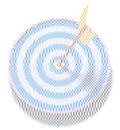


GREATNESS

Simple & Proven
Strategies For Success



Chris D'Cruz



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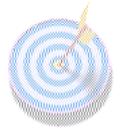
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Chapter 1: Why Is Success So Out Of Reach?

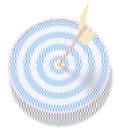
In these modern times, it can often feel like you are a small fish floating in a rather large pond. Our spirits can be dampened by huge successes we've witnessed others obtain, and like a frail mouse, we scurry away. It is natural to feel belittled by things presented to us in the media or news; we are bombarded each and every day by famous celebrities or investors having earned their millions. It can feel to the average person almost impossible to reach that level of success in life.



First of all, I'd like to create a dispute with the media. It has produced the atmosphere and idea that in these times, it is successful to be rich, powerful, in a high position and to behave as famous idols do. Since years ago, people have been influenced by propaganda; this is no new scenario, except that it is evolving into something almost irreversible. Many people are more interested in staying in to watch the newest competition reality TV show than they are spending time with their families or doing something proactive. The reason for this is simple, the media control many households, they tell you what to buy, what to not buy, what to wear, what to eat, how to live!

But if you stop and think, if all TV's were to go bang, would you go bang with them? No, you wouldn't you'd still be here, in the flesh REAL and ALIVE. You have the power within yourself to live as you, realise your true self and live the life your individual being is meant to.

The trouble is, a majority of people are so used to catching on to what the media says is the next big thing, or what they must do now, that they get no time to take



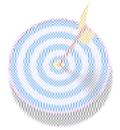
action upon anything. Even if something genuinely good came out, say a program on bettering yourself was broadcast, someone may accidentally come across it, and watch it to find out it has some great information. Then before you know it, the next evening that same person switches the TV on and sees something else that catches their eye, so almost immediately after they were going to implement a better life for themselves, they have yet again been squandered by the media. You have to break

Someone could be in watching TV or on their computer thinking they are living their life, when really its mindless gibberish being pumped into them by the media, it's all greed. At this same moment, someone in Tibet could have attained enlightenment, and realised that life itself is what should be worshiped, not gadgets and biodegradable information.

Let me say, it's not your fault if you watch TV all the time, in fact there isn't much wrong with it, this may sound contradictive but read on. If you know how to live, you can reflect useless information from yourself like a mirror and let it pass through you, and just enjoy being. Thus meaning, watching TV means you can view anything you want, just don't let it rule your life. It is key to find a balance in all that you do, so that you can live a compassionate meaningful life.

Realising the true power of your spirit, individuality and self are essential for you to come to terms with what you are, and what you are about. People often associate themselves with their personality; however your personality is like an onion. Think of all the layers of the onion as your traits and habits, then if you peel back each layer, you finally come to the core, and that my friend is really you. Yourself, your being, your soul, that is you, and when you realise this you will feel a great sense of power and energy.

There is a great Joe Strummer quote from the documentary about his life which goes something like this, "So now I'd like to say, people can change anything they want to, and that means anything in the world. People are running about following their little



tracks, I am one of them. But we've all got to stop just following our own little mouse trail. People can do anything; this is something I am beginning to learn. People are out there doing bad things to each other, it's because they are being de-humanised. It's time to take the humanity back into the centre of the ring and follow that through time. Greed really ain't going anywhere; they should have that in a big billboard across Times Square. Without people we are nothing, that's my spiel."

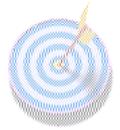
That message should reach into your heart, and help you see the potential each and every one of us has to be successful, and fulfill our dreams. Because what is success? To each individual it could mean a different thing. To one person it could be being rich, but to another it could mean a life of peace and quiet, with a loving family. The bad thing is, where social media has gotten in a majority of people's heads, their idea of success isn't really their true idea of success, it's the media's design of success. You have to become unstuck from the army of gossip, systems and routines. And realise you are an individual, like many others, we are all individuals. You can have your own thoughts, and own meaning, and own view of anything.

Here is a great Zen quotation, which can open up the meaning of individuality, and own thoughts to you:

One day Chuang-Tzu and a friend were walking along a riverbank. "How delightful the fishes are enjoying themselves in the water!" Chuang-Tzu exclaimed.

"You are not a fish," his friend said. "How do you know whether or not the fishes are enjoying themselves?"

"You are not me," Chuang-Tzu said. "How do you know that I do not know that the fishes are enjoying themselves?"



The point is, you can relate these ideas and thoughts into any real life scenario. And with practice, begin to gain your own voice, self, spirit and individuality which will carry you along with the right mindset for self satisfaction and SELF SUCCESS.

It is very important to understand what success actually means as a word. The definition of success in many dictionaries is this:

- Success: The accomplishment of an aim or purpose.

There are big successes, and little successes in life. Many little successes can often lead to the ultimate achievement you wish to obtain overall. Just because someone else's idea of reaching their target goals in life involves money and fame or something sparkly, doesn't mean it has to be your life plan too. Influences can be good, and they can be bad, but they have a lot to do with successes.



Most people's personalities and traits are all made up of influences they've picked up in their life, either through genetics or genuine influencing. But it takes skill to avoid bad influences, and harness in the good ones, yet again we come back to our old friend balance. The Yin Yang symbol is something which can help you identify balance in life, a great human named Bruce Lee once taught a martial art entitled,



"Jeet Kune Do", which teaches self protection and balancing the mind, and to act truly upon ones honest feelings.

One of the hardest things to do in life, is be honest with yourself and act truly upon how you feel and wish to be. Conquering your own mind is tougher than trying to win an argument with a genius. But once you do, and have learnt to listen to yourself, and take action from your own instincts, you will find your path to self success, and live a happy, meaningful life.

Nobody is destined for a life of failure, but you can fall into that trap if you don't come to terms with who you are first. You can be any size, shape, race it doesn't matter, and still obtain life success.

