

# SDA - HPERA NEWSLETTER

SEVENTH-DAY ADVENTIST HEALTH, PHYSICAL EDUCATION, RECREATION ASSOCIATION

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## **Past-President's Reflections on the Year**

After our convention here at Southwestern, I took a little time to reflect on all that occurred and what came together to make it possible. I thought of how it all started in 2006 at Salt Lake City when I let my name stand for nomination as president-elect. Not really knowing how conventions were organized or exactly what my duties were I jumped in. Why? A question I asked myself several times this past year and it always came back to; I believe in the mission of the organization and the benefit it brings to our field. As a Seventh-Day Adventist physical educator, I think it is admirable that we are so progressive and believe in what we do that we would meet every year to fellowship with other believers and become even better professionals. It is a direct contradiction to society's stereotype of physical educators.

My only wish is for more participation. I understand the struggle of getting the money to attend a convention but if a person planned for it with their school or conference it could become a possibility. Asking for a small amount of money to be set aside each year is more likely than asking for a large amount in one year. Find out if there are others that would share a room to lower the expense or share a ride to the convention site. Pick one close and make a goal of getting there with help and support from the school or conference. The location for each SDA-HPERA corresponds with AAHPERD so we have a general idea where the next four conventions will be held. Holding an executive position in the organization tends to help in loosening purse strings. It was that reason alone I was able to attend our meetings at CUC in 2007. Just imagine if every Adventist physical educator attended at least once every four years how many people we would get to know and learn from. Our organization would have a stronger voice on the issues that affect our discipline.

Thank-you for the opportunity to serve this past year, it has been a very rewarding experience. Looking forward to our next

convention in Orlando, March 30, 2009.  
Sincerely, Rod Bussey, [rbussey@swau.edu](mailto:rbussey@swau.edu).



Rod Bussey

## **SDA HPERA Convention Report**

By Krystal Hauff- secretary

This year's convention was well-attended by professionals and students alike. The Mid-America Union sponsored the attendance of several of our colleagues as a part of their regular support and rotation of all of the content areas.

Our SDA-HPERA President, Rod Bussey (SWAU) opened the meeting with a welcome and by introducing the President of Southwestern Adventist University, Dr. Eric Anderson, who provided the worship thought regarding training and prioritization for running the "most important race."

Dr. Paul Lehmann from Canadian University College was the Jim Hanson Memorial Lecturer. He spoke on "Service through Adventure" and shared examples of schools and locations around the world where his students had been able to make a difference. He finished with a "quiz" with prizes from CaUC.

Our Executive Director, Dr. Rob Thomas, from La Sierra University, provided historical perspective of our profession and organization in "SDA-HPERA: Our Story, Our People." He highlighted the trends through the 20<sup>th</sup> century and many of the key contributors to our

profession. In addition he presented the SDA Physical Education Pyramid model which focused first on Quality Physical Education, second on Intramurals, then Community, and finally if finances and personnel allow, "Healthy" Athletics and/or Gymnastics programs for the gifted. This garnered significant discussion.

Ken Purcell, from Denton Independent School District, spoke on "Philosophies of Effective Teaching and Coaching in Texas." His presentation was heartfelt and inspiring. His 3 keys to success were: 1) Vision: long and short-range vision; 2) Plan: for your chance to change lives; and 3) Philosophy: Be a role model and praise the performer, criticize the performance.

Dr. Sharon Stoll, from the University of Idaho, spoke on "From Floyd Landis to Roger Clemens: What to learn from the current Ethics' Scandals in Sports." Dr. Stoll is the premier philosophical sport ethicist researcher in North America. Some of the points from her presentation include... people don't know what ethics is (although they think they do); everyone thinks they're ethical; sportsmanship is not the same as moral development; the longer an individual is in athletics (years) the less his/her moral development or reasoning; and where does strategy and violence fit in to sports? Sharon may be reached by email for a reading list on ethics at [sstoll@uidaho.edu](mailto:sstoll@uidaho.edu).

We had a Panel Discussion on "Gymnastics Safety" moderated by Roger McFarland, from La Sierra University. Panelists were Ron Schafer, from Canadian University College; Rick Schwarz, from Southern Adventist University, and Tedd Webster, from Great Lakes Adventist Academy. They discussed several safety principles and concerns about safety in SDA schools. They also discussed the AcroFests and shared concerns for what has been happening recently. The discussion finished with 5 recommendations from Roger McFarland: 1) elect a commission to write guidelines in partnership with the NAD; 2) develop a list of essential equipment for various skill levels; 3) develop Standards of education for different levels of skills that coaches can test for; 4) develop a centralized reporting body for all injuries to be reported to; and 5) all equipment should be tested annually and reported to the central data collection body.

