



**UNITY** of Monterey Bay  
2008 Sustainability Campaign

**“We open our hearts and minds to receive and express  
the fullness of God’s Good in our lives,  
in our commUnity, and in our world.”**

**AUGUST 2008**

“The Bible tells us to think on whatever is true, noble, right, pure, lovely, admirable, excellent and praiseworthy. Whatever we hold in consciousness takes form in our lives. We can only change our lives by changing our consciousness.” (*Sacred Secrets* p. 129)

When we focus our attention on that which is GOOD in our lives, we become a magnet for more good. According to the Universal Law of Attraction, *like attracts like*; and *whatever we hold in consciousness expands*.

Sometimes, when we claim a new and greater vision for our lives, we may experience a flood of fears, doubts, feelings of unworthiness, and/or memories of disappointment and distress. This is the Law of Attraction in action. Because these thoughts and feelings are “unlike” or counter to our new vision, they are dispelled to the surface of our consciousness to be released and replaced with new clear images, positive beliefs and strong affirmative feelings that support our spiritual evolvment.

When we CHOOSE them, greater ideas will always heal lesser ones; new higher visions will challenge and overwrite old fears and false beliefs.

Knowing that, “Spirit itself created me. Life itself lives through me. Love itself sustains me. I am an important and connected part of this spiritual universe,” (*Keys to the Kingdom*) I now affirm:

**“I deserve and accept all the good things in life—  
for myself and everyone else in my world.”**