



ARBONNE ESSENTIALS® GREENS BALANCE

For Daily Health

Mom always said to eat your veggies. Greens Balance makes this easy with its spectrum of proprietary colour blends of whole fruit and vegetable powders — delivering the antioxidants and fibre you need to have a more balanced, healthier diet every day. Fruits, vegetables, and legumes are sources of phytonutrients, or nutrients that come from plants. These nutrients include carotenoids like alpha- and beta-carotene in yellows, anthocyanins in blues, lycopene in reds, and sulforaphane in cruciferous vegetables like kale and broccoli. #6232; \$60 🇨🇦

Talking Points

- Add a serving of vegetables to your Arbonne Essentials Protein Shake Mix Meal Replacement with a scoop of Greens Balance.
- Delivers a colour-coded assortment of phytonutrients and antioxidants from fruits and vegetables.



KEY BLENDS

Blend of Greens: spirulina, kale, artichoke, broccoli, spinach and more

- Rich in chlorophyll, which acts as a natural detoxifier.
- Contains isothiocyanates from cruciferous vegetables like kale and broccoli.

Blend of Reds: pomegranate, acerola, cherry, red coffee bean and more

- Reds like tomato supply the potent antioxidant lycopene.
- Red fruits are sources of antioxidants, flavonoids and polyphenols.
- Reds like pomegranate contain ellagic acid and punicalagin to support better health.

BENEFITS

- Contains alkaline-forming fruits and vegetables
- Contains antioxidants to help fight oxidative stress
- Contains whole and green food concentrates
- Total content is equivalent to 30 servings of vegetables
- Good source of naturally occurring iron
- Contains chlorophyll, a natural detoxifier
- Contains prebiotic fibre inulin

Blend of Yellows: pumpkin, carrot, sweet potato, papaya, mango and more

- Yellows are a source of carotenoids like alpha- and beta-carotene and zeaxanthin.
- Yellow fruits and vegetables are sources of vitamins A and C, and antioxidant bioflavonoids.

Blend of Blues: blueberry, blackcurrant, purple sweet potato, elderberry and more

- Blue fruits and berries are sources of the flavonoid antioxidants called anthocyanidins.
- Blue fruits like grape contain resveratrol and vitamin C.
- Blue fruits can also contain antioxidants like quercetin and flavonoids.





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FREQUENTLY ASKED QUESTIONS

- Q.** Does Greens Balance provide all my daily fruits and vegetables?
- A.** No, Greens Balance delivers the equivalent of 1 serving of vegetables* per scoop (30 per container). It is recommended that adults have about 8 servings of fruits and vegetables per day, so you should have a broad range of nutrient dense fresh fruits and vegetables with each of your daily meals to support healthy living and wellness.
- *Reference: Exchange Lists for Diabetes, 2007. Food Nutrient Data for Choose Your Foods: Academy of Nutrition & Dietetics
- Q.** Can I add Greens Balance to my Arbonne Essentials Protein Shake Mix Meal Replacement?
- A.** Yes! The Greens Balance is formulated specifically to be added to water or to boost the nutrients in your shake. Add one scoop to your shake to add a serving of vegetables, and feel free to add more fruit and vegetables to your shake to supercharge it with additional important phytonutrients.

ALSO RECOMMENDED

Arbonne Essentials.

Omega-3 Plus, **#2066; \$44**

Protein Shake Mix Meal Replacement —
Chocolate, **#2069; Vanilla, #2070; \$79**

Nutrition Facts Valeur nutritive

Per scoop / par mesure (7.2 g)

	Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	25	
Fat / Lipides	0.3 g	0%
Sodium / Sodium	25 mg	1%
Carbohydrate / Glucides	5 g	2%
Fibre / Fibres	3 g	10%
Sugars / Sucres	1 g	
Protein / Proteines	2 g	
Vitamin A / Vitamine A		0%
Vitamin C / Vitamine C		4%
Calcium / Calcium		2%
Iron / Fer		15%

INGREDIENTS / INGRÉDIENTS : inulin / inuline, spirulina / spiruline, alfalfa / luzerne, barley / orge commune, wheat grass / agropyre, chlorella / chlorelle, spinach / épinard, red beet / betterave rouge, pumpkin / citrouille, chia seed / graines de chia, quinoa / quinoa, flax seed / graines de lin, kale / chou fourrager, carrot / carotte, banana / banane, mango / mangue, orange juice / jus d'orange, papaya / papaye, peach / pêche, pineapple / ananas, sweet potato / patate douce, concord grape / raisin concord, artichoke / artichaut, broccoli / brocoli, parsley / persil, pomegranate / grenade, acerola / acérola, cherry / cerise, cranberry / canneberge, raspberry / framboise, red coffee bean / fève de café rouge, tomato / tomate, black currant / groseille noire, blackberry / mûre sauvage, blueberry / bleuet, elderberry / baie de sureau, prune / pruneau, purple sweet potato / patate douce violette, stevia leaf extract / extrait de feuille de stévia.

Prices listed are suggested retail.



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