Finding the difference between ambition and success can be difficult. They are too separate things; one can drive greed and self indulgence, while the other can leave you at peace with yourself. Ambition can be good to have, but you shouldn't set large ambitions, little by little will help you keep a clear head, and often once you have lived little by little with ambitions, you reach your success. But having said that, if you aim too high or think rational ambitions up for yourself, you can become lost along the way, and end up finding that ambition isn't what you thought it may feel like when obtained. The media again can influence ambitions which rip people apart, and then allow them to feel de-humanised, which is fatal. You have to miss that route in order to see clearly, and have a healthy vision of life.

Success is realising your true self, individuality and spirit, which can lead you onto being honest with yourself, and achieving life satisfaction and happiness.

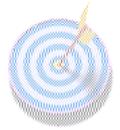
Chapter 2: Finding Your Successful Self

As mentioned before, being successful is greatly assisted by you getting in touch with your true self. In order to be happy and successful, you may need to acquire some self realization skills, so that you can move forward honestly, and find great power and nobility within.

It certainly is no easy task to unplug what you have known and thought your whole life, thinking the impossible and doing the unknown are totally alien to your system, so it can take some time to break the loop if you will. But once you do get out of the box the silver screen has caged you in, you feel free, and realise that all self satisfaction and success comes from within first, and reflects it in your actions you pursue in life.

So how can you start to melt away unwanted internal factors which are holding you back? First of all you will need to be honest with yourself, and realise that maybe there are some faults in your outlook on life, and take blame for some of it. When you blame yourself, you learn from it, but if you constantly blame others all the time, you'll never learn any lessons, leaving you arrogant, and self centered. You really have to let all your guards down, and be open to everything. Take yourself out of your shoes, and view situations for what they are, have no prejudice, and then you will see the truth in any scenario.

When you are open, and listen to what people have to offer, you can weed out all the good things they are telling you, and take what works for you. Nobody can take all information given to them at once, it has to digest and marinate inside them for a while, till you get that click moment in your head, the cliché, aha! Moment. The same goes with this report, you should come back to it, read it, and then read it again. Each time you read it, it will make more sense to you, and have more meaning.



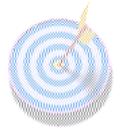
Often, a big menace in the mental world for people is fear. Fear is a terrible thing; it is by far the hardest thing to overcome mentally for anyone. Everyone has fears of different things, but we all get it, it is natural. But it can be overcome, and when you know how to live, fear has no room to enter your life. Leaving you like a bulldozer or happiness and success, and inner peace. It should be everyone's main priority to banish fear from them, because without this emotion, we can conquer all our dreams and targets, and face situations with the right mindset and calmness.

There are many amazing books and sources you can get on how to eliminate fear from the body, and embrace life's bounty. There is no religious factor here either, let me state this is all mental health, and bettering yourself from the inside to understand how life should be lived, in order to achieve absolute success.



People commonly use the expression, "face your fears". And they are right, say for instance you are afraid of the dark, once you spend some time in the dark, and sit still quietly, you can start to overcome this fear of darkness. You see that nothing bad happens, it was all just created in your mind, and naturally you sparked bad ideas from that, making it worse.

This scenario occurs with many things in life, this is how people can start getting panic or anxiety attacks. They will start by thinking one thing, which scares them, and then they have all of a sudden thought the world is going to implode and only

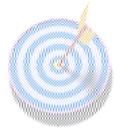


bad things exist. It is all the in the mind, and should be weeded out. The mind can be a wonderful thing, and a horrifying thing. It is how you use it which will deter how it treats you. If you are one of the many who get panic attacks and anxiety attacks, you can easily treat yourself, nobody knows you better than you.

Slowly but surely you can relieve stress and fear from your body, whenever you feel yourself beginning to think those ugly thoughts which trigger your anxiety, simply shout in your head as loud as you can, "STOP". Then you have broken the chain of thought, afterwards, think only good things, and think of how great life is, and all the beautiful things that come with it. Then you can replace horror with love, and this will eventually stop you getting stressed and anxious about life. It is often the first step to self success. So even if you do not suffer from these two things or only if it's one of them, still take this step, as it is the foundation of you beginning your new journey in life.

We all get these stressful situations happen in everyday life, but you have to act as a shield, and let all these things bounce off of you. Approaching areas with love, calmness, relaxation and tactfulness will leave you much more together, and at one with yourself. For example, say you are at work in an office, and you are having a really bad day, everything seems awful and the worst scenario happens, you get fired. Now this may be an extreme case but you can relate it to anything.

You may think the world is ending; everything is bad and negative because you've just been made unemployed. This is a bad way to think; at first it is granted you of course are allowed to be upset and angry. But when the waters have calmed, are you not still alive? Can you not still feel the wind and rain or sun upon your skin? Cease the opportunity in life, see every loss as again, and fill the gaps with energy and passion. The message is, no matter what life throws at you, your actions and mindset are what will carry you through, and after the storm, you will always remain. From the sea and the rocks crashing together, in these angry, aggressive motions, something so soft, pure and pleasing is formed, sand.



Once you have understood you have the power within to stop stress and anxiety, you can move on to phase two. When all bad emotions can be controlled, you can then start to form new ways of thinking. Taking each thing as it comes, you can make the right decision as to what to, and see much clearer than ever before.

It can be difficult for people to want to change sometimes, people carry a certain amount of pride with them, and pride can be an ugly demon. Coming off your high horse is one of the best things you can do, it allows you to see, no longer will you be blind by thinking you are always right, and nobody else could possibly know any way to make you be better at being yourself. It comes down to being open again, life is about learning, you can learn until the day you die, there is no beginning middle or end, it's all just a whole learning curve. When you finally open yourself up to opportunities and advice, you can only then realise what there is to be learnt, and find a place within to be happy.

Sometimes, it is better to offer advice to people, and not try to change them. Just give them what you know and move on, it is up to them as individuals to find their way, you have just given them a nudge in the direction that works for you. The very reason you are reading this report, should tell yourself that you are ready for change, and are open to new ideas and thought processes. How great is that? You should feel good about the fact that you are seeking success, even though it is right under your nose, you just have to come to terms with that first before it makes sense.

