

Endoscopy Center of Yuma
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Preparation for EGD/ERCP/EUS

Patient Name: _____

Day and Date of Upper Endoscopy/ERCP/EUS _____

Arrive At _____ ***A 48 HR notice is required for cancellation of procedure***

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YRMC

You MUST have someone with you to drive you home after the procedure. If you do not, the procedure will NOT be done.

If you have any questions regarding your preparation, please call Endoscopy Center of Yuma at (928) 343-1717. After hours or to cancel your appointment, call Yuma Gastro at (928) 344-4325.

#1. Day before Exam

- Regular breakfast, lunch and evening meal.
- Take your medication as usual at normal times.
- ***Nothing to eat after 10:00pm.***

#2. Morning of Exam

THREE (3) hours prior to your arrival time, STOP drinking clear liquids and take your blood pressure and heart medications.

No Diabetic medications until after your procedure.

No solid food, No milk, Nothing red or purple.

CLEAR LIQUID is any liquid that you can see through. Examples: apple juice, white grape juice, sports drinks. Do not drink milk or juices with pulp. Avoid red and purple drinks.