



Alpha Xi Delta Delta Chi

January Newsletter

“The Pen Is Mightier Than The Sword”



A new year with the same sisterhood.

With a new semester, our sisterhood said hello to many new things. The exec team of 2019 was introduced on social media with a classXi photoshoot highlighting aspects of their positions that they are most excited for. Our newest Chapter Life Vice President,



Hannah Nelson said, “I am excited to work with the rest of the exec team this year... [AXiD] helped me step outside of my comfort zone and take on new leadership opportunities.”

The Philanthropy Vice President, Maddie Crichton mentioned that “I’m looking forward to improving our fundraising efforts and hosting awesome events!” The other members on the executive council for this coming year include President Abbey Browning, Finance and Operations Vice President Caroline Hunkele, Membership Development Vice President Maddy Frick, Communications Vice President Bella Patel, Panhellenic Delegate Lauren Scholbrock, and the Membership Vice

President Nicole Martin. Congratulations, sisters. We can’t wait to see where this year takes us all!

In addition to having a new exec team, we have sisters who will serve on Panhel this coming year. Our Panhel Delegate this term, Lauren, is a freshman health sciences and nursing student, and is ready to hit the ground running when it comes to our panhellenic relations; as Panhellenic Delegate she hopes to achieve a greater presence in Greek Life and increase the involvement of our chapter with the Panhellenic Community. On the executive board of Panhel this year, sister Maddie Chilton is currently one of the two Vice Presidents of Recruitment. Maddie will be taking over for our sister Kate Custis who served as the VP last year, and will be in charge of the operations of sorority recruitment.



New Years can be inspiring, and so is our Programing Director Sarah Ritondale who is in charge of our monthly inspire program. Our Digital journalism major sister has shown her own spin on the position through our program this past Sunday. The topic that we took time to go over was the Dimensions of Wellbeing. For an hour this past Sunday, all of our sisters learn a great deal about what we can all be doing to stay healthy this semester. Whether it was dancing around to improve our physical health, talking about budgets and our money spending habits for our financial health, or working on puzzles for our intellectual health, we all took the time to evaluate where

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our health is right now and how we want to improve it this coming semester. It was a much needed time to connect with sisters and a great first meeting back!

This Month's **TOP STORIES**

Greek Leader's Retreat

January wasn't just a time to learn a whole new class schedule; several of our sisters participated in the annual Greek Leader's retreat. They learned all about their new positions as they pertain to the University. Our Chapter Events Director, Mackenzie Lutz, found the whole day to be very beneficial. "I learned about [the] social policies that [are] crucial for upcoming events that I'm hosting for our chapter." Another highlight came from Maddie Chilton who elaborated that "I loved meeting other leaders in the community who I will be working with this year and building closer bonds with women and men on Panhellenic Council



and Intrafraternity Council." Lexie Pairett, this year's Recruitment Events Director went to all of the recruitment sessions and elaborated on the fact that she

learned several different pieces of info including the best ways to welcome the girls going through recruitment and keep them wanting to come back to our chapter. Allison Bentzen, our Internal Philanthropy Director, said that the most important thing that she took away from this day is that "asking for help is not... a bad thing." The resources that we gained from this experience will help all of the sisters with our positions this coming year!

Area Wide Training

Unfortunately, due to the weather, the date for Area Wide Training was canceled. All of the executive members will be meeting with their advisors to learn all that they can about their position in this time of transition. If you have suggestions or were in a position that you want to give a sister some advice on, please reach out!! We would all love to hear how we can make our chapter as great as possible!!

Coming Soon **Next Month**

This month may be over, but there are plenty of events to come for February. Pairing Parties, Dad's Day, Pledging, and mixers are all in the works not to mention our Galentines Sisterhood that is sure to have us craving more time with sisters in addition to more chocolate! Stay tuned for more to come from your sisters at the University of Northern Iowa

Always with Xi Love,

Your Delta Chi Sisters

<<Quill you tune in next month?>>

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2410 College Street
Cedar Falls, Iowa 50613