

SDA - HPERA NEWSLETTER

SEVENTH-DAY ADVENTIST HEALTH, PHYSICAL EDUCATION, RECREATION ASSOCIATION

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2006-2007

SDA-HPERA Convention at Columbia Union College March 12, 2007

The SDA-HPERA convention will be on Monday, March 12, in the Morrison Hall Chapel at Columbia Union College. Check their campus map at their website at www.cuc.edu. You can find additional information about the convention at our website www.lasierra.edu/sdahpera. If you click on the convention icon, you will find several links for city resources as well.

Convention Speakers, Topics & Activities

Ron Halvorsen, Jr	Worship
Stacy Nelson	Whole Person Health
Gregg Brannan	Exercise - Depression
Rob Thomas	SDA-HPERA history
Debbie Morgan	Fitness Incentives
Panel Discussion	Grading
Business Meeting	
Dinner	

Convention Manager: Bruce Peifer (at CUC)

If you have questions about the SDA-HPERA convention logistics that are not covered in the newsletter, contact the convention manager, Bruce Peifer, at 301 891-4481.

Housing in Baltimore

The Days Inn at 5701 Baltimore National Pike has rooms available as low as \$63/night. Call them directly at 410 747-8900. This is NOT a negotiated rate, and does not include a block of rooms like we did last year, but is the most cost-effective hotel within 5 miles that we could identify. It is 7 miles west of the convention center in Baltimore.

DRAFT to consider at the Convention

At last year's business meeting in Salt Lake City, the members established an Ad Hoc committee to examine the two awards that the organization has that are designed to recognize worthy candidates at (or near) the end of their professional career. The group has worked this year to re-visit these and has developed a preamble and slightly edited the criteria for each award. These changes will be discussed at the business meeting section of the convention this spring at CUC. What follows is the draft which will be submitted at the business meeting for consideration:

Awards bestowed by the SDA-HPERA

As a professional ends their career within the profession, they may be nominated for recognition of their outstanding contribution to the discipline by the SDA-HPERA with one of two awards: 1) the *Service Award*, which recognized meritorious service to the profession, the church, and to SDA-HPERA; or 2) the *Honor Award*, which is the highest level of recognition awarded by the Association.

Nomination for either of these awards may be made by any member, and should be submitted to the Executive Director by January 15 to allow adequate time for appropriate processing prior to the annual convention. Letters of nomination for a candidate should include supporting data which specifically addresses the criteria for the award the nominee is being considered. The SDA-HPERA Executive Committee will make the final decision for each nominee being considered.

SDA-HPERA Service Award

Individuals considered for this award should meet the following criteria:

1. *Consistent, active* support of the Seventh-day Adventist Health, Physical Education, and Recreation Association.
2. A minimum of *30 years* of service in Seventh-day Adventist education (or in the area of health, physical education, recreation, or related professions).
3. Contributions to one's employing institution through leadership in campus activities such as committees, administrative responsibilities, Faculty Senate, etc.
4. Contributions to one's community and church.

SDA-HPERA Honor Award

Individuals considered for this award should meet the following criteria:

1. Consistent, active participation and *outstanding leadership* in the Seventh-day Adventist Health, Physical Education, and Recreation Association.
2. A minimum of *30 years* of service in Seventh-day Adventist education (or in the area of health, physical education, recreation, or related professions).
3. A commendable record of *scholarly productivity* as evidenced by:
 - a. publications in professional and denominational literature;
 - b. presentations at national, regional, or state conventions/conferences (e.g.: AAHPERD, ACSM, NAPEHE, SDA-HPERA); and/or
 - c. participation in professional workshops, panels, and symposia.
4. *Outstanding service* as evidenced by membership in national, regional, state, and local professional organizations, committee membership, governing boards, and offices held, including but not limited to SDA organizations.
5. *Significant contributions* to one's employing institution through leadership in campus activities such as committees, administrative responsibilities, Faculty Senate, etc.

6. Contributions to one's community and church.

Take the time to reflect on an individual who may be deserving of recognition and nominate them to the executive committee for consideration next year. FYI: The criteria for these awards are also on the organization's web page in the "Announcements" section.

AAHPERD Convention in Baltimore March 13-17, 2007

Go to www.aahtperd.org for further info on how to register, how to reserve a hotel, their convention schedule, etc.

NEWS FROM AROUND THE NAD

An example of "Service in the Community"

Volunteer coaching in youth leagues is an excellent way in which individuals can help lead others to Christ. Sometimes we have no idea how or when it can have effect on others.

Bruce Nuesca was a youth basketball coach in the Azure Hills Church Youth Basketball League in Grand Terrace California. Bruce was a committed coach who wanted to see all youth have an opportunity to participate. He would help to raise funds for the league and he was willing to coach as many teams as necessary to make sure no one would be turned away from the league.

Bruce's last two years as a coach in our league he helped to raise over one thousand dollars each year from companies he was associated with. Bruce declared that the money he raised would not have to go for team sponsorships, but he would rather we use that money to cover all the youth in the league who could not afford to pay the league fee. Each year in our league we have individuals who bounce checks, but as long as Bruce was involved he would cover those bounced checks. He was even willing to pay out of his own pocket if the money he raised wasn't enough to cover our scholarship players and bounced checks.

