

LATE NIGHT WRITERS' WORKSHOP

Submission Packet

By

Oscar Madison

35-36 pt. Font Times
New Roman; Centered
Single Spaced

14-15 pt. Font; Times New
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Spaced.

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JAY LENO - MONOLOGUE JOKES

- Anthony Weiner has been on the Internet having obscene chats, and he uses the name Carlos Danger. When Donald Trump heard about it, Trump demanded to see Carlos Danger's birth certificate.
- Another tough day for New York mayoral candidate Anthony Weiner. Or as we know him now, 'Carlos Danger.' I'm no prude, but I think texting obscene pictures crosses the line. Even Geraldo Rivera was like, 'Dude, put some clothes on.'
- I'm conflicted about Anthony Weiner. On one hand, after the pain he caused his family I think he should drop out of the race. On the other hand, his staying makes my job even easier.
- President Obama gave a big speech yesterday on the economy. It was actually longer than his last State of the Union address – though it should be noted that he opened with 20 minutes of Anthony Weiner jokes.
- I have been learning more about this NSA spying scandal. What are the odds that the only person they weren't monitoring was Anthony Weiner?
- Two years ago when Weiner resigned, he said more embarrassing pictures may come out in the future. Do you know how he knew that? Because he went home after that and started texting them. That's how he knew.
- The Vatican announced that the late Pope John Paul II will become a saint after they approve a miracle where he cured a woman of severe brain injury, which is pretty impressive. Not as impressive, though, as the miracle of Anthony Weiner still being married, but that's impressive.

CRAIG FERGUSON - MONOLOGUE JOKES

- There's a new Anthony Weiner scandal. Weiner is running for mayor of New York City. He confirmed yesterday that some new sexually explicit messages have been leaked. He sent them to a woman on Facebook using the code name 'Carlos Danger.' Which is still easier to believe than that other name: Mayor Weiner.
- It was revealed that Anthony Weiner sent nude pictures of himself to this woman using a 'Carlos Danger' Yahoo email address. His wife was shocked. She said, 'You still use Yahoo?'
- The past 24 hours have been so exciting for my wife and I, and we haven't had a chance to respond to everyone's calls and messages, but let me just say, 'Yes, William and Kate, we'll definitely set up a play date.'
- Everybody is still talking about the other baby, the royal baby. In fact, I saw that President Obama released a statement congratulating Prince William and Kate Middleton on the birth of their son. Then he said, 'And whatever you do – hang on to that birth certificate.'
- The show tonight may run a little longer than usual, and I'll tell you why. We have about 300 Anthony Weiner jokes to get through.
- Let me just say this: You know that your campaign is not going well when you open a press conference by saying 'I told you there would be more lewd photos.'
- Weiner says he won't drop out of the race so that means by day he'll be Mr. Mayor, and by night he'll be 'Carlos Danger, Gaucho of Love.'
Carlos Danger — isn't that the guy from the Dos Equis commercials?
- Yes, even after the sexting scandal that ended his congressional career. It turns out he learned nothing. Has this man never heard of SnapChat? Your dong shots disappear seconds after you send them...I have been told.

JIMMY FALLON - MONOLOGUE JOKES

- Before we begin the show, I want to ask everyone to turn off their cellphones. It has nothing to do with our program. We just want to protect you from Anthony Weiner. He may try to send you a text.

- Anthony Weiner has been caught in yet another sexting scandal. At the beginning of this campaign he said that other texts and photos were likely to come out. Well, they have. Finally, a politician who keeps his promises!
- Anthony Weiner said yesterday that he wants closure. If he wants closure he should start with his zipper.
- The Obama administration has admitted that under Obamacare, you might not be able to keep your doctor. At first the president guaranteed you'd be able to keep your doctor, and now they're saying you 'might' be able to. Today Obama changed his slogan from 'Yes we can' to 'Perhaps we could try. Can't promise anything.'