**Business Meeting:** The organization's officers were nominated and elected. The results of the elections are as follows:

Secretary: Mike Boyd, Southern Adv U  
President: Nestor Osorio, FLEC  
President Elect: Ric Spaulding, Union C

There were two primary topics of discussion. The first topic was the desire to reactivate the SDA-SARC to examine the rules for Flagball. The SDA-SARC committee was asked to look at developing SDA Floor Hockey rules also. Tim Windemuth is the current chair. The 6 individuals suggested to be added to the committee were Mike Boyd, Greg Steiner, Jeremy Perkins, Mark Bradford, Greg Matthews, and James The. Long-time committee member, Troy Beans (Campion) asked to be removed from the committee. Ron Russell, the Mid-America Union's Director of Education was asked to represent the SDA-HPERA's request to the NAD Office of Education to partner with us on this effort.

Discussion about gymnastics safety was continued from the afternoon's Panel Discussion. The motion to select a group to begin discussion about safety guidelines after the gymnastics coaches clinic at Southern in July was passed. Members selected included: Tedd Webster (GLAA), Clay Burnett (OAA), Jeff Parks, Curtis Kuhlman (WWU), Roger McFarland (LSU), Richie Silie (Spencerville), Scott Schafer (WWVA), and a member nominated from each Union. Rick Schwarz was asked to initially chair the committee. The NAD Office of Education was asked to work with this committee on establishing safety guidelines.

Dinner Banquet: The evening dinner at Mandy's Bistro in Keene was sponsored by the Southwestern Union. The attendees enjoyed the opportunity to continue discussions from the day's meetings as well as to get better acquainted with each other.

#### **Students Recognized at AAHPERD**

The National Association for Sport and Physical Education (NASPE) recognized outstanding college students as "Majors of the Year" at the national AAHPERD convention in again this year in Baltimore. A La Sierra University student, Shanna Opitz, was recognized as a Major of the Year. Shanna is working on her B.S. in Exercise Science and plans to go to Loma Linda to become a Physician's Assistant.

Southern Adventist University also regularly participates in this program. LSU and SAU would like to encourage other colleges with a

physical education major to participate in this program provided by NASPE.

Tzelon Chernin, a senior Health Science major at LSU was honored as an Outstanding Major at the American Association for Health Education (AAHE) in Ft. Worth also.

### **Presentations at AAHPERD by our members**

There were three presentations at the AAHPERD national convention this year by members of SDA-HPERA. Roger McFarland (LSU) presented "Cheerleading Safety 101."



Dr. Rob Thomas (LSU) presented "Youth Fitness Levels 20 years later: Where are we?" and a poster "Healthy People 2010 on the front lines."

### **College/University Sponsors**

We would like to thank several colleges and universities for their support this year to the SDA-HPERA. These include:

- Southwestern Adventist University
- La Sierra University
- Southern Adventist University
- Union College

### **Conventions next year**

The AAHPERD national convention in spring 2009 will be held in Tampa, FL from March 31 – April 4. Additional information can be found at [www.aahperd.org](http://www.aahperd.org).

Our SDA-HPERA convention will be held on Monday, March 30 in nearby Orlando. Additional information for the convention can be found this fall at [www.lasierra.edu/sdahpera/](http://www.lasierra.edu/sdahpera/).

Put those dates on your calendar!

### **Web Resources**

#### **AAHPERD**

[www.aahperd.org](http://www.aahperd.org)

#### **ASEP (American Sport Education Program)**

[www.asep.org](http://www.asep.org)

#### **Healthy People 2010**

[www.healthypeople.gov](http://www.healthypeople.gov)

#### **National Intramural & Recr Sports Assoc**

[www.nirsa.org](http://www.nirsa.org)

#### **National Strength and Conditioning Association**

[www.nscs-lift.org](http://www.nscs-lift.org)

#### **PE Central**

<http://www.pecentral.org>

#### **PE Links 4 You**

[www.pelinks4u.org](http://www.pelinks4u.org)

#### **SDA Physical Education List-serv**

<http://lists.lasierra.edu/mailman/listinfo/sda-hpera>

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**Officers for Convention in April, 2008**

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