

MY 30 VALUES

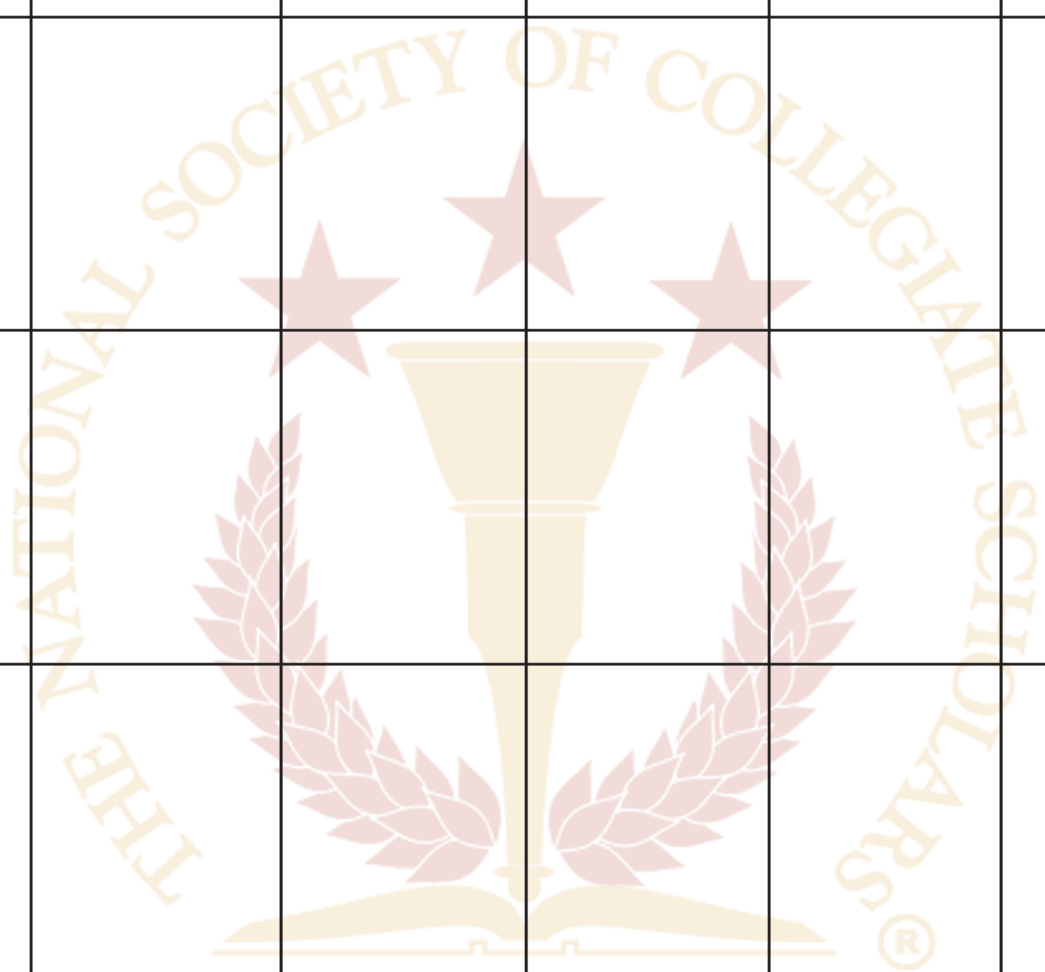
“COLLEGIATE BEST VALUE:

HOW TO AVOID LOSING YOURSELF (OR YOUR STUDENT) IN COLLEGE.”

This activity will be completed together during the webinar.

Please do not complete this sheet prior to the webinar.

FAMILY MEMBERS	NON-FAMILY MEMBERS	EXPERIENCES	PLACES	THINGS	GOALS
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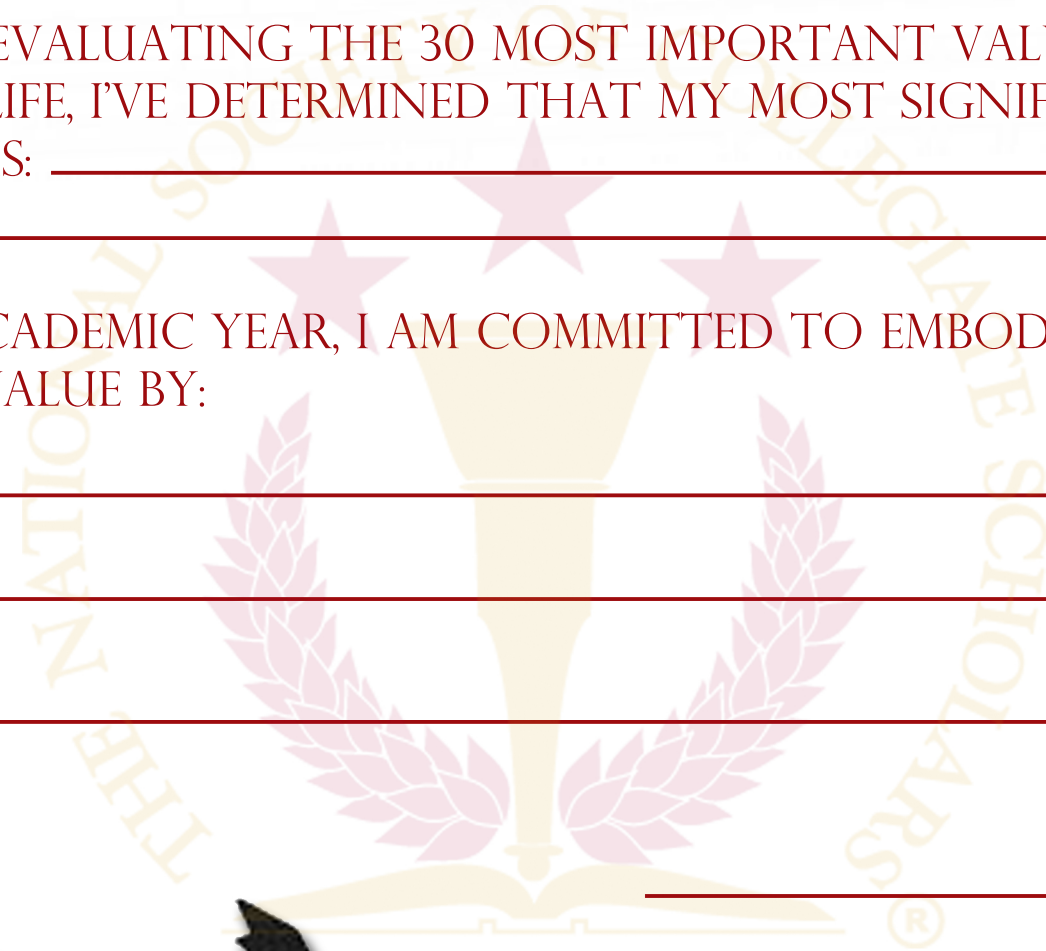


MY VALUES CONTRACT

WHEN EVALUATING THE 30 MOST IMPORTANT VALUES IN MY LIFE, I'VE DETERMINED THAT MY MOST SIGNIFICANT VALUE IS: _____

THIS ACADEMIC YEAR, I AM COMMITTED TO EMBODYING THAT VALUE BY:

1. _____
2. _____
3. _____



PRINT NAME

SIGNATURE

DATE



“ OUR LIVES BEGIN TO END
THE DAY WE BECOME SILENT
ABOUT THINGS THAT MATTER.”
-DR. MARTIN LUTHER KING, JR.