Success is within you, it has always been there, and it always will be. Everything you do come from within you, nothing comes from the outside. You can be influenced as I've said, but really everything comes from your spirit, individuality and self. Those three things will be throughout this book, as they are the keys to self success.

As you read this report, take short breaks in between paragraphs and sentences, this way you will let the information digest more. When you begin to understand each point, you will feel a drive, energy and passion that will fuel your true self into becoming realised. It gives you sense of spirit, which can make you want to jump up

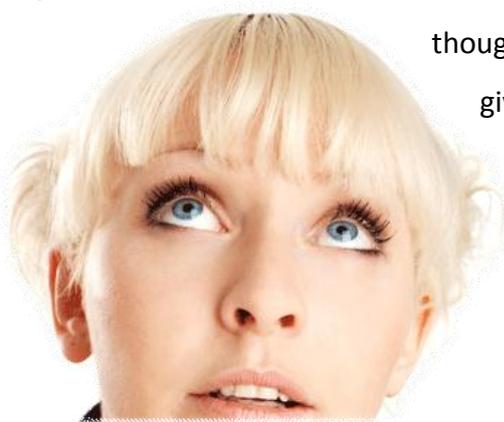


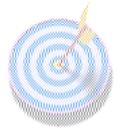
and down with glee as you are understanding you have the power to do anything. You will need to reflect upon some things, otherwise you may miss some amazing sensations and lessons, which help unlock your new thought process, and accompany you into a better life.

When you get those bursts of energy, let your willpower meet it. When you mix energy with willpower it feeds your willpower allowing it to grow and become stronger. You will often hear people say their willpower is rubbish, well if you tell yourself it is, of course it is going to be. You need to be positive about yourself, nobody is better or worse than you, never put yourself above anyone else, just be you. Once your willpower gets stronger, you can put it into action, and really make changes in your life for the better. Allow you to become organized and eat well, exercise if you wish, or meditate. You have obtained all this, just through thought, nothing physical has been done at all; all you did was thinking a little differently, how amazing is that?! Think on this for a moment, and realise its potential.

People underestimate the power of thoughts, but as some magicians know, it can control people, and be possibly the most powerful thing us humans contain. Learn to expand your mind, no longer is there right or wrong, but truth. When you know truth that is all there is to know. You will always be right if you are true and honest with yourself and others. Everything begins with a thought, and ends with an action. Ever heard the phrase, "think before you speak", thought so, this proves the theory, everything starts with a thought, and ends with an action. So if your thoughts are clear and true, so will be your actions!

Think of this as a real life scenario, if you were to become angry about something, instead of fuming and swearing about it, disrupting and offending people around, you could think about what's happening, realise the error in your thought process, put it right, compose yourself and give out the right action.





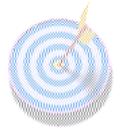
Which in this case would probably be to sit quietly and reflect on the good things that surround you.

You can control any environment, or circumstance with your power of thought. It will enable you to create a field around yourself that pulsates you in the right truthful direction you want to go in life. It can be destructive if used in the wrong manor, which is why many people become evil and ruin mankind's well natured behaviour. There is no glory in that whatsoever, there is no honour or self realization, all those people have merely come across is a form of bullying.

When you use the power of thought for good, and be true yourself, people's view of you will change. Often you see it with musicians, if a musician is playing a piece of music they really connect with, it is as if their soul is crying out through the sounds. They are being true to themselves in their playing, and it comes across. So if you put that into your power of thought, you too will be viewed as you, and nobody will think you are lying or being dishonest, they will see the real you, yourself, right in front of them.

If you are finding it difficult to relax and get yourself centered, to begin changing thought processes, try to think about what's around you. Now you may think, I'm in a room with a computer and be blind about it. But no matter where you are, there is beauty, there are things which can calm the mind and body, and most importantly connect them. Think, the beautiful sky is above you, where stars twinkle, there is nature all around, you are alive and so is the Earth! Think like this for a while, close your eyes and think on it peacefully and quietly. This is called meditating, you don't have to be a Buddhist monk to meditate, you can be what you want to be, and meditate. It is one of the most effective methods used to calm your mind and body down, so that you can think clearly.

There are no secrets to finding yourself success, it is already within you. All you need to do is find a way to harness it, and that way is to discover your drive and will to

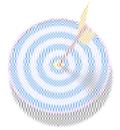


learn, be and live. Once you discover this, you will be filled with such energy that you feel you can achieve anything, climb the highest heights and run a million miles. This is not a secret, but just something to be found by each and every individual out there, no one can give it to you, you need to dwell upon it, and realise it's meaning for yourself. Give yourself the time to understand it, and you will not regret what you have given your being.

Having will is one of the most important traits a person can have. It will allow you to receive success in life as you will have had the will to obtain it, without that will you had no way of getting there. It's almost your body's fuel for success, and that hunger to get to the destination of success is what took you there. A measly man with hoards of will or spirit, has way more chance of finding happiness and success than a strong man with no will. Any person on Earth can attain this will through realising they have it, it's not something you're aware of when you're born, you have to get these answers for yourself later in life.

There comes an age in every humans life where they feel they need to do something with their life, how we all wish we had that from day one. You can spend your whole life drifting away in what the media feeds you, or you can take control and give yourself direction, and make a dent in the system showing you existed. Be remembered as someone who was kind, compassionate, loving, caring and inspirational as a pose to someone who sat in front of the TV for years and had given no family attention.

I cannot express how essential it is to clear your head of junk, stress and anxiety. Once you have done so, you really can see clearly, no matter what situation you're in at home or in life. It will do you wonders, and change your life more than anything else possibly could. Do what you can do get yourself in this state, either meditate, listen to music, read, sit quietly, go for walks, anything. Only when your head is clear, you can begin to search within and become familiar with whom you are, and see what self success really is. By now will be starting to realise that what you had

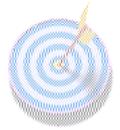


thought was success, is really something completely different, and when you acquire self success, only then can you move on to have those things you consider luxuries. But they are only luxuries, they aren't what is successful! It is you who has been successful through will, spirit, individuality and self realization.

