

SDA - HPERA NEWSLETTER

SEVENTH-DAY ADVENTIST HEALTH, PHYSICAL EDUCATION, RECREATION ASSOCIATION

Volume 23 No. 3

2005-2006

President's Message

Looking back over the last two years of developing programs for the SDA-HPERA, I have come to appreciate deeply individuals in this organization and also those who are outside of the organization that contributed to making our meetings together successful. Amazing how many of you have had a direct influence on my perspective of what we are all about.

So what are we all about?

- * Taking moments to share Christ with our students and those in whom we come in contact with.
- * Teaching Physical Education or Health is secondary when it comes to the salvation of those around us.
- * We are "lifeguards" constantly looking for those in distress and risking all for the influence of Christ in our lives to rescue those that we are brought in contact with.

Thank you to all who have helped in making my time as President one of ease.

Gregory Davies- gdavies@gemstate.org

SDA HPERA Convention Report April 24, 2006

The SDA-HPERA convention was on Monday, April 24, in the Amethyst Room at Crystal Inn Downtown in Salt Lake City.

This year's President, Greg Davies, welcomed the group and provided the worship thought to begin the day. Greg provided an excellent analogy for health and physical educators to apply to themselves by using the role of the lifeguard to survey their entire area to provide for the safety of all the swimmers whether they were aware of their need of assistance or not. And that those who need

assistance may not be able to communicate that to the lifeguard effectively. The lifeguard must be intentionally and alertly scanning the entire area to identify those in need of help, and then must take decisive action to intervene.

Don Hellison, a nationally renowned author and speaker from the University of Illinois at Chicago, was the Jim Hanson Memorial speaker. His provocative presentation asked "What's worth teaching in Physical Education?" He sought to challenge Seventh-day Adventist physical educators to be introspective, and to examine the goals and purpose of their curriculum and methods to promote mission-consistent values in their students.

Don Morgan, from Middle Tennessee State University, initiated a discussion on how we can serve as a professional resource beyond the walls of the school in a session titled, "Promoting physical activity within the church and local community."

Bethany Morse, a senior Exercise Science major at La Sierra University, presented a variety of examples for how student leaders can effect change for better living on Adventist College and university campuses through the CABL program.

Brian Sather, from Eastern Oregon University, presented "Technology strategies for web content in physical education and fitness classes: Ideas and discussion." He provided several examples of how education-based services such as Blackboard and "Desire 2 Learn" can provide avenues to enhance the educational process for distance learning coursework, on-campus, and hybrid courses.

In the afternoon there were two panel discussions, a "Nuts and Bolts" discussion session and the Business Meeting. The first panel discussion was dedicated to **Intramurals**. The four panelists were Rod Bussey from Southwestern Adventist University; John Pangman from Southern Adventist University;

Wally Fox from Georgia Cumberland Academy; and Roger Oxley from Azure Hills Church Youth Basketball League. The panelists provided a wide array of examples of ways that intramural programs can successfully meet the needs of students.

The second panel discussion was on the topic of **Fitness Testing**. This was moderated by Rob Thomas from La Sierra University, with panelists including Gregg Morrow from Andrews University who discussed Micro-Fit; Everton Souza from Redlands Academy who discussed President's Challenge; and Doug Zimmerman from Escondido Academy who discussed FITNESSGRAM. When the session was over, attendees had a good grasp of the features of each program and the potential applications each was best suited for.

This year's president, Greg Davies, of Gem State Academy, chaired the "Nuts and Bolts" discussion session as well as the Business Meeting. The election for officers resulted in the following new individuals... Officers elected included the new president-elect, Rod Bussey from Southwest Adventist University, who will serve as president in 2008 in Dallas, TX. Laura Benn from Takoma Academy was elected to serve as secretary in 2007 in Baltimore. This year's president, Joe Perrone from Mount Vernon Academy, will be planning the convention program for Baltimore.

Term lengths for leaders were discussed. It was proposed that offices could have 2-year terms rather than the traditional 1-year terms. It was voted to keep the term-length to 1-year terms as has been the general practice for the past 20 years with the sequence of President being president-elect, president, past-president. The Secretary will serve for one year.

The criteria for the Service and Honor awards were discussed extensively. Ultimately an ad hoc group was selected to examine these criteria in light of the discussion of the meeting as well as with historical context to review the criteria and provide a report at the next business meeting.

- a. Suggestions for topics at next year's convention included Grading options and scales, styles for elementary, secondary, & college
- b. Portfolios - keeping them for PE people
- c. Weather, pollution, heat- how it does, or should effect physical education
- d. Special needs (asthma) - bring specialist to speak on how to help etc.

- e. How to work with parents about exercise and nutrition for the kids.
- f. Southern- presentation on what they do, and how they do it.
- g. How to start programs in your community with details etc...
- h. Drug and alcohol use on campus- what to do, what is being done.

Special Dinner & Honorees

The organization would like to specifically thank the Pacific Union Conference Office of Education for providing the support for an excellent dinner at the Old Spaghetti Factory. The upper room was specifically for our group which provided a nice setting for the organization to recognize four of our own deserving colleagues.