SETH MEYERS – WEEKEND UPDATE JOKES

The 14 percent tax rate Romney paid is less than the 20 percent paid by the average American. How does he pay such a low rate? He claims 47 percent of Americans as dependents.

In an interview Thursday, Ann Romney responded to criticism of her husband's presidential campaign, saying, 'Stop it. This is hard. You want to try it? Get in the ring.' In response, the interviewer entered the race, and is leading Mitt Romney by five points.

A new poll shows that after the Democratic National Convention, President Obama got a four-point bounce in the polls, which means that's he's now only five points behind Bill Clinton.

Obama joked this week that Bill Clinton, who has been campaigning for him, should be appointed to the role of Secretary of Explaining Stuff. Hey, you know what's another good name for that position? President.

In a recent promotion, Mitt Romney is offering donors a chance to win a ride on his campaign plane. But if you know how Mitt Romney travels, this is one contest you don't want to win. (on screen: a picture of someone strapped to the roof of his plane)

In the wake of President Obama's decision to not release pictures of Osama bin Laden's body, a number of new conspiracy theories are surfacing claiming that bin Laden is not really dead. Which means Barack Obama will go down in history as the first black person ever to have to prove that he killed someone.

In the wake of the killing of Osama bin Laden President Obama's approval rating jumped to 56 percent, his highest in two years. Which shows there is literally nothing he can do to please the other 44 percent.

Look, if Donald Trump wants to talk about Obama's birth certificate, what do I care? But if he loves America so much, why does he keep outsourcing the job of his wife?

Dick Cheney presented Donald Rumsfeld with a Defender of the Constitution Award. And, yes, the irony was lost on both of them.

Rep. Michele Bachmann created controversy when she said in a speech that the Founding Fathers worked tirelessly until slavery was no more. Apparently she spent her high school history class looking off to the right of the blackboard.

In her video posted on her Facebook page, Sarah Palin condemned the media's coverage of the Arizona shootings by using the phrase 'blood libel,' which refers to a harsh anti-Semitic slur. And I would be super-offended if I thought she knew that.

This year marks the first Thanksgiving in which travelers will get molested before they get to their uncle's house. , on TSA pat-downs

You know, if I wanted somebody halfheartedly patting my groin without eye contact, I'd get married.

At the dedication of his Presidential Library, George W. Bush said it's long been his dream to build a building for teenagers to drink behind.

SKETCH PACKET

NETWORK NOTES

Conan shares network notes with the audience and tries to address them. EXAMPLES:

- Conan reads: “You need to have more of an emotional connection with the studio audience.” Suddenly, sappy movie music starts to play and rain falls in the studio. The camera cuts between dramatic close ups of Conan and audience members. A single tear trickles down Conan’s face.
- Conan reads: “You need to appeal more to the Hispanic demographic.” Conan whistles and the set turns into a Telemundo style variety show. Bouncy Mexican models in evening gowns dance onto the stage, audience members rush the stage to hit a piñata, a donkey prances on stage with a sleeping guy riding it, and Conan yells excitedly in Spanish.
- Conan reads: “The show needs an animal segment. People love animals.” Then he introduces an adorable kitten (puppet). Almost immediately, a coyote (guy in a coyote suit) attacks the Conan and the kitten, ripping the kitten to pieces and throwing Conan under his desk. Conan climbs back up from the desk a bloody mess and throws to commercial, as the coyote throws him back down.

CONAN TAKES THE SEX & THE CITY TOUR (REMOTE)

Every day, a tour group of about 20 or so women go to the various landmarks of the “Sex and the City” TV show in Manhattan. Conan accompanies the group. Here’s the tour information: <http://www.sceneontv.com/tour.php/satc/> HIGHLIGHTS COULD INCLUDE:

