

Lee Milteer's Millionaire Smarts® Coaching Program Wealth Attraction

By Lee Milteer

II. Beyond External Circumstances

Dear Millionaire Smarts® Members,

I am absolutely convinced that if you don't do well financially today, it is either due to utter ignorance or opportunity of choice. It definitely is NOT due to lack of opportunity. No matter what the media is saying, there are massive opportunities in the world today to create and reinvent yourself and your business to be profitable. You have to decide what your goals are and focus on Prosperity. Yes, this means you might have to change directions, but so what. That is what Smart People do!

There are four fundamental positions you can take to immediately improve and attract prosperity, rather than chasing it:

- 1- The Quality of Your Personal Philosophy
- 2- The Quality of Your Thinking
- 3- The Quality of Your Behavior
- 4- The Quality of the Value You Create to Exchange for Prosperity in the World

I am giving you suggestions for a new mindset and daily actions you can perform within these four categories to leverage yourself and set yourself apart so that you will attract more money into your life. If you really want to have prosperity in your life and business please ignore the general misconception that you have to *make* money, *earn* your success, or *create* wealth. Take on a new mindset that if you follow these top behavioral strategies, business and money will flow to you. It's all about mindset and the use of your life energy. You have to have the mindset that if others create prosperity that you too, can create prosperity.

Regardless of what your wealth inhibition has been, it is time to face it and move past it. It is time to create goals and plans that allow you to move past any current overwhelming circumstance and make a firm decision to do what it takes to create the reality of prosperity that you want and deserve.

The following actions are essential to turning off wealth inhibition and turning up wealth *attraction*.

Focus on Wealth

Please open your mind to the perspective that creating wealth and abundance has a lot to do with internal decisions and external knowledge, and little to do with the state of the national economy. We must rise above the popular belief that it is necessary to be affected by the economy.

Abundance is a mindset, not an external condition that controls your destiny. This information can help you claim the abundance you so richly deserve. There are no limits to what we can create because we have unlimited resources around us.

Let's begin by defining wealth. Wealth is not just money, because creating money alone will not always bring you happiness. Wealth is being at peace with yourself and feeling fulfilled in what you do. It is enjoying and appreciating your life, your family, and your career.

Catherine Ponder has written a number of successful books on prosperity. In one of them she says that "*... prosperity is more than money, wealth, and financial security, it is the way you live your life and the way you focus your life energy, it is the balance of what you can and cannot control, it is loving yourself and others, it is counting your blessings and enjoying who and what you currently are now.*"

Right now, you need "prosperity consciousness" in your life. Increasing this level of awareness enables you to create more self-confidence, self-trust, and self-esteem to build exactly what you want. These new empowering traits will help you generate and create wealth and financial security.

The definition of the word "prosper" is to flourish, succeed, and thrive, to experience favorable results to get what you want out of life. It is more than wealth and financial security. Ralph Waldo Emerson described prosperity as the law of compensation whereby like attracts like, and what you radiate out in your thoughts, feelings, mental pictures, and words, you also attract into your life. Right now is the time to reprogram yourself for what you want. Write goals that support the future you really deserve.

Focus on what you want to create, not what you don't want to create. You receive exactly what you focus on. Poverty thinking brings poverty. Wealth thinking brings wealth. Grudges bring deathly poison to any business. Ask yourself: *What am I focusing on right now—is it good or bad?* The more positive you are in your attitude and your actions—the more abundance you will have in your life.

Avoid Negativity

Be proactive in exposing yourself to news and media with information that is inspiring and uplifting. Doing so will edify the flow of your natural creative juices. Eliminate negative people from your life that influence you or challenge your positive mood. You have to be in the right state of mind to see and create opportunities. Ask yourself: *Who and what is dragging me down and how can I remove it from my reality?*

If you have not heard of the Law of Vacuum let me share it with you. One of the first strategies to create prosperity is to get rid of what you don't want in your life to make room for what you do want. It is said that nature abhors a vacuum. To have the opportunity to attract what you do

want, such as a better relationship, more attractive clothes, or furniture, you must make room for your desires to manifest.

