



# Whiskers of Wisdom

## An advanced wellness program

### SYMPTOM CHECKLIST FOR SENIOR CATS

Please check all that apply to your cat:

Pet: \_\_\_\_\_

Date: \_\_\_\_\_

Owner: \_\_\_\_\_

#### Behavior / Neurologic

- My cat is just not acting like himself/herself.
- My cat interacts less with the family and his/her favorite toys. (hiding)
- My cat seems confused or disoriented.
- My cat has been meowing or whimpering for no apparent reason.
- My cat's sleeping patterns have changed.
- My cat has had tremors or episodes of shaking.
- My cat has displayed circling, head tilts, or repetitive movements.
- My cat has displayed bouts of aggression.

#### Body Functions

- My cat has bad breath and red or swollen gums.
- My cat has difficulty chewing.
- My cat's eating habits have changed.
- My cat has gained / lost weight. (circle one)
- My cat is drinking more water than usual or from different sources
- My cat is urinating more frequently than usual.
- My cat's litter-box habits have changed and he/she sometimes has accidents.
- My cat's bowel habits have changed (increased frequency, diarrhea, constipation, straining). (circle all that apply)
- My cat vomits more than occasionally.
- My cat seems to have trouble seeing or hearing.

#### Heart / Lungs

- My cat has been coughing or sneezing.
- My cat seems to be panting.
- My cat tires more rapidly or seems short of breath.

#### Activity / Orthopedics

- My cat's behavior or activity level has changed.
- My cat has difficulty jumping to counter/bed.
- My cat seems limp or seems stiff and has difficulty rising from a resting position.
- My cat show signs of pain (hiding, unusually quiet, vocalizing, moves more slowly). Please circle all that apply.

#### Skin and Coat

- My cat scratches, licks, and chews excessively.
- My cat has changes in haircoat, skin, or new lumps or bumps.
- My cat's skin has an odor and/or I have noticed changes in grooming habits.
- My cat is less tolerant of grooming.

Please circle your cat's age in human years

AGE	cat's age in human years
1	7
2	13
3	20
4	26
5	33
6	40
7	44
8	48
9	52
10	56
11	60
12	64
13	68
14	72
15	76
16	80
17	84
18	88
19	92
20	96
21	100
22	104
23	108
24	112
25	116

#### color key

- adult
- senior
- geriatric

