



Quality of Life Assessment

Pet Name: _____ Owner Name: _____

Animal Hospital

You know your pet the best, and are the expert regarding the quality of his/her life. The tools on this sheet can help you and your veterinarian make decisions about your pet. This evaluation will probably occur multiple times throughout your pet's illness. If there are other people who also love this pet, it may be helpful, especially with children, to involve them in some discussions regarding quality of life as you are faced with decisions.

Quality of life is the degree of well-being, both physical and psychological, felt by your pet. The following questions can help guide you as you begin to assess quality of life from your pet's point of view (circle one):

- Does she eat and drink normally? Yes/No
- Can he relieve himself on his own? Yes/No
- Can she move around on her own? Yes/No
- Is he interested in the activities around him? Yes/No
- Is she withdrawn much of the time? Yes/No

List your pet's unique qualities, i.e. chasing a ball, playing with other pets, scratching on a post, rubbing on your legs, barking at the neighbors, etc. As these qualities fade, mark them off the list. Decide early on which and how many traits can go before too much quality diminishes from your pet's life.

Use the calendar on the back of this page to keep track of your pet's good and bad days. Evaluate what a good day would be for your pet, and also what a bad day looks like. Each evening, recall the day and decide if it was a good day or a bad day, marking the calendar appropriately. Decide how many bad days in a row occur before quality is compromised.

Good days/Bad days

Sun	Mon	Tue	Wed	Thu	Fri	Sat

We are here to support you and your pet throughout this difficult time. Please feel free to contact us at 515/255-4464 or info@heartlandanimalhospital.com if you have any questions or concerns about your pet's well being.

The Iowa Veterinary Referral Center (515/727-4872) and Iowa Veterinary Specialties (515/280-3051) are available 24 hours a day, 365 days a year to provide care for your pet if we are unavailable.