- Conan goes on a shoe shopping spree with the women at the Jimmy Choo boutique – trying on Manolo Blahnik high heels. Frustrated that he can’t walk in the heels, Conan pours whiskey into one of the shoes and starts drinking. He also confesses to the women that he may have a foot fetish and offers to give them foot rubs.
- Conan and the women stuff cupcakes in their mouths and ultimately get into a food fight at the Magnolia Bakery. Conan then insists they have a group hug to make up. The hug lingers for a really uncomfortably long time.
- Conan has a “Sex and the City” type brunch with three women, who discuss their sex lives. Conan claims he’s never had an orgasm and tries to get advice from the ladies.
- The bit ends with Conan giving a Carrie Bradshaw like voiceover, as he types at his computer, with ridiculous puns about the experience. “Shopping with the girls

was a real cashmere-ical. It made me remember what it's like to be in their shoes. Although I may not see them for a while, I know the friendship hasn't sailed away. Even if sex doesn't give me an orgasm, I'll always have the city." A shirtless Chris Noth (or another male cast member of the show) then embraces Conan and asks when he's coming back to bed.

WHEEL OF SWAYZE

Conan says the show is offering a new service giving advice to audience members on their most personal problems. To do this, the show has employed a man known for his sage wisdom, a man whose words have inspired millions: The immortal Patrick Swayze. After an audience member asks a question, Conan spins a wheel, which has several Patrick Swayze movie characters on it. Whichever section of the wheel the needle lands on, the real Patrick Swayze gives the person the advice, which his movie character would have.

- A man in the audience says he was recently passed up for a promotion and wants to know what to do. Conan spins the wheel and it lands on "Dirty Dancing". Swayze tells the guy that "Nobody puts baby in a corner!" and that there's only one way to show his boss who the man for the job is, by dancing! The man immediately grabs an older man standing next to him (his boss) and starts grinding with him. The older man fires him.
- A woman in the audience says she's been dating her boyfriend for five years, but he doesn't want to get married yet. Conan spins the wheel and it lands on "Roadhouse". Patrick Swayze tells the woman she should "break a fucking bottle over that cheating bastard's head." The woman insists that her boyfriend isn't cheating, but Patrick quickly silences her, by tossing her over the railing and then throwing her off stage, telling her to get the hell out of his bar. "Next question!"
- A ghost in the audience (covered in a white sheet) says he's worried about his living girlfriend and wants to make sure she still loves him. The wheel lands on "Ghost". Swayze says the ghost should go to her apartment and watch over her. The ghost then asks "yeah, but how do I make sure she really still loves me. You know, how do I put it in her?" Swayze says he could consult a psychic, but the ghost interrupts and says "But is there any kind of activity I could do? Anything you could show me how to do?" Swayze says nothing comes to mind. Annoyed, the ghost takes off his sheet to reveal Max standing in his underwear, holding a pottery wheel. He says, "Okay, you got me; I'm not a ghost! But Jesus, what does a guy have to do to get you to take your clothes off and throw clay at him? You pompous jerk!"

BRENT HOFF, FOUND ARTIST

Conan says that in an effort to broaden the audience's cultural experience, he's going to bring out a hot new artist – Brent Hoff. He's never seen Brent's work, but he's all the

rage of the NY art world. Brent enters, dressed in all black, and explains that after years of searching for a pure, true art form, he's finally found it – “found art”. He wants to show Conan some of his favorite pieces: All of which are clearly items that he has stolen from Conan's house.

- The first piece is a large plasma TV with a Persian rug draped over it. Brent explains that these are both found items, which together “symbolize TV's influence on Middle Eastern politics.” Conan comments that he owns that same plasma TV and a similar rug.
- The next piece is a trophy case, which features several awards. Before Brent can even explain what the piece is, Conan realizes that it's his trophy case and his awards. Brent insists that it's not stolen, it's found art, which symbolizes “Man's obsession with fame”, and he then chastises Conan for being so superficial.
- Conan demands that Brent give him his stuff back, insisting this is robbery, not art. Brent disagrees and reveals the next item: A stack of comic books and a trashcan. Brent immediately rips the comic books and throws the pieces in the trash. Conan is outraged: “What are you doing?! That's my comic book collection. Some of those are worth hundreds of dollars!” Brent says, “I call this piece ‘Ripping up Conan O'Brien's Comic Books’. It's quite symbolic.” Conan calls for security.
- A beautiful woman comes out. Brent says she is his latest work of art, because he recently found her. Conan is outraged and says this woman is his girlfriend. The woman yells at Conan and explains: “Before Brent broke into our apartment, I was an empty vessel. Now I am art! Why do you hate art, Conan?!” She slaps Conan, kisses Brent, and walks off with him.