Another huge contributor to being successful in your true self is by learning how to concentrate. The power of concentration is a great skill to have, you need to be able to think on one thing and think clearly, and not be distracted, so that you can achieve all the targets you set yourself. Again, meditation can really help you succeed with concentration, as you are either concentrating on one thing, or nothing. Meditation helps you escape from all distractions and get a crystal vision on what it is you are searching for.



When someone is fully concentrating on an idea or emotion, they can full experience what it has to offer, and get something really great from it. Earlier in the eBook it is mentioned that people who may catch something good on TV could go to implement what they learnt, but then be distracted the next night by trash on the TV and the

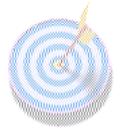


idea has instantly vanished. Through learning to concentrate, you can rebound that trash from yourself and really progress and grow in the world.

There are many exercises you can perform which help enhance your capabilities to concentrate, even ones which sound ridiculous, yet actually help. Some as simple as staring at a dot on a page for five minutes without looking away. The reason this is so effective is that you have to concentrate on the dot, and not think of anything else, if your mind starts to wander, come straight back to the dot, and think about it. You may only be able to do it for a minute at the start, but in time, you will be able to do it for a long period of time, it's great practice. It is also a form of meditation, which you can envision in your head if you were doing quiet meditation. Just see a dot in your mind and concentrate on it.

By learning to concentrate properly, you can become consistent and frequent with your ideas and business plans. Even in everyday life, anything you want can become consistent and work for you, for example exercising or meditating, you will keep it up if you aren't side tracked and have learnt to concentrate. You can really extinguish stress through concentration, if you are always concentrating on thinking about nothing, and relaxing, stress will be so far away from you, it will never appear. It will keep you busy, and not in the sense you have to rush around, but rather that you have no room for negativity to enter your mind, and will allow you to be centered in all circumstances.

A great feeling to obtain for success is compassion. With compassion come many fantastic things such as forgiveness, love, care, passion and peace. Compassion can mean moving forward or growing and progressing to better states of mind and well being. If we all stopped blaming others for things and falling out with one and other, we would all be moving towards a brighter future. Learning that everyone has something to say and listen to is a good mindset to have. Once more we are being open to life and what it brings.



Learning to forgive all those that have upset you, is an essential piece of advice you should take. It puts all unsettled waters to stillness and can give you a sense of self satisfaction that lets you move on with your life, it gives you closure. Again, when people view you differently, and act in this new way around you, it will feel fresh and good. This is a good thing for you, feel the change, accept it, bask in it, it's really you who's showing now, not the person you thought you were going to be. It is almost a punk rock message, you may be thrown by this statement, but from the words of Joe Strummer again, he said, "in fact, punk rock means exemplary manners to your fellow man". Be kind to yourself and others around you, all these things will calm your soul and allow you to seek out life satisfaction.

It is so easy these days to become swallowed up by the filth we are fed, in fact it is getting worse. More now than ever, we have to pull together and realise what true living is all about. Being successful individually in ourselves will create a Mexican wave of love, compassion, health, happiness and peace all over. The world troubles could all be so easily solved if everyone were to take the advice from self realization. Yet greed, arrogance, self centered dictators prefer to live a life they believe is successful, when really they are causing the world pain and damage. It's easy to move in the right direction once you realise your faults, it's never too late for anyone to discover inner love and peace.

So to sum up this chapter, you need to find balance in all these areas and combine them, so that you can really discover who you are as an individual. Only when you truly know yourself can you become successful. Because then you know what the idea of success is to you, whether it's family, friends, inner peace, love or happiness or all of those things. You can find what is the real meaning of success to you inside your mind. I cannot tell you what success is to you, as for me it could be something completely different. And who is to say what success is and isn't? A dictator such as the media or news may do so, which is why you have to learn to avoid them, and rebound and reflect what they try and inject you with, so that you can return to what is REAL and not being smoked up by the silver screen.

Chapter 3: Success In Wealth

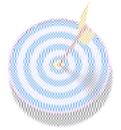
First of all in this chapter, I'd like to say it won't involve a blueprint for you to follow that allows you to make money. What it will do is fully equip you in the understanding of how to achieve financial success. There are many things that lie in the path to success in wealth, but understanding each and every one of them, is what will determine whether you do well or not. Things such as mindset, mental attitude, money itself and consciousness are all going to be explained, and how you can use them to acquire what you need in life.

Some people in life are born with a thirst to make money, and have a natural way of attracting it. Of course you get those who inherit money, yet they have not obtained the knowledge of how to do it by themselves. When you understand how to go about life, and treat wealth, only then do you see that it rains upon you. For those who are born with this money making ability, usually they are subconscious about how they are making this wealth. The correct way of thinking is partly embedded in their minds, but not fully there, once they understand why they are good at it, then they can harness that energy, and really strive forth with it.

However for those who have never been successful with wealth, it is not your fault by any means that you feel you have no skills to attract wealth. Anyone can attract it, once they have learned the laws of bringing in wealth through their mindset and outlook on life. Simply once you learn and understand the forces that assist you with money making, you will be like a steam train heading only in one direction, towards success!



It may take a little time for you to learn how to be conscious of the tools you need in your mind to trigger yourself towards success in wealth, yet once you do, it will be clear to you how you



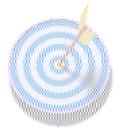
need to act in life to obtain what you need from it.

A lot of people view money in the wrong manner. They see it as they need it, and only it, and more and more till they can't see anything but money. This is all greed, and unneeded, people seem to think money is the answer to all their problems, and that it will bring happiness. To a certain extent it is true, money does help with life, it gives you food, clothes, water, and shelter. All the things you need to live. These days it is impossible to live without it, so of course you need to have enough to live comfortably.

Another thing people shouldn't associate with money is evil, it is not evil, that is where people have become greedy and set bad examples for others. These people think money is a monster, and shouldn't be played with as it is associated with the devil and other gibberish. These people have been ill fed information, and see the world in a negative view; we will touch upon this a bit later.

