has special benefit for chronic illness where patient strengthening is key. Naturopathic methods generally work slower than conventional ones but are also associated with far fewer side effects.

Diseases treated are numerous and quite varied, including arthritis, spinal disease, epilepsy, anxiety, aggression, diabetes, Cushing's disease, cancer, allergies, asthma, kidney failure, inflammatory bowel disease, heart disease, hypertension, liver disease, alopecia, and many others.

Dr. Chattigre receives frequent referrals from conventional veterinarians and veterinary specialists. Her first consultation includes a conventional exam, a Chinese medical tongue and pulse evaluation, homeopathic intake, and the first treatment which may include acupuncture, orthopedic manipulation, and/or reiki. Medications are not included in the initial consult fee, and may include herbs, homeopathic remedies, nutraceuticals, and diet. Subsequent visits are arranged as needed for optimum healing.

Please see our website, [www.cascadesummitvets.com](http://www.cascadesummitvets.com), for more information about individual naturopathic methods and a photo gallery. To schedule an appointment, please call 503-655-1722. We look forward to seeing you and your fuzzy friend!