GRAYBEARD, PIRATE MESSENGER

Conan says he's been having a lot of personal issues lately that he doesn't want to deal with head on and he recently hired someone to have the awkward conversations for him. Conan says the person was recommended by a friend and is a little unconventional. Conan brings him out – the man is a pirate named Graybeard. Conan admits that initially he was concerned, because Graybeard is a little “quirky” but he's been pleasantly surprised with the great job Graybeard has done. Conan throws to footage.

- Graybeard fires a Late Night employee – he tries to let them down easy, but quickly insults the employee calling them a “No good scallywag and a scurvy bastard through and through.” After the guy tries to defend himself, Graybeard forces the guy to “walk the plank”, which actually means jumping out the window.
- Graybeard shows up at Conan's parents' house and explains to Conan's mother that Conan is putting her in a nursing home. When Conan's mother protests,

several other pirates storm the house, tie her up, and carry her away.

- Graybeard breaks up with Conan's girlfriend for him, very awkwardly. He tries to console her with metaphors about sailing, but it doesn't seem to work. She blows her nose on his parrot.
- Back in the studio, Conan admits that he feels bad about having Graybeard do his dirty work for him after seeing his girlfriend so upset. Graybeard then tells Conan that Conan's girlfriend actually hired Graybeard to give Conan a message. The pirate immediately stabs Conan, then sits at the desk and throws to the break.

GUIDED MEDITATION WITH JOEL

Conan is about to reveal who the guests are for the rest of the week, but then drops his enthusiasm and tells the audience that he's been really stressed out and exhausted lately. Joel chimes in and says that Conan should really try guided meditation. Joel says he teaches a class and can help. All Conan has to do is close his eyes and concentrate on his breathing. Joel then gives guided meditations that start off calming and serene, but quickly turn disturbing.

- JOEL: You're on a beautiful tropical island. Listen to the waves of the ocean crashing against the rocks. Feel the breeze. Watch out for those shards of glass, you could cut yourself. Look at the well-toned Latin men in their Speedos. They're taking their Speedos off. Who knew this was a nude beach. What luck! Look at them rubbing tanning oil all over each other. Rubbing, rubbing, rubbing!
- CONAN: Joel, stop it! That's not relaxing me. That's disgusting me.
- JOEL: Sorry Conan. My class loves that one. Let me try another one. Just close your eyes and concentrate on your breathing.
- *Conan does.*
- JOEL: You're walking through a beautifully preserved Brazilian rain forest. Feel the rain fall ever so gently on your face. Listen to tropical birds cooing for their mates. Stop at that tree of Brazil nuts. Its okay, you can eat one. Oh no, here come the loggers. They're about to cut down all the trees! They say they'll shoot at anyone who stands in their way. Run, run for your life! There's an aboriginal tribe with bows and arrows coming from the other direction. Bullets are flying! Oh my God, you're stuck in the cross-fire!
- CONAN: Joel! What are you doing? That's not relaxing at all. That was like a bad dream.
- JOEL: I don't know why that didn't work for you. Let me try one more. This one never fails at the class. Close your eyes—
- CONAN: I know, I know.
- JOEL: You're in a Vietnamese prison camp. Hope for escape is at an all-time low. You've had nothing to eat for weeks except the rotted flesh of your former lieutenant's corpse.
- CONAN: That's it! I'm done with this guided meditation. I'm twice as wound up as I was before. Where the hell do you teach this class anyway?