There is no beating around the bush here, everyone would like to do things in life, each of us would like a nice house, or things that look appealing to us. Yet we cannot obtain any of these things without money, so therefore, we need to find our route to success in wealth. You can have ambitions which would have a great outcome in your life and the world, yet these things will cost money, so you need it to fulfill them. See money as your fuel for things you enjoy in life, whether it is music, sports, food, holidays etc. All money is, is a ticket to getting the fruits of life to you, nothing else, there is no use in having any money if you don't use it to please yourself.

There is a certain law, a nature which we all are unaware of until explained to us, which assists us into being successful, in being able to manifest anything we want. This power is within us to make things happen, and force things to go the way we want them to and no other. It can be obtained by learning some skills which will unlock this new world to you. You need to learn how to concentrate, stay focused, be truthful, be conscious of yourself, and have the right mindset and mental



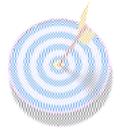
attitude. With all these things set in place, you can manifest anything you want in life.

It may mean you have to meditate on each of these thoughts, for 25 minutes at a time, but after you have done this, each time you will be filled with enthusiasm, energy and electric, that will allow these laws and forces to start happening. Just as plants and trees need air and sunlight to live, humans can attract success in life and wealth through forcing these things upon ourselves. There is no greed involved here, as you have understood that money is not what you want, it is the things money can buy that you want. What use is a bit of paper to you, if it can't give you something you wish to have?

There is no shame involved in feeling like you want things, people are too kind upon themselves, and feel it is selfish to take care of their needs. This is not right, in order to be rooted to the ground, you must find yourself, and realise what you want in life, and how you would like to live. Once again, some of that cannot be achieved without success in wealth, so this is an essential part of the puzzle of living, which can be obtained through another change in thought processes.

You may be starting to realise, there is nothing physical about any of the things mentioned in this eBook. Everything comes from within, success comes from within. In order to get what you want out of life, you have to conquer yourself first! Then your actions you make are true, honest and right! Leading you all the way to success.

Positive thinking is possibly one of the best traits to have. It can be achieved through many practices, such as meditation or doing good things for people. When you get a sense of self satisfaction, there is positivity in that, you want to grab that feeling, and keep it with you at all times. Through thinking positively, you're allowing yourself to be open, and learn new things. It becomes easier to obtain new information, and keeps you motivated. If you can maintain a positive attitude towards everything in life, you will be able to make good decisions, and make the most of any situation. If you feel positive about you being successful, well done, because that is going to



assist you greatly on your journey to success in wealth. You can take many knocks in life when trying to earn a living, yet yourself motivation and belief will carry you forward and allow you to progress, and eventually reach your goals.

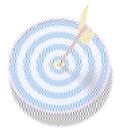
The amount of times where people give up just before they cross the finish line in success with wealth is ridiculous, all people need to do, is have courage and self belief, and they will succeed in the end.

Negativity is something that should be avoided, at all costs. It is the one thing that draws people into the abyss of failure and a life of unhappiness. Why be like it? There is no answer. People are made negative through constant reminders of bad things in life, through media, the news, newspapers, billboards and many other things. People then spread that negativity around like the plague, and create an infested splurge of dark, lazy, traumatic trash can of emotions.

We could all do without it. People seem to love to spread negativity, an example of this is celebrity gossip. Someone will read in the latest garbage magazine about someone who has been exposed doing something that was probably set up, then that reader will spread that negativity about that person to their friends, and they'll tell their friend and so on. Then this negative wave of pessimism has infected many people, bringing them down, and subconsciously rotting their minds. AVOID IT!



There is no reason why you should fall into this trap, you may not realise you are falling into it at first, but learning to spot it is a great skill to have. As soon as something negative comes up, replace it with opportunity and good positivity, these



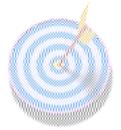
things go hand in hand. Someone who is positive could have a conversation with someone who is negative, each time the positive person says something, that negative person will come back with an answer that puts a downer on it. That's why it's hard to avoid the negativity, because there is far more of that in people out there than positivity. But with the correct mindset, you can rebound it off, and replace the darkness with light.

Start right now as your reading these words, to replace all negativity in your life with positivity. It will serve you greatly, and you will notice the difference. It can be hard to put into action at first, but you will learn to use it all day every day in time, and soon there will be no room in your life for darkness to enter.

Think of money, as a form of nutrition for your body. Without it, you will be unhappy, and not be able to do things you love doing or buy things you like, or please others. As much as some of us don't wish to admit, we do need money. So think of it as you would if it was time for dinner, you need to eat at that time, as it's healthy for you. So money needs to be available when you need it, so make it available. If you have to pay for electric and gas, you have to make that available by paying for it. It wouldn't be there otherwise, it's the same with first receiving that money; you need to have it to be healthy and live.

So in order to be successful and happy, that nutrition of money for your life is essential. It's all about carrying the right mindset about money, this way you won't get lost. Even if you have to write it on paper and view it by your mirror each day. Put out a set of bullet points reminding you what money means to you, then you won't be greedy, or find it evil. You will understand the middle path, and be successful with wealth.

Concentrating on the bare basics of what you want to achieve, will serve you much better. Things can sometimes become complex and confusing when trying to succeed, whether you have a business or any form of job or career. A lot of little



instances occur, which can throw us and make life a little difficult. It is a good idea to write out your goals and targets, so that you can come back to them each night or morning. Reviewing where you want to get to in life each day will keep you on the right track to success, and make you consistent in your daily approach and activities.

Distractions are an awful thing; there is a difference between a distraction and a break. With distraction, you're allowing your thought process and flow to be disturbed, leaving you in an area of purgatory, not being able to think straight. It will make you a day dreamer, and nobody ever gets anywhere through not doing anything, or taking any actions in life. Steer away from distractions as much as you're possibly can, because they will steal your success, and prevent you from reaching it. Taking breaks on the other hand, can give you time to reassess what you are doing and trying to achieve.