Ric Gatling was awarded the "Service Award" by the organization. His accomplishments at Cedar Lake Academy and Madison Academy; his being the 2nd secondary-level teacher to serve as president; and his special qualities were well-represented by the speaker, his son, Justin Gatling who now teaches high school physical education in Sacramento, CA.

Barbara Harsany was awarded the "Service Award" by the organization for her contributions to the profession at La Sierra College and at Southwestern Adventist University and for serving as the organization's 2nd female president. Unfortunately she was unable to attend, so the award was accepted on her behalf by Rod Bussey, one of her colleagues at Southwestern.

John Pangman was awarded the "Service Award" for his contributions as a teacher and innovative Intramural Director at Andrews University, and more recently at Southern Adventist University; and for his service directly to the organization as a past president. The speaker recognizing him was a one of his protégé's, Gregg Morrow from Andrews University.

Delmar Lovejoy was given the organization's most prestigious award, the "Honor Award" for his outstanding service to the profession at the Academy and University levels throughout a long career that has included positions in MI, CA, TN, MD, WA, and AL. He has served the organization as president, and has made significant contributions in Outdoor Education. His presentation was made by Phil

Garver from Southern Adventist University; one of Delmar's protégé's who is now a senior member of the organization.

The organization would like to thank Greg Davies for his efforts this year as president. The 2006 SDA-HPERA convention program in Salt Lake City was excellent and should launch the organization strongly into the summer and upcoming school year.

The attendees were interested in continuing dialogue related to the need for physical activity and health eating to combat the epidemic of obesity, as well as exploring the possibility of partnering with other SDA educators. Joe Perrone is the new President for SDA-HPERA, will be planning the convention program for the **March 12, 2007** convention in either Baltimore or Takoma Park, MD. Contact him if you would like to provide input for next year's program content at joeperone480@hotmail.com.

Student Recognized at AAHPERD

The National Association for Sport and Physical Education (NASPE) recognized outstanding college students as "Majors of the Year" at the national AAHPERD convention in Salt Lake City at the Marriott Hotel Ballroom. The recognition ceremony featured Beth Kirkpatrick as the honored speaker, herself a former NASPE Teacher of the Year. A La Sierra University senior, Bethany Morse, was recognized as a Major of the Year. Bethany is graduating with a B.S. in Exercise Science with a Physical Education concentration.

Southern Adventist University also regularly participates in this program. LSU and SAU would like to encourage other colleges with a physical education major to participate in this program provided by NASPE.

Presentations at AAHPERD by our members

There were three presentations at AAHPERD this year by members of SDA-HPERA. Jeremy Perkins co-authored a poster presentation. He is working towards his Masters degree. Rob Thomas and Walt Hamerslough presented "The 'Ultimate' 30 minute workout: Fact or fiction?" for one of the Exercise Physiology Academy sessions. Walt Hamerslough presented "John Harvey Kellogg

and his Biologic Football Team" for a Sport History Academy session.

College/University Sponsors

We would like to thank several colleges and universities for their support this year to the SDA-HPERA. These include:

- Andrews University
- La Sierra University
- Southern Adventist University
- Union College

On Being Adventist and Teaching in Public School

Ever since I knew I wanted to be a teacher, I always envisioned myself teaching at a Seventh-day Adventist school. Both of my parents are Adventist educators, I went to Adventist elementary, academy and college, and almost everyone I knew was Adventist. But, as the old saying goes, "You never know what God has in store for you!"

Needless to say, I am teaching Physical Education and coaching in a large, California public school—Sacramento High School. The challenges of being an Adventist teacher and coach in a secular world are staggering. My faith is continually tested. My students and players are initially confused by the Sabbath- issue and ask, "Coach, why can't you coach us on Friday night or Saturday?" Explaining and standing by my beliefs has opened the door for spiritual conversations that otherwise would not have occurred and has strengthened my own personal faith in the process. Actions *DO* speak louder than words. It is not always easy being consistent and taking a stand for Christ in the face of tremendous outside pressures. However, I truly believe God blesses those who are faithful.

On being a Successful, Adventist Teacher/Coach in a Public School:

1. Always be up front and honest with players, parents, and athletic directors regarding your beliefs and potential scheduling conflicts;
 2. Be consistent in your actions and Sabbath observance – people are always watching; and
 3. Pray, pray, pray – God is there to help.
- Justin W. Gatling- jwgatling@hotmail.com

La Sierra University
SDA-HPERA
4500 Riverwalk Parkway
Riverside, CA 92515

Officers for Baltimore in 2007

President

Joe Perrone, Mount Vernon Academy
joeperrone480@hotmail.com

President Elect

Rod Bussey, Southwestern Adventist University
rbussey@swau.edu

Past President

Greg Davies, Gem State Academy
gdavies@gemstate.org

Secretary

Laura Benn, Takoma Academy
laurabenn1@aol.com

Executive Director

Rob Thomas, La Sierra University
rthomas@LaSierra.edu

SDA-HPERA web site

www.lasierra.edu/sdahpera/

SDA HPERA list-serv

www.lasierra.edu/mailman/listinfo/sdahpera-list

Non Profit
Organization
PAID
Riverside, CA
Permit No. 206