- JOEL: At home in front of GI Joe dolls. They love it.
- CONAN: We'll be right back. I need sponge bath.
- JOEL: I'm also a registered nurse.

FAILED SPOKES-CHARACTERS

Conan explains that while many products have spokes-characters who we know and love, many more have spokes-characters who never made it to air. These characters enter and we quickly see why they never made it to air.

- MALLORY, THE GIGGLING TEENAGE HOME PREGNANCY TEST: This 16 year old girl, dressed as a home pregnancy test giggles as she tries to explain how good her product is. "If your aunt flow [giggle, giggle] has been on vacation for a few days [giggle, giggle] and you want to know for sure that you're not eating for two [giggle, giggle], just tinkle on me! Water then falls all over her and she starts laughing hysterically, as she turns blue. "Not pregnant [laugh, laugh]!"
- HORACE, THE CANIBALISTIC COW: This cow only has one thing on its mind – eating the flesh of other cows. The cow runs on-stage, stabs another cow, and starts viciously eating it. With blood on its mouth the cow announces to the audience "Omaha steaks are so delicious, even I can't get enough of them!" He then starts biting off his own leg.
- THE IBS STRIPPER: There are several IBS drugs on the market and at present none of them has a clever spokesman. This wasn't always the case, however, as the IBS Stripper was once hired by a major drug company, only to be fired shortly thereafter. This hot woman comes out and gives a guy a lap dance, but in the middle – as he's getting really turned on – she starts farting and runs out screaming "I've got the runs. I should've taken Zelnorm!"

MOUSTACHE INSPECTION

Conan begins to name the guests for upcoming shows, when a man in a Ghostbusters like uniform runs onto the stage. The man is Ryan Turner, Moustache Inspector.

- RYAN: Folks, I'm sorry to interrupt, but it's come to my attention that this theater is six months overdue for its yearly moustache inspection.
- CONAN: What are you talking about? Who are you?
- RYAN: Sir, sir please calm down. Getting upset isn't going to help the situation. I'm Ryan Turner, moustache inspector. I work for the city. This is a perfectly routine moustache inspection. Let's just hope I don't have to write anyone a ticket like I did at that taping of "The View". That Joy Behar needs a license for that weapon on her upper lip.
- Ryan immediately rummages through the set, inspecting Conan, the band, etc. He inspects LaBamba's moustache and says, "The left half is a third of a millimeter

longer than the right; you are a disgrace to the moustache community!” And then writes him a ticket with a machine similar to the ones meter maids use.

- Ryan climbs into the audience and starts inspecting the moustache of every man in the audience. He tells one man: “This one’s okay. Your goatee is a monstrosity, but that’s not my jurisdiction.” He writes another man a ticket, saying: “Looks like you’ve be giving out moustache rides without a license. That’s a fifty dollar fine.” He tells a woman: “You’re a woman – shave that thing!” He then rips off one guy’s fake moustache, chastises him, and then writes him a ticket.
- Suddenly, Ryan’s equipment goes berserk. He tells Conan there’s “a code red emergency.” He stops at an unsuspecting audience member and announces that the man’s moustache is possessed. Ryan is going to have to perform an emergency moustache exorcism.
- Ryan then proceeds to speak in tongues and almost magically raise the moustache off of the man’s face. There’s a poof of smoke and the moustache (puppet) jumps out of the air and runs on the stage yelling, “You’ve freed me you fool!”
- Ryan immediately chases the moustache all the way off-stage, trying to catch it in a butterfly net. After an awkward moment, Ryan returns, looking as if he was almost killed by a bear, and holding the moustache in an airtight plastic container. He announces that the show is safe from evil moustaches. “But next time get your inspection done on time!”

VINCENT LUPINO, THE INAPPROPRIATE TIPPER

Joel says there’s someone celebrating his 60th birthday in the audience tonight and asks Conan if he can bring him out. He’s Joel’s cousin and best friend, Vincent Lupino.

