

## How do I use the HalfLyte<sup>®</sup> and Bisacodyl Tablets Bowel Prep Kit?

*This product should be used the day before your test. Your doctor will tell you when it is time to begin. It is very important for you to **FOLLOW ALL THE STEPS COMPLETELY.***

### Step 1: TAKE 2 TABLETS



Take 2 bisacodyl delayed-release tablets with water. Do NOT chew or crush the bisacodyl tablets. Do not take the bisacodyl tablets within 1 hour of taking an antacid.

### Step 2: MIX SOLUTION



Add lukewarm drinking water to top of line on bottle. Cap the bottle and shake to dissolve the powder. The mixed solution will be clear and colorless. Use within 48 hours. Do not add anything else, such as flavorings, to the solution.

### Step 3: WAIT FOR A BOWEL MOVEMENT



After a bowel movement occurs (usually in 1 to 6 hours), begin to drink the solution. Even if no bowel movement occurs after 6 hours, begin to drink the solution.

### Step 4: DRINK ALL THE SOLUTION



Drink 1 (8 oz) glass every 10 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously. A watery bowel movement should begin in approximately 1 hour. **Be sure to drink ALL the solution.**