



Is Your Air Safe For You and Your Bird?

You and your parrot spend most of your time indoors. How safe is your air?

Brought to you by **Bird Channel**
RabbitAir

Choke Point

7 things in your house that can be deadly for your pet bird.

- Candles
- Nonstick pans
- Bug sprays
- Aerosols
- Self-cleaning ovens
- Smoking
- Chemical cleaners



Messy Birds

Our pet birds do their share of contributing to air pollution in the home.

Dustiest Parrots



Cockatoo, Cockatiel, African Grey



Sources of Bird Pollutants

- Dander
- Droppings
- Powder down dust
- Food
- Feathers

50% of parrot owners think the mess is the most difficult part about owning a parrot.

BAD FOR THEM, BAD FOR YOU

We've come a long way from the days when we sent canaries into coal mines, but there's no denying that many of the things that can sicken your bird are bad for you too.

6 of the EPA's Top 10 Asthma-Inducing Pollutants Are Bad for Your Bird Too²

- Secondhand smoke
- Molds
- Nitrogen dioxide
- Wood smoke
- Chemical irritants
- Outdoor air pollution



1 in 12 people have asthma³
8% of U.S. Population

Clean & Clear

Both you and your bird will thrive in a home that's kept free of air pollutants.



Use An Air Cleaner

HEPA filters are capable of removing close to **99.97%** of particles down to .3 microns in size from the indoor atmosphere.

Use Plants!¹



1. Boston Fern (*Nephrolepis bostoniensis*)
2. Dragon Tree (*Dracaena draco*)
3. Rubber Plant (*Ficus elastica*)

Manage Your Bird's Mess

Daily

- ✓ Change cage liner
- ✓ Spot clean the cage
- ✓ Clean/wash bowls
- ✓ Vacuum around cage

Weekly

- ✓ Remove all items in cage
- ✓ Clean/disinfect all items in cage
- ✓ Clean filters and disinfect humidifiers
- ✓ Hose down cage

Monthly

- ✓ Wash window screens
- ✓ Dust window covers
- ✓ Clean windows
- ✓ Dust and clean shelves and electronics

Go All Natural 9 bird-friendly natural cleansers that are good for your home, you and your bird

Lemon juice

- Soap scum
 - Hardwater deposits
- Note: Lemon juice may bleach things if left out in the sunlight



Cornstarch

- Removes grease
- Window cleaning
- Carpet cleaning

Hydrogen peroxide

- Stains
- Note: Dilute with water before use



Baking soda

- Deodorizing
- Scrub surfaces like a nonabrasive cleanser

Vinegar

- All-purpose cleaner
 - Disinfectant
 - Deodorizer
- Note: Dilute by adding equal parts water to equal parts vinegar

Club soda

- Spills on carpet
- Can be used in place of vinegar to clean windows or mirrors

Olive oil

- Polishing wood stains



Plant-based soap

- Combined with hot water, can loosen dirt and dried-on poop on cages
- Use to clean bowls and dishes

Hot water

- Can loosen dirt and dried-on poop on cage bars

