HAA NEWS

Houston Alumnae Association of Zeta Tau Alpha's Newsletter

SEPTEMBER 2020

STAYING CONNECTED

President's Message:

Hello Sisters,

September is upon us and by now we have all become somewhat accustomed to our "new normal". Over the last few months, I have been reminded of just how grateful I am to have an outlet such as ZTA to be immersed in and it might sound odd but - I believe this pandemic has helped me to forge much stronger relationships with my sisters.

Admittedly, I have found myself more often picking up the phone to have a conversation, sending a thinking of you text and video conferencing with sisters in different states. I have learned that not only are we all in this together but we should not brush off that feeling or thought because someone, somewhere is waiting and will be smiling to know that you are thinking of them.

To that end, if you or someone you know has been considering joining or rejoining an alumnae chapter then now is the time. If there is one certainty in this uncertainty world it is the love of our sisters and HAA has a month full of virtual events for everyone to gather, take part in, and enjoy.

ZLAM,



Jennifer Reyes
President
president@ztahouston.org











Crown Corner
76 Members



BREAKING HAA ZTA NEWS

Information and More about Zeta Tau Alpha Sisters

WEARING THE CROWN?

The HAA term has officially begun! Continue to **support HAA** by becoming a dues-paying member! You'll be invited to enjoy all gatherings, but also get exclusive access to Crown Connections, service projects, and social events. Use the two-step process to the right to complete your membership renewal, or <u>ztahouston.org/membership</u> for more information. Please renew by November to be included in the HAA Directory.

Two Step Process:

1) Click HERE for the Membership Form.

2) Click HERE for Dues.

CROWN CONNECTIONS

August was the last open month that invited **all Zeta's in the greater Houston area** to join in HAA activities, including Crown Connections events which are reserved for dues-paying members only. Now that we've entered September, make sure to renew your membership to continue to receive all the latest and greatest invites.

ALUMNAE SUMMER NEWSLETTER



In the latest Alumnae Newsletter, they shared specially designed phone wallpaper with downloadable images to take us back to the basics - to the very beginning of the Creed itself! Click <u>here</u> to learn more. Become a **ZTA Foundation Ambassador** - <u>click here</u> to complete the form.

LATEST & GREATEST CHANGES TO THE BOARD

There's been a change to the Executive Board! VP 4 - Programming Night Chair will be run by **Courtney Scaggs** (also Social Chair, 1st picture) and **Anissa Alvarez** (also Service Chair, 2nd picture). Historian will be held by **Angèle Wolk** (3rd picture).









FUNDRAISING TEASER VP 3 Fundraising Chair, Ashton Archer

Due to COVID-19, HAA will be solely fundraising online this year. HAA will be fundraising online during the month of October, with more details coming in the October newsletter. Additionally, I am looking at some alumnae merchandise and swag for members! Stay tuned for more info and how to help.

OMMMMMMMMMM - NIGHT GATHERING



VP4 - Programming Night Chairs: Courtney Scaggs & Anissa Alvarez

Join us on **Sept. 9th from 6:30-8 PM** for an evening of relaxation and sisterhood as we flow through an hour of vinyasa (flow) and yin (slow) style yoga in a class designed specifically for our sisterhood. Taught by certified yoga instructor, Casey Potts who shared, "I love the community you foster together as an alumnae group and thankful I can be apart of it. I'm excited to move our bodies (virtually) together. There are many reasons to be stressed during this season in our world and I believe yoga is a transformative tool to be leveraged to benefit both the mind and body. My hope is those who participate in this time together will feel rejuvenated, restored and supported." RSVP on the <u>Evite - here</u>.



BOOK CLUB: GOOD READS, WINE & SISTERS, OH MY!

Book Club Chair, Candy Bourgeois

Book Club welcomes all books! No matter the shape, size, binding, cotton fiber count, we want to know about your favorite reads, and read them! Send your book recommendations to bookclub@ztahouston.org.



Do you follow HAA on Facebook, Instagram? Don't miss the fun being had in our groups. Here are the links, just click the icons: HAA uses Evites for invitations - download the app for details.









SISTERHOOD SPOTLIGHT

Shining a light on a Sister so everyone can get to know her better!

Meet Angèle Cook Wolk

I was initiated in 1986 at Lambda Chapter at Southwestern University in Georgetown, Texas. Try to picture the big hair, shoulder pads, Guess denim mini-skirts and lots of colorful paisley prints - as you can see in our Chapter photo circa 1987! Cell phones didn't exist so we spent all our money on PhotoTech party pics. Lambda Chapter was chartered in 1906 - only 8 years after our Fraternity was founded - and is the 12th link in ZTA's chain of chapters. I served as Social Chair and had the challenge of planning a Spring Formal just as the Texas drinking age was raised



from 19 to 21. Let's just say many sisters were terribly disappointed. My very wonderful and dedicated General Advisor was Karen Frost - who just stepped down a few years ago. I ran into her at a recent



Homecoming and she still makes me sweat! I'm certainly responsible for a few of her grey hairs. Our Chapter was full of young women who didn't feel they fit the "sorority girl" stereotype of the time. However, we managed to create a sisterhood where preppies, hippie chicks, new wave girls, city gals and country gals could all belong. Together, we formed a Crown Chapter sisterhood that valued our good reputation on campus, our high GPA (to which I regrettably did not contribute), and our shared

devotion to - and love of - Zeta Tau Alpha. At the time, I would have told you how important ZTA was to me - but I didn't truly have the full context of ZTA sisterhood until many years later when I joined HAA in 2013. What a gift HAA has been to me. It has brought a vibrant ZTA sisterhood back into my life and given me the opportunity to serve in various Alumnae Chapter positions as well as the privilege of mentoring our collegiate chapter, Gamma Omega, on their Advisory Board. ZTA truly is forever - all you need to do is pay your Alumnae Chapter dues to join the fun! As a former National Officer once told our collegians at the Area II ZTA Officer Leadership Academy, "You've got to pay to play, ladies"! If the timing just isn't right, know that HAA will be here for you whenever you feel ready. I look forward to serving as your HAA Historian this year...and especially to the day when we can safely gather together in person! I miss your beautiful faces, the sound of sisters laughing and wine glasses clinking! ZLAM, Angèle Cook Wolk



SAVVY SISTERS

Dues-paying members receive Crown Connection Evites inviting members to all the latest and greatest sisterhood activities.



Membership is Open!

Happening **NOW**, find more information <u>here</u>.

Wearing the Crown?The 2020-2021 term lead by President Jennifer Reyes has begun! Renew or join HAA by completing the membership form and paying dues.



Day Gathering: Learn to ZOOM

Happening: **Sept. 8th at 7 PM**, click here for the <u>Evite</u>. Learn how to ZOOM with other sisters that also want to learn.



Night Gathering: Live Yoga Event

Happening by **Sept. 9th at 6:30 PM**: click here for <u>Evite</u>. An hour of FREE yoga with Casey Potts, yoga instructor, and your sisters.



Book Club

Happening: **Sept. 16th at 7 PM**, see Evite for details.

Join this Crown Connection group virtually for literary discussion as we dish on our latest read. Don't forget your wine! Visit the website for all the books.



Sisters Who Sip (SWS)

Happening: **TBD** when we can, Evite will provide details.

Happy Hour, sisters and fun times - could you ask for anything else? Check out new bars and hot spots around Houston in this Crown Connection group.



Ladies Dine Out

Happening: **TBD** when we can, Evite will provide details.

Test your taste buds with this Crown Connection group as we venture to new and exciting spots around Houston and try the most amazing food and cocktails.