

## FREE BONUS

**Discover How To Get Instant Weight Loss Motivation, Whenever You Need It, So You Are Certain To Reach Your Target Weight.**

[www.weightlossmindpowerforlife.com](http://www.weightlossmindpowerforlife.com)



**Gift 1: Free Weight Loss Motivation Video**

**Gift 2: Free Weight Loss Hypnosis Session**

*First of all thank you for deciding to purchase The Lunch Box Diet. It will truly change your life and I'm super excited for you.*

**As a special bonus**, I want to share a very important video and web site with you that will help you with keeping you motivated.

If you haven't heard of **Harley Street**, it's a very famous street in London with the top therapists in the world.

I managed to grab 30 minutes with Trevor Hoskisson who specialises in NLP / Hypnosis and life coaching and in this rare video he reveals fast, simple techniques that will **help you reach your goal**.

In addition, we're giving you **free self hypnosis weight loss session** - the first of 8 sessions is to take care of your sleep. The rest tackle:

- Weight Loss Motivation Mindset
- Motivation To Exercise
- Emotional Eating / Comfort Eating
- Sugar Cravings
- Staying Focused
- Eating Habits & Overeating
- Stress

Head to [www.weightlossmindpowerforlife.com](http://www.weightlossmindpowerforlife.com) to claim