



CHOSEN Class Time Outlines

STEP #	STEP NAME	60-MINUTE CLASS	90-MINUTE CLASS (RECOMMENDED)	120-MINUTE CLASS	NOTES
1	Welcome/ Review Game	5 min.	5 min.	5 min.	
2	Challenge of the Week Review	5 min.	5 min.	5 min.	
3	Opening Prayer	3 min.	3 min.	3 min.	
4	Dive-In	2 min.	5 min.	5 min.	
5	Watch It! / Small-Group Discussion / Video	*35 min. See Notes	50 min.	**60-65 min. See Notes	*For the 60-min. class, we suggest you allow just one or two of the discussions to go for a longer—and natural—time (e.g. at least 10 min.) rather than “force” each of the 3 discussions into a set time. **For the 120-min. class, you’ll have a little extra time for discussion so you may want to have additional group questions prepared. Explore Catechism and scripture references in your LG and consider other ways to tie in with the topic like bringing up current news stories, popular movies or music.
6	To the Heart	*3 min. See Notes	10 min.	10 min.	*For the 60-min. class, we suggest you still read the To The Heart, but skip the group discussion question.
7	Hero of the Week	—	5 min.	*10 min. See Notes	*For the 120-min. class, you can extend the saint discussion by preparing some questions and discussing how current people and events may resonate with the themes.
8	Challenge of the Week	2 min.	2 min.	2 min.	
OPTIONAL ADD-ON	Vocabulary/ Any Questions?	—	—	*10-15 min. See Notes	*For the 120-min. class, we suggest you read through the vocabulary words. These are not typical dictionary type definitions, but are written in a more popular and engaging style, which will lead easily into questions and discussion. Also look at the “Any Questions?” feature, which you may choose to read and discuss.
9	Homework Instructions and Updates	2 min.	2 min.	2 min.	
10	Closing Prayer	3 min.	3 min.	3 min.	