Sometimes it takes coming back to the core of your plan to realise where you have been going wrong. Many people ignore this step, say you had an idea of starting a business, you then progress and start taking actions but the idea starts to sway itself in an odd direction. You then see your initial plan again, and decide to ignore it. You will then be setting yourself up for failure, and become untruthful to yourself. Remember at the start of all this, you cleared your head, and found your true identity and self. You thought up what you wanted, and how your idea of success worked for you. If you decide to ignore that, just for the sake of business, you will find yourself once again unhappy and on the wrong path.

Really look at your plan daily, so that you never get lost, or veer from where you want to end up.

Why is it that a small majority of people on this planet earn most of the world's income? This question has been pondered upon many times, and people never seem to get to the bottom of it. Or their solution is to try and make as much money as they can quickly, ignoring all the previous steps to absolute success, and eventually



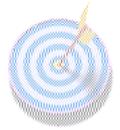
failing, as they have spent so much time looking at others, they've given themselves no attention, and lost who they are in the process.

There are a few answers to this question. One is that these people may have come across methods to help them achieve success in wealth, which are all mentioned in this document. And they have implemented what they have learnt, and become successful and happy.

Others could be unhappy, but still be very successful financially. But this is something that should be avoided. There is no use in having wealth, if you are unhappy with yourself, and who you've become. These people have been greedy in their approach to success, not listened or found out who they are as individuals, and just concentrated on earning money. If they had taken the time to understand chapter one and two in this eBook, they would have had success in their mind, body and spirit, and with wealth, leaving them at the top of the mountain of life. Such simple things when ignored can multiply and get worse and worse unless you give them attention and replace them with goodness.

Some humans inherit a life of luxury and laziness. It depends how they act upon this that will deter if they are going to be happy or not. When you spot a spoilt child, they have so much and are bored of it, the reason being, they are unhappy in themselves; they don't know what is out there to be learnt. Whereas the person in the family who made the money, may well know these things. It is up to them to teach or show the child why they should be thankful for what they have. And to show them that success comes first inside the human, then outside.

You can inherit a fortune, yet still obtain success in wealth on your own. This will teach you the lessons you need to learn in embracing money, and what it truly is and isn't. As mentioned before, money is a ticket to get what good things we want in life. The money itself, is a mere object, and nothing more, it's the middleman. Learning the value of money is hard for someone who has led a life of greed and been spoilt.



But it can be done, if they decide to find themselves truthfully, they can then learn the value of life, and money comes under that. Life is the overall joy and energy that is behind everything.

You could find a homeless person, who has truly found their souls, and understand who they are, and put them next to a spoiled human who has not found these things. There is nothing the spoiled human could teach the homeless person about life, and the homeless person will be happier about living than the spoiled human could ever be. It may even take extreme cases for that spoiled human to learn these lessons, once they've met that homeless guy, only then will they start to see the error of their ways.

Overall, success in wealth can only be achieved once you have conquered chapters one and two. Then, once you know your individuality, self, and spirit, you will be able to find out what you want from life, and what you love and want to do with it.

Money will then fuel these ideas, and your concentration on getting where you want to be will make you successful with wealth. See it as light for the day and dark for the night, without these things you can't sleep or see. Without money you can't fulfill your ideas and activities. You need it to be comfortable and happy, but not just for the sake of it.

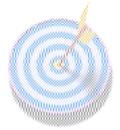


Chapter 4: Prospering In The New Age

To really blossom, in these times we live in now, you have to accept what is around you, and find the most stable raft which you can wade into the waters with. Determination, concentration and self belief will all give you a sense of direction that will allow you to pursue your ambitions and dreams.

It is hard to find a path to success, as there are so many knocks we can take from today's world. Nothing ever seems good enough for people, they'll all always find something to moan about, and nobody seems content within themselves. Partly due to a lot of things being officered on a plate nowadays, there are no quests or discoveries people feel that can make. You can log on to the internet anywhere in the globe, and find out something you want to know about instantly. People shouldn't get bored of these things, they should be inspired by them, see the potential in the way times have changed. Your generation is the head of the game; new things are being uncovered each day. Endless possibilities are open to you, "the future is unwritten".

Realise in your heart, you can achieve anything you want to, anything is possible for you. Break the limits you have cemented in your head, stop listening to those people trying to cage you with boundaries. If you wanted to you could go and climb a mountain, right now, nobody can stop you, if you were determined and set your mind to it, you could go and do it right now. Feel that freedom, and keep hold of it, all of a sudden, you realise there are no limits, no boundaries, no cages. Relate that mountain scenario to anything in life, you have the power to strive and be successful in every area, whether it is relationships, careers, an emotion, health. Having the skills to concentrate and know one is all you need to take these ideas and actually put them into practice.

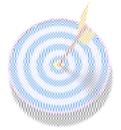


Sometimes humans can be stopped by themselves, they remain unhappy because they allow themselves to feel that way. For example, they may think they are going to upset others, or hurt people around them if they do what is destined inside them, their dreams may come with sacrifice. But you know in yourself that your burning passion for self success is eating you up inside, and one day you will snap. Why live a life of unhappiness? It's not selfish to do as you choose sometimes, it's called living your life, each of us has our own individual lives, and we are entitled to live them.

The people around you will understand over time, as they will see you are happy, which if they love you and understand you, may even support you, or come around in the end. The important thing is you are happy, and have obtained positivity and closure for your inner self. You can then show others how you helped yourself, and as they have witnessed you change into this new person, they will most likely want a piece of the action.

But one important thing to remember is this is your idea of success, and each person is different, they must each go through the steps it takes to know oneself then decide how they want to live. Never lecture people either, you shouldn't put yourself above others, each of us are equal. Just help give them advice, and nudges in the right direction. The one thing you can try to help them with is self realization, and letting them know that personality is merely covering up who people really are.

