

SDA - HPERA NEWSLETTER

SEVENTH-DAY ADVENTIST HEALTH, PHYSICAL EDUCATION, RECREATION ASSOCIATION

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President's Message

Time, where does it go? Talking with many colleagues, I find that this time of year, Time is a fleeting moment. As I look forward to the SDA-HPERA meetings coming up in April, I wonder if the time spent preparing for this convention is worth your time.

One of the presenters is someone I would consider to be a major influence on my educational experience. His time has been spent in the inner cities of America contributing to the advancement of those that I would consider as less fortunate. I remember in his classes some of the interesting stories of students and the interaction that took place between his students and himself.

The point, what am I doing with my Time? First, I would hope that as we teach we do take the time to meet the needs of all students. Second to meet the needs of ourselves. Of course this really is the most important time element – that of spending time each day with our Creator who does indeed have time for us.

As you prepare to attend the SDA-HPERA Convention in April, I challenge you to take the time to reflect on how we as Physical Educators can enhance our particular areas. I look forward to seeing each one of you there.

...Gregory Davies, SDA-HPERA President

SDA-HPERA Convention at Crystal Inn, Salt Lake City April 24, 2006

The SDA-HPERA convention will be on Monday, April 24, in the Amethyst Room at the Crystal Inn Downtown in Salt Lake City, UT. Check the website www.lasierra.edu/sdahpera for further details. If you click on the convention

icon, you will find several links for area sports and city resources as well.

Convention Speakers & Topics

Don Hellison Univ of Illinois- Chicago
Don Morgan Middle TN State Univ
Intramurals Panel
Fitness Testing Panel
Nuts & Bolts Discussion
Business Meeting

Convention Manager: Mike Hellie (at PUC)

If you have questions about the SDA-HPERA convention logistics that are not covered in the newsletter, contact the convention manager, Mike Hellie, at 707 965-6346.

Housing in Salt Lake City

The Crystal Inn Downtown has negotiated a special convention group rate for our organization. Call them at 800 366-4466 and indicate you are with the SDA-HPERA group for the \$79 rate for 1-2 people. This includes a complimentary hot breakfast, free internet access, free airport shuttle service (both directions),

Items to Consider for Convention

The organization has two awards that are designed to recognize worthy candidates at (or near) then end of their professional career. The **Service Award** is based on the following criteria:

1. Consistent support of the Seventh-day Adventist Health, Physical Education, and Recreation Association.

2. A minimum of 25 years of service in the area of health, physical education, recreation, or related professions.
3. Contributions to one's employing institution through leadership in campus activities such as committees, administrative responsibilities, Faculty Senate, etc.
4. Contributions to one's community and church.
5. Nominated to the executive committee for consideration from within the profession.

The **Honor Award** is based on the following criteria:

1. Consistent, active participation and outstanding leadership in the Seventh-day Adventist Health, Physical Education, and Recreation Association.
2. A minimum of 30 years of service in the area of health, physical education, recreation, or related professions.
3. A commendable record of scholarly productivity as evidenced by publications in professional and/or denominational literature; presentations at national, regional, or state conventions/conferences (i.e.: AAHPERD, ACSM, NAPEHE, SDA-HPERA); participation in professional workshops, panels, and symposia.
4. Outstanding service as evidenced by membership in national, regional, state, and/or local professional organizations.
5. Significant contributions to one's employing institution through leadership in campus activities such as committees, administrative responsibilities, Faculty Senate, etc.; contributions to one's community and church.
6. Nominated to the committee for consideration from within the profession.

Take the time to reflect on an individual who may be deserving of recognition and nominate them to the executive committee for consideration this year. FYI: The criteria for these awards are also on the organization's web page in the "Announcements" section.

AAHPERD Convention in Salt Lake City April 25 - 28, 2006

Go to www.aahperd.org for further info on how to register, how to reserve a hotel, their convention schedule, etc.

Salt Palace Convention Center

Salt Lake City's convention center is located at 100 S. West Temple. It's web site is www.visitsaltlake.com and has parking info, etc.

Resources in/near Salt Lake City

Utah Jazz	www.nba.com/jazz
Salt LakeBees	www.slbees.com
Utah Grizzlies	www.utahgrizzlies.com
Utah Utes	utahutes.collegesports.com
Temple Square	www.visittemple-square.com

Guidelines for SDA Athletics

It has now been printed in a booklet format and is currently available at La Sierra University's HES department for \$1.50 per pamphlet plus shipping and handling. Contact the department's administrative secretary, Cindy Turner, for specific ordering information at 951 785-2084 or at cturner@lasierra.edu.

Faculty Position at La Sierra University

LSU has an open Health Science faculty position beginning July 1, 2006. Candidates should have a PhD, college/university teaching experience, and a desire to continue to grow professionally. Contact Robert Thomas, chair of the department of Health and Exercise Science at 951 785-2082 or at rthomas@LaSierra.edu for a complete job description.

Featured Resource for Physical Educators

MyPyramid Tracker is sponsored by the U.S. Department of Agriculture. It will assess food intake as well as physical activity status. Website: <http://www.mypyramidtracker.gov/>

Other Web sites

Adventist Education Forum

<http://edforum.adventist.org>

American College of Sports Medicine

www.acsm.org

American Council on Exercise

<http://www.acefitness.org/>

Combined Health Information Database

** <http://chid.nih.gov/>

Cooper Institute for Aerobics Research

www.cooperinstitute.org

Gatorade Sport Science Institute

www.gssiweb.com

Healthy People 2010

www.healthypeople.gov

National Alliance for Youth Sports (NAYS)

<http://www.nays.org/>

National Athletic Training Association

www.nata.org

National Intramural & Recr Sports Assoc

www.nirsa.org

National Strength and Conditioning Association

www.nasca-lift.org

National Wellness Council

<http://www.nationalwellness.org/>

PE Central

pe.central.vt.edu

SDA Circle (Curriculum Resource)

<http://circle.adventist.org/>

SDA Physical Education List-serv

lists.lasierra.edu/mailman/listinfo/sda-hpera

USA Track & Field

<http://www.usatf.org/>

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