

**ENDOSCOPY CENTER OF YUMA**  
**1030 W. 24<sup>TH</sup> St., Suite I**  
**Yuma, AZ 85364 928-343-1717**

**Information regarding your procedure....**You have been scheduled for a procedure at **Endoscopy Center of Yuma**, located in the same building as Yuma Gastroenterology. You have been given a packet that needs to be completed prior to your arrival. Answer all questions, sign and date. The research study is optional and only needs to be signed if you agree to a phone call inviting you to participate. This packet needs to be given to the clerk at the front desk of our Center. Bring your insurance card and list of current medications, both prescription and non-prescription. If you are under 18, or unable to sign for yourself, a parent or legal guardian must accompany you and sign the consent form.

A preparation sheet is included in your packet. It is very important that you follow all directions carefully. If you are having a **colonoscopy**, you must take all laxatives designated on the instruction sheet, with results after the laxative clear of stool (the color is usually clear yellow or green). No food may be eaten the day prior to the procedure, but we encourage a large amount of clear liquids. Often chicken or beef broth is a good filler, when you are desiring food. Most importantly, stay well hydrated and you will have better results for receiving the best test possible. If you are not tolerating the preparation, please call the office at 928-344-4325.

You have been given a time to arrive at the Center, so there is sufficient time for you to review the consent and allow the nursing staff to prepare you for the procedure. It is your responsibility to arrange in advance for a responsible person to drive you and assist you into your home. Your companion must remain at the center throughout your stay. With your consent, this companion will be brought to recovery to hear the physician's initial findings, as you will have received medication that interferes with memory.

If you have not been contacted 24 hours before your procedure, please call the Center for specific instructions. You may wear contact lenses, glasses, hearing aids and dentures. However, if you are having an upper endoscopy, your dentures will be removed during the procedure. Please refrain from using a denture adhesive. You may brush your teeth before the procedure, but remember not to have anything by mouth three hours prior to the procedure.

You may take all your medications the morning of the procedure, **except** iron or diabetic medication (follow guidelines on prep sheet). Wear loose, comfortable clothing such as loungewear and easy to pull over shirts or blouses. Wear comfortable shoes---no high heels, please. Leave all valuables at home, as we cannot be responsible for damaged or lost property.

You will be provided with a patient gown and bag to store your clothing. We will check your temperature, blood pressure, pulse, heart rhythm and oxygen saturation before, during and after the procedure. A nurse will start an intravenous line (IV) so you may receive medication to keep you comfortable during the procedure.

After the procedure, it is not unusual to feel sleepy, lightheaded, forgetful or dizzy for several hours. You may also feel bloated and have the need to expel air orally or rectally. You may eat according to your regular diet, unless instructed by the physician. Start with a light meal and increase as tolerated. Do not drive, operate machinery, drink alcohol, cook or sign legal documents the rest of the day.

A discharge instruction sheet will be given to you before leaving the Center. Once you are alert, please read and make note of any follow up office visits or tests that may have been scheduled. This also lists the physician's number for any difficulties encountered. Someone from the clinical staff will phone you within a few days after your procedure to see how you are feeling and answer any additional question you may have.

**Information regarding your bill....**

**It is your responsibility** to contact your insurance company to confirm your benefits and have knowledge of a deductible payment, due at time of procedure. The total cost for many of our endoscopy services is comprised of four fees: the Endoscopy Center's fee, the Pathologist's fee, Anesthesia fee and the Physician's fee. Each fee is billed separately by the respective provider.

- The Endoscopy Center of Yuma's bill is separate from the physician's. This covers the cost of providing the nurses, technicians, equipment and supplies involved in the performance of your services.
- **If there are biopsies taken during your procedure, you will be billed by Outreach Pathology, the laboratory where the tissue is reviewed. If your insurance requires another laboratory, it is your responsibility to inform us at the time of check in so other arrangements can be made.** (If you have any questions regarding your pathology bill, please call Yuma Billing at 928-343-7911).
- Yuma Endoscopy Sedation Services, LLLP will bill separately for any anesthesia services that you receive during your procedure. **YUMA ENDOSCOPY SEDATION SERVICES IS NOT CONTRACTED WITH ALL INSURANCE COMPANIES. PLEASE CONTACT YOUR INSURANCE COMPANY REGARDING ANESTHESIA BENEFITS PRIOR TO YOUR PROCEDURE.**
- The physician's professional service fee is for providing the endoscopy procedure, supervising, interpreting and consulting with you and your referring physician. Your physician from Yuma Gastroenterology will bill separately for his/her professional services.

**IF YOUR INSURANCE REQUIRES THAT YOU PAY A DEDUCTIBLE, PLEASE BE PREPARED TO SATISFY ANY UNMET PORTION AT THE TIME OF SERVICE.** Also, if you have Medicare but no secondary insurance, please be prepared to pay 20% at the time of service for the facility fee. Our office accepts MasterCard, Visa, American Express, Discover, checks, (made payable to Endoscopy Center of Yuma), and cash in the exact amount.