

MOVI PREP SPLIT DOSE REGIMEN

The Movi Prep Carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

The evening before your colonoscopy beginning at: 5 PM

STEP 1: MIX THE FIRST DOSE – Empty (1) Pouch A and (1) Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

(If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours)

STEP 2: DRINK FIRST DOSE – The Movi Prep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.

Next, drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

At : 8 PM

STEP 1: MIX THE SECOND DOSE – Empty (1) Pouch A and (1) Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

(If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours)

STEP 2: DRINK SECOND DOSE – The Movi Prep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.

Next, drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

**** NOTHING TO EAT OR DRINK AFTER
MIDNIGHT ****