

Summary of Key Concepts in Personal Safety Education

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| <p>All NCMEC NetSmartz Materials (Grades K – 12)</p> | <ul style="list-style-type: none"> • Check First (with a trusted adult) • Take a Friend • Tell People “No” (if scared, uncomfortable or confused) • Tell a Trusted Adult <p><i>Additional Themes include:</i></p> <ul style="list-style-type: none"> • Beat the Tricks (Primary, Intermediate) • Digital Safety, Online Predators (MS & HS) • Peer Bullying Prevention |
| <p>Child Safety Matters (Grades K – 5)</p> | <ul style="list-style-type: none"> • Know What’s Up: Know personal information and personal safety awareness • Spot Red Flags: learn how to identify unsafe situations using common lures/ safe & unsafe touch • Make A Move: know what to do in an unsafe situation • Talk It Up: reporting to a safe adult or safety buddy • No Shame/No Blame: assures children it is never their fault and it is never too late to report abuse • Dealing with Bullying and Harassment |
| <p>VIRTUS, Protecting God’s Children (Grades K – 12)</p> | <ul style="list-style-type: none"> • Review of Touching Safety Rules; Safe Friends, Adults, & Touches • Boundaries & Telling Someone You Trust • Recognizing Grooming Behaviors & Trusting Instincts; Recognizing Peer Pressures that Prevent Reporting • Digital Safety: Internet and Cell phones; Social Media; & Necessity of Family Rules • Additional Lessons: Speak Up, Speak Out, Be Heard (Part A & B) with Media Reporter & Another Investigator Activities |
| <p>Guidelines</p> | <p>Faith Formation & Youth Ministry Programs:</p> <ul style="list-style-type: none"> • Two (2) Onsite lessons per grade/per year from K-12 using archdiocesan-recommended curricula <p>Catholic Schools:</p> <ul style="list-style-type: none"> • Four (4) onsite lessons per grade/per year from K-12 using archdiocesan-recommended curricula |