

[Primary Text: Genesis 4]

PRAY

Pause. Acknowledge that you are about to open God's word.

- Ask the Holy Spirit to illuminate His word.

WARM-UP (10 mins)

Prepare our minds to receive God's word.

- LG Foundations (on back page): What did you learn from the foundations course for last week (topic: "Reading the Word")?
- When reflecting on the message this past Sunday, what most resonated with you?

ILLUMINATE (40 mins)

Open your Bibles to the primary text. If you do not have a Bible, your leader can provide one.

- To refresh our memories, let's read chapter 4 together.
- Who did Eve credit for the birth of the first child ever born? What did she say?
- What offerings did Cain and Abel bring the Lord? The Bible does not definitively say, but why do you think the Lord only accepted Abel's offering?
- The Lord confronts Cain with his crime. What was Cain's response? What can we learn about Cain from this?
- True or False? Sin can have a degenerative effect on the fertility of the earth. Why or why not?
- Cain, now a murderer, is punished but is still protected by God by a marking. What does this tell us about God?
- Seven generations after Cain, Lamech is born. What was the character of Lamech? What essentially is Lamech saying in verse 24 when he says, "then Lamech's is seventy-sevenfold"?
- Who is born in attempt to replace Abel? What is encouraging about Seth and Enosh?

PRAY

Use this time to pray specifically. What does tonight's conversation lead you to pray for?

Over the next year we will be guided through a series of 30 topics that will challenge us to not only know what we believe but will help us to internalize and verbalize our beliefs. Knowing God's word takes training (1 Tim 4:6-9). **Let us train to know God and make Him known.** Welcome to LG Foundations.

Topic 9: Bible Study

{ Isn't it just legalistic to have a regular scheduled Bible study time? Does the Bible actually recommend a dedicated time to study the Word? }

GUIDE:

Acts 17:11 –

Proverbs 2:1-5 –

Ezra 7:10 –

1 Timothy 4:7-8

Now that you have been reminded of what God's word says, try answering the topic question again with the paper flipped over. Try to include at least one Bible reference. Repeat this process as if you are teaching someone else. Practice teaching it to a friend or family member.