One year in the 98-99 school year our enrollment jumped and we were really short on coaches. Bruce had already committed to two teams but he quickly stepped up and said "give

me a third team" (all in different levels of course). Then at the remaining tryouts it came up that we were still short a coach in one of the divisions Bruce did not have a team. So when Bruce saw this situation he came over and said I will take a fourth team if it is needed. Yes we needed it, so Bruce was now coaching four teams. Now during the practice times in the month of December all the parents were happy and willing to have their children play on Bruce's teams. However during the season one parent observed Bruce coaching his child in one division then coaching against his other child in another division. That parent came up to me and pointed out that Bruce was coaching two teams. I replied "no he is actually coaching four teams". That parent then volunteered to coach and asked if he could help Bruce. So I talked to Bruce and he was more than willing to have the help. And as it turned out that parent was an excellent coach and Bruce only had to finish the season coaching three teams. That parent also became a league sponsor.

The following year turned out to be Bruce's last year with the league for Bruce passed away suddenly in the summer of 2000. However his story does not end there. For you see Bruce was always involved in taking care of youth who could not pay. For the 2000-01 season we went on with our sign-ups and tryouts as usual. Yes, it was different not having Bruce to help out where needed. But when our church treasurer handed me a list of bounced checks and our receipts for the months of November and December, I saw the following numbers. Bounced checks and fees totaling \$274, donation from TMAD engineers one of Bruce's former companies \$300. Even 5 months after Bruce's death he found a way to help cover some of the youth who could not pay. Bruce Nuesca was a true volunteer for the Azure Hills Church Youth Basketball League. Sincerely, Roger Oxley

Campion Academy

We are very excited about some of the new programs we have at Campion. We are implementing four year required PE. The freshmen have a semester of traditional PE and a semester of health. For sophomores through seniors they receive credit through varsity sports, intramurals, fitness training, racquet ball and currently we have some students taking horsemanship classes. Don Schlotthauer is also starting an outdoor education program. This

year he is teaching a mountain biking class and trail running along with several different camp outs throughout the the year. We are looking to work closely with Union College and the International Rescue and Relief program. We continue to offer varsity and JV boys soccer, girls volleyball, boys and girls basketball, girls soccer and varsity baseball for boys. We are running a girls soccer tournament and boys baseball tournament March 29-31, 2007. If interested please contact Troy Beans.

La Sierra University

The Health and Exercise Science department has had some staffing transitions over the summer. Hedrick Edwards retired from denominational service this spring, so we have been using adjunct faculty from the community to teach our Health Science courses this year while we conduct a search for the new Health Science faculty member to join Jennifer Gless, Roger McFarland, and Rob Thomas as full-time faculty. David Channer is our new Facility Manager/Intramural Director. He has been already attended the Athletic Business Conference this fall, will attend the National Intramural-Recreational Sports Association convention this spring, and has transitioned into the position nicely. Cindy Turner continues to serve as the "glue" to keep our office running smoothly.... Rob Thomas

New "Dr. Hauff" at Southwestern

Congratulations to our newest doctoral completer! Krystal Hauff graduated with a B.S. in Exercise Science from Union College in 1998. After completing her M.Ed. in Exercise Physiology from the University of Nebraska in Lincoln, and teaching at SWAU for two years, she began course work towards her Ph.D. at Texas Woman's University during the summer of 2002. Four years later, she finished the courses as well as her dissertation to earn a Ph.D. in Health Studies with an emphasis in Higher Education.

Her dissertation title was "Body Mass Index among Seventh-day Adventists Living in Johnson County, TX." While she found a significant difference between the BMI among SDAs and non-SDAs, it is most likely the vegetarian factor which accounts for the difference. There was also a significant

difference between the BMI among vegetarian SDAs and non-vegetarian SDAs. Unfortunately, the mean BMI among SDAs, although lower than non-SDAs, fell into the "overweight" BMI category. Also, the BMI among non-vegetarian SDA men was actually higher than the non-SDA men. If anyone would like more information on the dissertation, her email address is krhauff@hotmail.com and her office phone number is (817) 648-2938.

She began her seventh year at SWAU this fall. Her husband's name is Brian, and they have one daughter, Riley, who is two years old.... Rod Bussey

Note to Readers:

Schools and Colleges not mentioned in this issue were not ignored or forgotten, they did not submit information to be included this year.

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SDA-HPERA web site

www.lasierra.edu/sdahpera/

SDA-HPERA list-serv

<http://lists.lasierra.edu/mailman/listinfo/sda-hpera>

Other Web sites

Adventist Education Forum

<http://edforum.adventist.org>

Combined Health Information Database

** <http://chid.nih.gov/>

National Intramural & Recr Sports Assoc

www.nirsa.org

National Wellness Council

<http://www.nationalwellness.org/>

PE Central

pe.central.vt.edu

SDA Circle (Curriculum Resource)

<http://circle.adventist.org/>

SDA Physical Education List-serv

lists.lasierra.edu/mailman/listinfo/sda-hpera

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