To prosper in a relationship with a partner, who have to know yourself first, and appreciate who you are. The old saying, "you can't love others if you don't love yourself", is a true statement. Others may help make you feel better, and distract you from problems you face in life, but that lingering shadow of doubt will always be there. Get rid of it, and learn who you are first, this way when you get into a relationship, people will fall in love with the real you, and not a personality that has been influenced since you were born.



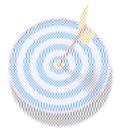
If you are already in a relationship, it doesn't mean you have to do anything drastic. If you have gone through these steps, it will most likely strengthen your relationship, and make life a lot easier to live. Happiness rains upon you when you have conquered your mind and soul; people love being around positivity, negativity is like putting up a shield against the joys of life.

If you are moaning about bad things that happen or life being treated badly, stop and realise you are alive, and feel the sensations of what is free in life, those things are real, you can get buzz and warmth from emotions, and they don't cost a thing. Then once you feel happy, what you were moaning about changes in your view, you can see it more clearly, find solutions not just flag up the problem.

Confidence comes from knowing oneself, it is the gem which allows us to progress and take actions. With these well thought out actions taking place, we can watch our success come alive, and prosper in the new age. Being confident allows you to meet people, cease the day, and create opportunities for yourself.

If you are single and wish to meet someone, you need confidence to make that first move, if you are in any scenario where somebody you are introduced to or see that you'd like to speak to, confidence is that bridge you build, that can bring people into your life. You will then speak to them, get to know them, make conversation, and build a relationship. All through you being confident, and happy with whom you are, and accepting life and appreciating the joys it offers. That's how you gain confidence.

However in an existing relationship, you can secure how your partner feels about you even more so with confidence. Often, a dilemma most couples face is the process of making decisions. It's always, "you decide", "no you decide," "I can't, you're going to have to". Had that conversation before? Thought so, whether you're deciding to see a film and picking which one, or even just deciding where to go or what to do on a particular day. You can change these situations and dilemmas and become more decisive through confidence, letting your partner feel taken care of,



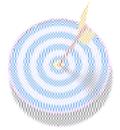
and special. But, do not get pushy with confidence, as there is a boundary, you can become overconfident and blind, ending up foolish. Allow you and you're partner to decide together, this will help you both make more decisions.

Understanding how the world is in modern times is crucial for your success. Being able to adjust and adapt to new things is a great skill to have. Remember, being open to everything will allow you to accept change, and see what it has to offer. You have to give things a chance in life, because otherwise you may miss out on a rollercoaster of experiences.

Technology is a big area in modern times, it doesn't necessarily mean you have to use it, or enjoy it, or have much to do with it, or you may enjoy it, there's nothing wrong with that at all. It is important to appreciate it though, see the potential in it, you can get great thoughts and ideas through thinking on new discoveries and inventions, it creates a buzz inside you, that's called life. You can relate this to anything, not just technology, most of the things in this book are mere examples, you need to think outside the box, everything in life can be related, there are connections to everything, and it's almost like a huge map.



A common misfortune amongst people these days is getting the career they wish for. Where economies aren't doing great and money is becoming tight, people are starting to look elsewhere for work. Dead end jobs are becoming extinct in some areas, and in fact it's forcing some people to do what they would like to do for money, of course there are still cases of people being stuck in jobs they hate, but opportunities are widely available these days. It comes down to your outlook on life and mindset once again. Being positive will allow you to follow your dreams, take



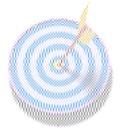
knocks, use trial and error to your advantage, and eventually reach your goals. Don't view life in that black and white manner, in which you can't succeed, or think up excuses of why you can't, everyone knows them. You can't succeed unless you have money; you can't do that if you're like this or that. It's all negative trash talk; people can do anything they like.

Like mentioned in chapter three, wealth can help get you the fruits of life, and be your ticket to experience things you enjoy. If you are centered in yourself, understand what you like doing with hobbies and interests, you can aim for that career which suits you. And it can be obtained, through carrying the right mindset. Be determined, don't get distracted, keep a clear calm head, and focus on what you have to do.

This way, the outcome is you try and try until you reach your goals, leaving you happy, successful and wealthy. If you find a problem with something, don't sit and dwell on the negative side, you've done that by discovering the fault, see all faults as opportunities to learn something new, and fix problems. Each problem has a solution, we all love solutions, so why do we always concentrate on the problems? Stop wasting time and bringing yourself down with all these faults, and fix them, which will fix you into thinking positively and feeling better towards life.

There are many traps along the road to succeeding in careers of your own choice, people give up too often. Others can influence your decisions by telling you it'll never happen, or it's a bad idea, they tell you it so much, you start to believe them, which is fatal, trust thyself. Did you know most people give up just as they are on the brink of success? They can see the finish line, yet fall down. Do not give up, if you have the belief and passion, you will succeed in acquiring your dream career.

And now one of the most important points of all. **BALANCE**. Balance is the one thing that will keep you level headed. Find a balance in everything you do, and you will achieve happiness in all areas. This is what those rich greedy people have failed in,

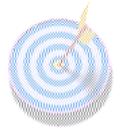


they concentrated too much on making money, that their balance was uneven towards friends, family and life, that they have become unhappy, yet very successful with money. This is not good. See that you find balance in all you do, and then you will be happy and successful in all areas, making you an overall success as a human.

Try not to label yourself to one area, another old saying, "don't put all your eggs in one basket", or, "dip your finger in as many pies as you can", these sayings are so truthful. You always have to keep all options open, and find a balance in all that you do. Say for example, you would like to do music as a career, and wanted to be a performer. You already have a family and partner, but still have this burning ambition to pursue. If you got the opportunity to make it big, and live that ambition, it would all depend on how your family reacts that will enable you to be happy. If they make sacrifices and come with you, you can be happy; as you have everything you want and need around you. Yet if they can't go with you, and you are away all the time, you will be unhappy, as you will miss them, and live an unbalanced life.

Its one extreme to the other, so what can you do? Find a BALANCE, it is the only way you will be happy, and still a success. It may seem odd to think that you can pursue something you know you want to, but if something is there that you also love, it is up to you to find a balance in it. If you didn't have anything else you needed to stay for, you could go, and see where it takes you. Learning lessons in life will make you stronger, wiser and more humble in your approach to situations.

