The Virtue Of Adversity
Copyright © 2016 InspireVantage Group Pte Ltd

All rights reserved.

Published by Steve And Winter.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopied, recorded, scanned, or otherwise, except as permitted under Canadian copyright law, without the prior written permission of the author.

Notes to the Reader:

While the author and publisher of this book have made reasonable efforts to ensure the accuracy and timeliness of the information contained herein, the author and publisher assume no liability with respect to losses or damages caused, or alleged to be caused, by any reliance on any information contained herein and disclaim any and all warranties, expressed or implied, as to the accuracy or reliability of said information.

The publisher and the author make no representations or warranties with respect to the accuracy or completeness of the contents of this work and specifically disclaim all warranties. The advice and strategies contained herein may not be suitable for every situation. It is the complete responsibility of the reader to ensure they are adhering to all local, regional and national laws.

This publication is designed to provide accurate and authoritative information in regard to the subject matter covered. It is sold with the understanding that neither the author nor the publisher is engaged in rendering professional services. If legal, accounting, medical, psychological, or any other expert assistance is required, the services of a competent professional should be sought.

The words contained in this text which are believed to be trademarked, service marked, or to otherwise hold proprietary rights have been designated as such by the use of initial capitalization. Inclusion, exclusion, or definition of a word or term is not intended to affect, or to express judgment upon the validity of legal status of any proprietary right which may be claimed for a specific word or term.

The fact that an organization or website is referred to in this work as a citation and/or potential source of further information does not mean that the author or publisher endorses the information the organization or website may provide or the recommendations it may make. Further, readers should be aware that the websites listed in this work may have changed or disappeared between when this work was written and when it is read.

Individual results may vary.
**Day 9: The Virtue Of Adversity**

The main reason why people like you and me work hard to fulfill our goals in life is that we want to enjoy the benefits of having accomplished our goals. We want to be rewarded for our efforts. We want to have better lives with the people that we care about the most.

It is unfortunate that often, people think that just because they feel entitled to a particular outcome that the journey to that outcome is supposed to be easy.

For example, if a person wanted to lose weight and he has been dreaming of being able to swim at the beach with utmost confidence, he would naturally feel anxious if the pounds are not dropping off as quickly as he had imagined.

The road to success is rarely easy unless all possible mechanisms have already been put in place to reduce the possibility of challenges along the way. If you do encounter challenges, as we have already explored in the previous lessons, you should not feel that your journey is over.

Instead, you can view these obstacles as merely stepping-stones. Stepping-stones allow people to go higher and higher. When you transcend a challenge or obstacle, you prove to the Universe that you are deserving of the reward at the end of the journey. You prove to the Universe that you can transcend anything that comes in the way of your desires or dreams.

Challenges or obstacles often carry unique lessons that can never be learned from books, seminars or even in an exclusive business class. You can’t learn everything you need to know by referring to other people’s past experiences.

In many cases, you need to experience something yourself so you can gain invaluable insight. A person who has avoided issues and problems all his life would be pitifully scarce in valuable life lessons. So whenever a problem approaches you, tackle it and use it to make yourself tougher and more resilient.
Another essential lesson that we would like to share with you is that the journey to success is never set on a straight path. Success is like a gemstone hidden at the peak of a rugged mountain.

You have to make the choice to climb the mountain no matter how daunting and challenging it appears. But once you are there, you will realize that as long as you are climbing up you will eventually reach the peak of the mountain. Taking action means you are claiming that success.

Making the first small step toward the peak of the rugged mountain means you are no longer content with just imagining the gemstone hidden at the top.

You might have to deal with scratches, falls and you may even have to circle back at some point because you got lost on the way to the peak. But the endpoint of your journey is still the peak.

How can a person prepare himself for the journey to the top of the rugged mountain? The most useful tool that you can use is your natural curiosity. Many people are often taken aback by this declaration.
Let us explain: your natural curiosity is actually a wonderful gift because it will allow you to examine what’s in front of you with a fresh perspective. Genuine curiosity always aims to discover what makes something *tick* or work.

This information is extremely useful when you encounter roadblocks to your goals. With a fresh lens, you will be able to examine new problems and with the same lens, you will also be able to craft ideal solutions. So again, in the end you will be able to transcend those problems and move forward to your true destiny.

Many people are often shocked to discover that so many things lie in their path to success. When they see how much work has to be done to reach their goals they begin to question whether they are really entitled to succeed. Are we entitled to succeed? Yes. Is it supposed to be easy? No.

You see, the main problem with many people is that they think everything should be easy just because the desire for success exists. That is not how the Universe works. When you want something from the Universe, the Universe shifts its gears to make your desire a reality.

As the Universe adjusts its gears and levers, physical reality follows suit. And sometimes, the Universe’s way of giving you something positive is through adversity. To make something possible, the Universe makes use of the existing mechanism set forth by man.
The Universe doesn't choose sides in this case. If you want something and you want to attract it to yourself, the Universe will utilize the available resources in your environment to make that desire a reality.

If you are having an incredibly difficult time accomplishing a particular goal and you feel that you have already spent so much time working on it that you have sacrificed a big portion of the time allotted for other important things in your life, it may be time to stop and take stock of what you have accomplished thus far.

If you cannot accomplish something no matter how hard you try, it is possible that there are *hidden issues* in your life that are preventing you from succeeding.

The only way that you would be able to uncover these hidden issues is by asking yourself the right questions. For example, if you are unable to succeed in making your business thrive, you can begin exploring how you have been handling your business all these months or years.

You can also question how your approach has affected your employees/partner or even just your customers or clients. By asking questions that you have never bothered to ask before, you will probably uncover flaws in your own personal method or strategy.