



The following outline is a guide to breaking each *Chosen* lesson into two, 45-minute lessons (i.e., “Class A” and “Class B”). Because of *Chosen*’s emphasis on the video presentations and group discussion, it is recommended that the video segments be divided between the two lessons (see the Notes for Step #5).

Please note that Lessons 1 and 24 have only two video segments. For Lesson 1, we recommend following the steps outlined in the Leader’s Guide, adjusting the small-group discussion time to twenty minutes, which should allow for the whole class to be completed in one forty-five-minute session. For Lesson 24, we suggest the two segments be divided, with Segment 1 in Class A and Segment 2 in Class B.

STEP #	STEP NAME	45-MINUTE CLASS A	45-MINUTE CLASS B	NOTES
1	Welcome/ Review Game	5 min.	—	
2	Challenge of the Week Review	—	5 min.	
3	Opening Prayer	3 min.	*3 min. See Notes	*Leaders may want to prepare an alternative Opening Prayer for Class B. One suggestion is to incorporate that lesson’s “Memory Verse.”
4	Dive-In	3 min.	—	
5	Watch It! / Small-Group Discussion / Video	*30 min. See Notes	*15 min. See Notes	*In order to allow sufficient time for small group discussion, we suggest you view and discuss video Segments 1 and 2 during Class A and Segment 3 during Class B. To aid in your planning, the video segment times are available as a free download at CatholicFaithForTeens.com . (See the document “Lesson Titles and Segment Times.”)
6	To the Heart	—	10 min.	
7	Hero of the Week	—	5 min.	
8	Challenge of the Week	—	2 min.	
OPTIONAL ADD-ON	Vocabulary/ Any Questions?	See Notes	See Notes	Video segment times vary per lesson, so leaders may want to consider reading through and discussing the Vocabulary Words and/or the “Any Questions?” feature when time permits. Segment times are available as a free download; see the Notes for Step 5, above.
9	Homework Instructions and Updates	1 min.	1 min.	
10	Closing Prayer	3 min.	*3 min. See Notes	*Leaders may want to prepare an alternative Closing Prayer for Class B.