At the end of it all, you are the one who steers the ship of life for yourself. The choices you make in life, will shape you, and mould everything into how it was always meant to be. Once you come to terms with this, you realise that really there is nobody to blame for your mistakes or faults, nobody to point the finger at, nobody to congratulate on your successes EXCEPT yourself! Where you have learnt to blame yourself, learn to praise yourself too, this way you can tend to all areas of your being, and allow them to grow.



There is a difference in praising yourself and pride. You need not any pride, it is an ugly thing. If you have pride, you are a closed book; you need to be opened up. You can't learn from anyone or anything if you shut them away all your life. Open up, see what there is to be learnt, take on new things and ideas, this way you are constantly evolving, and becoming a successful human being. But with praise, you can accept that you did something good, and carry on doing good deeds. Doing good for others, gives you a sense of satisfaction, that sensation is you praising yourself, it feels good doesn't it?

Through helping others, we help ourselves, it has always been known that humans like to be helped, even if they don't show it, and they carry this, 'pride', with them all the time. You can break down their guards and help them realise its ok to accept gestures from others.

With today's mad, fast, hectic goose chase of a world we live in, it can be hard to stop, be quiet, and take moments for ourselves to relax. When we've had a long hard day at work or a tiring day in general, when we get in, we usually sit in front of the TV and rot our brains to take our minds off the stresses we face in life. Doing this will end up in bad repetition and routine, which we could do without. It can make you forget you're alive! Instead of coming in from a long tiring day, take yourself into a room, be still, be quiet and meditate.

Meditation rejuvenates the mind, body and spirit, it's like you've been asleep for a whole night after twenty five minutes of mediation. Then you feel like you could do the whole day over again! It's like a fast forward clear your head machine, you simply to it for 25-30 minutes when you have got home, and then you're done.

Taking the time to mediate will allow you to start changing your thought processes. If you are in work you don't really like,





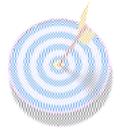
have a family and life is a bit stressful and you want change for the good of your family and most importantly yourself. Doing this meditation will change your outlook of life, give you the clear head you need in order to start making decisions, which will evolve into you being happy and successful. It all starts somewhere; the first step is usually the biggest in any change of currents. So take that first step, relax yourself, clear your mind, don't stew in front of the TV all night, meditate and soon you will see the change in your life.

It can be really good for your health just to meditate in general. After just 25 minutes of meditation your brain waves will have gone from manic electricity, to calm still waves. It gets rid of all stress and anxiety with practice, and as the days go by, 25 minutes out of your day will have changed you. It's advisable to do it when you wake up, and when you get in from work. At night it can be bad as it will give you energy, and keep you up all night!

There are plenty of books, and free videos on the internet, teaching meditation techniques and formulas, even some guided meditations. There is no religious factor with it at all; it's like getting a massage only for your brain. I won't explain any forms of meditation in this eBook as you can find them all over the internet and in shops, any form of meditation is good, none is bad for you. You can get specific meditation for many emotions such as stress, anxiety, depression, health, well being, financial success, and self realization, there are many more.

Some of the best meditation is just by sitting quietly, and thinking of nothing at all, just zoning out in your own world, and thinking upon nothing, clearing your head totally. Most of the meditations you can buy are guided, however you can just do it by yourself once you've learnt the techniques or just still and think of nothing to start with.

Exercising is another form of meditation, and it can take your mind off of things. Thinking positively whilst exercising can give you great energy and motivation. If you



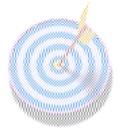
think of all the successes you wish to achieve in life when doing exercises, you will find that you gain a certain forward motion in your workout, and everything becomes very determined. It can help you feel good about you, and the way you look too, loving yourself not with vanity, but because you are taking care of yourself mentally and physically.

It can be any form of exercise, jogging, cycling, swimming, gym workouts, weight lifting, set routines, martial arts etc. All of these and more will give you more confidence in yourself, and help you think clearly, so long as you always have a clear head, you will make good honest decisions in life, and feel successful.

Eating healthily can also benefit you greatly, when you eat junk food, it can affect your mood and status dramatically. When you eat healthy foods, they give you nutrition and energy which put you in fantastic moods, allowing you to feel good about yourself and in yourself. Just by changing your eating habits you can become a much happier person, it will make you think, "if I'm changing the way I eat and it's making me feel this good, I wonder how else I can make myself feel good." Which will shoot you in different directions, showering amazing things over your life.

So, trying to prosper in this new age, means you have to accept the times you live in. Adapt them, use them to your advantage and benefit from it all. Once you get in touch with your individuality, spirit and self, you can then start to see what you want in this new age. Clear vision is essential, only then can you see where you would like to head, what path you want to take, and how you want to ride down it.



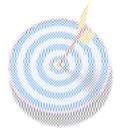


Find a balance in how you approach everything, see that you are happy, and aren't going to regret anything later on. Then move on towards success, feel it grow inside you, as it does, you will feel an overwhelming satisfaction and sense of victory in life. Just imagine that, people think of victories in sports, or competitions. This is a whole other realm of victory, the victory of living a truthful successful life!

You can do anything you want to in life, just believe in it, and don't let anybody water you down. Read this eBook, then read it again and again, read it until you fully understands all parts of it. Each time you read it, you will feel like you've learnt something new. Like some music albums, you don't mind them the first time you listen, the second time you enjoy it, the third time you are in love with it.

Treat this eBook the same. Come back to it if you feel you are getting lost along the way. You have the power within yourself to make all your dreams come true. The secret to absolute success is within yourself, finding yourself and you will find it. It's always been within you, and will always remain there, you just have yet to discover it, so waste no more time, do it now, implement what you have learnt, because the longer you leave it, the longer your success will be prevented.

Chris D' Cruz



**“FINALLY! Proven Success Secrets
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Moguls Revealed For The Very First
Time... And Now You Can Write Your
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