

“I” Problems

I
I FEEL
I WANT
I THINK
I AM MAD

1. “Identity” Problems (Understanding Myself)

1. “Identity” Problems

Personalities

1. “Identity” Problems

Personalities

Culture



Distorted Cultural Images...

Adaptability
Beauty
Sexuality
Compatibility
Happy

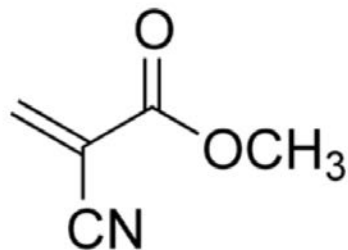
1. "Identity" Problems

Personalities
Culture
Family of Origin

1. "Identity" Problems

Share your pictures
Understand and respect each other's picture
Work to blend the two pictures together

2. "Integrity" Problems (Being Faithful and True)





"The heart is deceitful above all things, and desperately sick; who can understand it?"

Jer. 17:9 (ESV)

Deception...

devalues the person who risks
their future with you.

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destroys the bridge that connects
your life with another.

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devalues the person who risks
their future with you.

destroys the bridge that connects
your life with another.

declares blatant disrespect and
disregard for the marriage vows.

Tests of trust...

Frequent failure to be where you say, when you say

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Frequent failure to be where you say, when you say
Withholding information or sharing partial information

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Frequent failure to be where you say, when you say
Withholding information or sharing partial information
A wandering eye

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Irresponsibility

Tests of trust...

Frequent failure to be where you say, when you say
Withholding information or sharing partial information
A wandering eye
Irresponsibility
A lack of expression of the worth of the other

We all want to keep romance at the
heart of marriage, but friendship is at
the heart of romance.

Friendship love spends “face”
time together.

“Thus the LORD used to speak
to Moses face to face, as a man
speaks to his friend.”

Ex. 33:11 (ESV)

Friendship love includes mental
and emotional engagement.

Friendship love requires a chosen
honesty with accountability.

“love...does not rejoice at wrongdoing,
but rejoices with the truth.”

1 Cor. 13:6 (ESV)

Friendship love covers our
deepest vulnerabilities.

“Hatred stirs up strife, but love
covers all offenses.”

Prov. 10:12 (ESV)

3. “Intimacy” Problems

(Keeping passion strong)

Intimacy...

Something of a personal or private nature.

Intimacy...

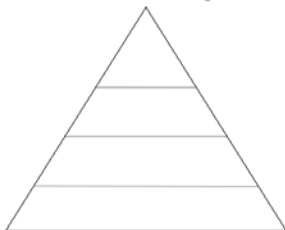
Something of a personal or private nature.

“into-me-see”

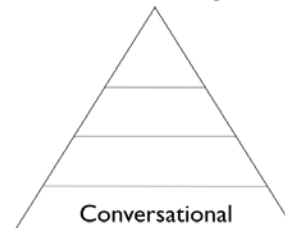
"And the man and his wife were both naked and were not ashamed."

Gen. 2:25 (ESV)

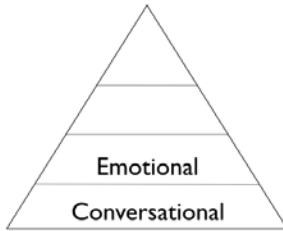
Intimacy



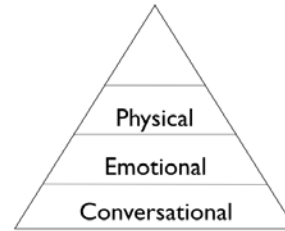
Intimacy



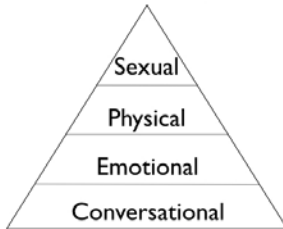
Intimacy



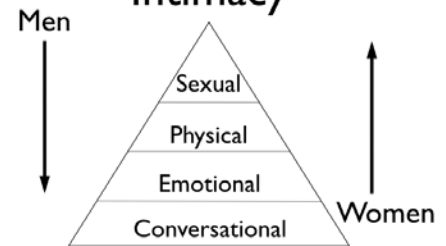
Intimacy



Intimacy



Intimacy



4. “Injury” Problems

(Getting over hurts)

We all hurt people we love.
We all get hurt by people we love.

A - Assess the Damage

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“speak truth” - Eph. 4:25

A - Assess the Damage

B - Bow out of bitterness

A - Assess the Damage

B - Bow out of bitterness

“be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.”

Eph. 4:26,31

A - Assess the Damage

B - Bow out of bitterness

C - Choose to solve problems not point fingers

A - Assess the Damage

B - Bow out of bitterness

C - Choose to solve problems not point fingers

Eph. 4:28

- A** - Assess the Damage
- B** - Bow out of bitterness
- C** - Choose to solve problems not point fingers
- D** - Discipline your mouth.

- A** - Assess the Damage
- B** - Bow out of bitterness
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Eph. 4:29

- A** - Assess the Damage
- B** - Bow out of bitterness
- C** - Choose to solve problems not point fingers
- D** - Discipline your mouth
- E** - Exercise the powerful too of forgiveness

- A** - Assess the Damage
 - B** - Bow out of bitterness
 - C** - Choose to solve problems not point fingers
 - D** - Discipline your mouth
 - E** - Exercise the powerful too of forgiveness
- Eph. 4:32

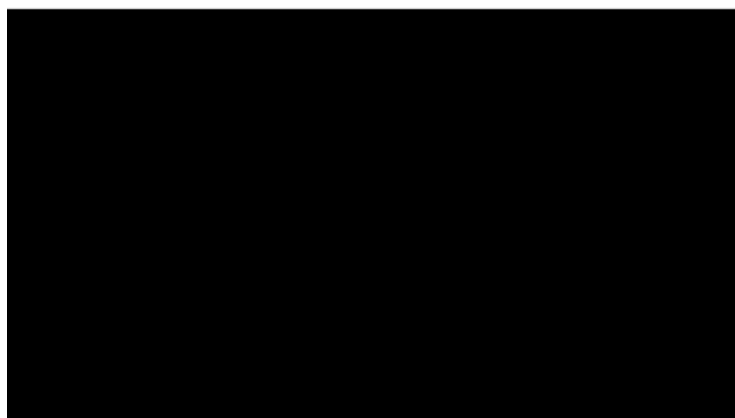
S-L-O-W

S - Seek the Other's Good

“Let each of you look not only to his
own interests, but also to the
interests of others.”
Phil. 2:4 (ESV)

L - Listen more than you talk.

“...let every person be quick to
hear, slow to speak, slow to anger”
James 1:19 (ESV)



O - Offer more options.

Start by throwing out the “his” and “her” solutions.

Find out what’s most important to each other.

Come up with as many options that take those
important points into consideration.

W - Welcome God into
the process.

“Call to me and I will answer you,
and will tell you great and hidden
things that you have not known.”

Jer. 33:3 (ESV)

