

Endoscopy Center of Yuma
Dr. Anireddy, Dr. Esker, Dr. Miller, Dr. Sanghvi, Dr. Sharif
1030 W. 24th Street, Suite I, Yuma, AZ 85364
Phone (928) 343-1717 Fax (928) 343-1011
www.endoscopycenteryuma.com

Golytely Two Day Bowel Preparation

Patient Name: _____

Day and Date of colonoscopy: _____

Arrive at: _____ *A 48 hr notice is required for cancellation of procedure. *

Endoscopy Center of Yuma YRMC Focused Imaging of Arizona

You **MUST** have someone with you to drive you home after the procedure. If you do not, the procedure will NOT be done.

If you have any questions regarding your preparation, please call Endoscopy Center of Yuma at (928) 343-1717. After hours or to cancel your appointment, call Yuma Gastro at (928) 344-4325.

MEDICINE: Seven days prior to exam, STOP IRON.

PURCHASE: 2 Dulcolax tablets (10mg total), and fill prescriptions for 2 gallons of Golytely at any pharmacy.

Date: _____ - 2 Days before Exam

- **CLEAR LIQUID DIET* ONLY.**
- Fill one gallon of Golytely with water. Refrigerate solution.
- **Diabetic Medications:** Take half the usual dosage of insulin or pills.
- **Other Medications:** Take as scheduled (at normal times).

- **At Noon,** Take 2 Dulcolax tablets with a large glass of clear liquid.

- **At 6pm,** drink 1 cup (8 ounces) of the Golytely every 15 minutes until you have drank approx. 2 liters (1/2 gallon). Drink 2 liters in 2 hours or less.

CLEAR LIQUID is any liquid that you can see through. Examples: apple juice, white grape juice, sports drinks. Do not drink milk or juices with pulp. Avoid red and purple drinks.

Endoscopy Center of Yuma
Dr. Anireddy, Dr. Esker, Dr. Miller, Dr. Sanghvi, Dr. Sharif
1030 W. 24th Street, Suite I, Yuma, AZ 85364
Phone (928) 343-1717 Fax (928) 343-1011
www.endoscopycenteryuma.com

Date: _____ - **One Day before Exam**

- **CONTINUE CLEAR LIQUID DIET* ONLY.**
- **At 6 a.m.**, drink 1 cup (8 ounces) of the Golytely every 15 minutes until you have finished the remaining 2 liters. Finish in 2 hours or less.
- **Diabetic Medications:** Take half the usual dosage of insulin or pills.
- **Other Medications:** Take as scheduled (at normal times).
- **At Noon**, fill 2nd gallon of Golytely with water. Refrigerate solution.
- **At 6 p.m.**, drink 1 cup (8 ounces) of the Golytely every 15 minutes until you have drank approx. 2 liters (1/2 gallon). Drink 2 liters in 2 hours or less.

Date: _____ - **Morning of Exam**

- **Five hours prior to your exam**, drink 1 cup (8 ounces) of the Golytely every 15 minutes until you have finished the remaining 2 liters. Finish in 2 hours or less.
- **Three (3) hours before your arrival time, STOP DRINKING LIQUIDS and take your blood pressure and heart medications.**
- **No Diabetic Medications until after your procedure.**

CLEAR LIQUID is any liquid that you can see through. Examples: apple juice, white grape juice, sports drinks. Do not drink milk or juices with pulp. Avoid red and purple drinks.