

American Idols

September 23, 2012

8 But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way. **Daniel 1:8**

“Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink. Then compare our appearance with that of the young men who eat the royal food, and treat your servants in accordance with what you see.” **Daniel 1:12-13**

BIG IDEA: Some STUFF is an Idol in my Life

I really need to EXCHANGE some stuff !

The candidates The boot camp training

God prepares the way before we get there

Daniel’s Test Requires:

- 1) A **COMMITMENT** to be pure
 - a. Daily discipline, especially in the midst of their every day Life
- 2) A **PLAN** to accomplish their purpose
 - a. Exchange “bad” stuff for “good” stuff
- 3) **PERSISTANCE** in carrying out the plan
 - b. Encouragement from within their small group

NOTES:

NEXT STEP: Reflect on the following

What stuff do I need to exchange today?

I will exchange _____ for 10 days

and replace with _____

I will take the 10 day Challenge