Have Integrity with Self

To create wealth, you must have integrity with yourself. Be on guard against being manipulated emotionally by the fear and drama of those around you and recognize the potential stress of allowing others to influence you. Ask yourself: "*Where have I been out of integrity with my own beliefs and actions?*"

One of the areas many people are out of integrity is not appreciating what you have right now. Not only do we want to stop talking and thinking economic lack and limitation because of the effects on our subconscious, we also want to start to live as richly as possible on what you already have.

It always amazes me how people go through life saving their best clothes, china, silver, and/or good furniture and then die without ever really enjoying the pleasures right there within their reach. If *you* are one of those people who only use "the good stuff" on holidays or special occasions, you most likely only enjoy them a few times each year. If you think about it, that means in a one year period, you may only have allowed yourself to enjoy the finer things in your life for just a few days! In the overall album of life, there is something wrong with that picture! *Life is for living* -- it should be celebrated and enjoyed!

I suggest that instead of following other people's traditions, you start today to create more feelings of prosperity in your life by giving yourself permission to use your "good stuff" more often. Treat yourself and your family -- have dinner with your best silver and china and eat by candlelight once a week if possible. This gives your subconscious the message that you are blessed; you *do* deserve the best in life. Isn't it interesting how so many people save their material possessions so their relatives can quarrel over them after they pass away? I am suggesting that you actually live and enjoy what material possessions you now have.

The same thought goes for your clothes. Why is it we walk around our home before our most cherished loved ones in the worst clothes we own? Why do we save our good clothes to impress strangers? Who's more important anyway? Consider wearing some of those clothes in your closet before they go out of style! That's why you own them -- to enjoy them. Again let me emphasize that the way you feel about yourself has a huge impact on your state of mind. If you feel you look good, you have more confidence. When you have more confidence, you'll naturally take more calculated risks in life. You'll be more optimistic and in turn see more ideas and ways to capitalize on those ideas. This of course, gives you the opportunity to make more money, meet better contacts, and create new ventures. This is what creating prosperity in your life is all about.

It's amazing how most people overlook the small things you can do for your well-being that really make a difference in how you will perceive the world. When you carry within you thoughts of potential happiness, health, and wealth, they radiate outward into your world and will attract like

results into your life. You have to *feel* successful, worthy, and blessed to be able to attract it into your life.

Be Creative

Acknowledge that people are spending lots of money on things they want and need. To grow in your current environment, be creative. Give your customers what they're asking for, and keep a positive mindset. Ask yourself *"What can I do to capitalize on new and exciting products and services that will get attention?"*

If you have not asked the people in your world what they want, it's time to do so! You might want to send out a survey to your current clients, customers or patients and simply ASK them what they like and what they don't like, what they would like more of and then decide where you want to focus your energy.

Another suggestion to help you map out your goals would be to set up a brainstorming session with your staff, associates, or mentors and put all your challenges on the table. Start thinking out-of-the-box on what you can be proactive about in order to manifest. Ask yourself WHO in your life can give you suggestions to improve your bottom line.

Our Next Millionaire Smarts® Reports will be on Acting with New Standards. I hope you will take these suggestions to heart and put them into action right away. Start your Goals Map as soon as possible with these new Big Vision ideas.

Your Mindset and Performance Coach,
Lee Milteer

P.S. Please go to www.fivetypesofenergy.com to download five short videos I created to explain the five **kinds of energy to spend daily: mental, physical, emotional, spiritual, and financial**. Where are you spending your resources? Are you spending them in a fear or with an optimistic view of life? This video series is free to you since you are part of the Millionaire Smarts® coaching group. I promise you these videos are going to change the way you see life and your life currency with your daily energy level.

P.S. #2 Remember to take advantage of the resources on your Millionaire Smarts® Membership page. Each month, we provide you with digital copies of the reports and transcript, an MP3 of the call to download to your mobile devices, information on our featured expert guest and links to free gifts & helpful resources, and supplementary content from our team of expert faculty coaches—who include Dan Kennedy, additional reports from me, Phone Sales Doctor Chris Mullins, Health and Fitness Coach Joe Carabase, Leadership Coach Kevin Eikenberry, Newsletter Guru Jim Palmer, and Sales Coach Steve Clark.

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