Gilligan's Island "GLUTTONY" JULY 22, 2012

11 For the grace of God has appeared that offers salvation to all people.
12 It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age

Titus 2: 11-12

BIG IDEA:

AVOID BEING "EATEN UP" WITH EXCESS

How to avoid being eaten up with excess

DON'T DEPRECIATE MY <u>IDENTITY</u>

- Listen to the "CHECK in my spirit"
- My identity or integrity are not up for SALE. EVER!
- Don't trade something of great value for something of no or little value
- Don't focus on the present so much that I <u>IGNORE</u> the future

DON'T ALLOW THE SENSUAL TO RULE OVER THE SPIRITUAL

Undisciplined CRAVINGS lead to exaggerated desires

NOTES to SELF:

NEXT STEPS:

week

 I will remember that I am a child of God and that my identity in Jesus & my integrity are NOT for sale.
 I will work to discipline my cravings and not allow my desires to be exaggerated.
 I will invite 4 people to next weeks new message series "Super Hero's"
I will read 1 Corinthians 9:19-27 in the Bible this