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Welcome to a whole new experience in horse care! Here is a light hearted presentation of many things that Dr. Anders will want you to know about his views on horse care.....

## **THOU SHALL.....**

- ❖ **Treat all animals with respect.**
- ❖ **Question EVERYTHING – Even Dr. Anders: He will gladly enlighten you!**
- ❖ **Refrain from using vaccines**  
(There is a better way – Titer blood tests or Nosodes)
- ❖ **Use natural wormer.**  
(Daily chemical wormers do so much damage – ask about N.O.M.S. or see recommended deworming schedule listed below –if you MUST deworm.)
- ❖ **Feed natural grains, not pellets.**  
(Remember the phrase “garbage in – garbage out”?)
- ❖ **Use alternatives instead of cortisone.**  
(Cortisone will destroy more than it can possibly fix)
- ❖ **Use well fitting saddles.**  
(So many problems are traced back to improper saddle fit)
- ❖ **Use herbal and homeopathic alternatives to antibiotics.**  
(This is a better way – truly heal the horse, don’t cover it up)
- ❖ **Use highly qualified and competent farriers.**  
(Remember the phrase – “no foot, no horse”?)
- ❖ **Use highly qualified and competent dentists.**  
(Many chiropractic problems are caused by dental disasters.)
- ❖ **Use behavior that encourages a horse into a trailer**  
(T-Touch and good training practices.)
- ❖ **Use natural fly and mosquito repellent mixtures.**  
(Consider mixing the natural spray recipe below)
- ❖ **Fly Spray**  
(1/3 Avon Skin So Soft, 1/3 Water, 1/3 Apple Cider Vinegar, Add 10 drops Citronella)
- ❖ **January – Strongid**
- ❖ **April – Panacur**
- ❖ **July – Anthelcide**
- ❖ **October – Ivermectin**