- The band plays Vincent onto the stage. As Vincent enters, he tips the band-members each a few dollars. He only gives LaBamba a nickel. The band members are perplexed.
- Vincent comes on stage and thanks Conan for having him. After shaking Conan’s hand, Vincent not so discreetly sticks a brick of gold in Conan’s pocket. Conan protests, but Vincent refuses to take back the tip. Conan’s worked hard and he’s earned it.
- Vincent stares longingly at the female guest sitting on the couch and says, “You have beautiful breasts”. He then stuffs a wad of cash in her cleavage. Conan is angry and tells Vincent his time is about up. Vincent begs Conan to sing a song and Conan concedes, to which Vincent hands him a large smoked salmon, which Vincent claims is top of the line.

- Vincent starts to sing a song, but quickly has a heart attack. EMTs rush onto the stage and tend to Vincent. As they try to revive him, he tips the EMTs, but then quickly dies.
- There's a poof of smoke and the Grim Reaper appears. Vincent's spirit rises, hands the Reaper a wad of cash, and says, "What do you say, you take me upstairs instead of downstairs. Nobody has to know." The Reaper shrugs and pockets the money.

THE LATE NIGHT CHEERLEADERS

Conan explains that he's been very disappointed with the work of his staff as of late. As such, Conan has hired the cheerleading squad of a local community college to come to the office to give positive reinforcement. He's had hidden cameras in the office all week and is going to show the audience just how well his plan has been working. He throws to clips.

- A woman angrily hits a fax machine, trying to get it to work. The cheerleaders cheer her on: "Fix that machine / make it work / if you can't / you'll look like a jerk!" The woman gets increasingly frustrated and throws the fax machine out the window.
- A guy is in a bathroom stall taking a crap and the cheerleaders cheer him on from outside the stall: "Squeeze that turd / drop that deuce / eat more fiber / so your stool is loose!"
- An accountant furiously shreds documents and the cheerleaders cheer him on: "Shred those papers / burn that fax / steal petty cash / and cover your tracks!" The accountant tries to get them out of his office, but they just keep cheering, until the accountant douses the floor with lighter fluid and is about to light a match.
- Joel gets a full body massage from a grossed out intern. The cheerleaders cheer the frightened kid on: "Work Joel's back / oh, what bliss / you're not getting paid / just college credit for this!" The kid continues to massage Joel, but cries as the cheerleaders finish their cheer.
- Conan is in his office yelling at a PA. The cheerleaders burst in. "Fire that kid / be so bold / put him on the street / cause your coffee's cold!" Conan then realizes that the camera is on and quickly tries to cover his face and get the cheerleaders out of his office.

CONAN'S BIG SUMMER MOVIE

This recurring short bit would show a 1-2 minute scene that makes little sense out of context, but is a part of a huge summer movie Conan is allegedly working on. Each of the scenes is over-the-top and makes fun of the conventions of a specific genre (or several). EXAMPLES:

- **VAMPIRE SCENE:** Wearing a police uniform, Conan is on the roof of a building, holding onto Max – his partner – who has been shot and is hanging onto Conan's hand, about to fall to his demise. Max tells Conan that he's not going to make it and there's something Conan needs to know. His voice is fading, barely a whisper. With all of his strength, Conan brings Max closer, almost on the roof. When he does, Max's eyes turn yellow and he bites Conan's neck. Conan screams as Max falls from the building, laughing. In mid-air he turns into a bat and flies off. Conan feels the blood on his neck as a Woman holding a baby approaches Conan and says, *"Chip, thank God you're alive!"* CONAN: *"I only wish my partner could have made it with me. I'll avenge your death Vespoli! I'll catch those damn Colombian drug lords!"* The woman then embraces Conan and he bites her neck! Then he grabs the baby and bites it's neck! Blood trickles from Conan's mouth, as he unleashes an evil laugh, his eyes turn yellow, and we fade out.
- **THE MONTAGE:** Upbeat 80s music plays as Conan is training for something. He jumps rope, runs on the beach, lifts a car over his head, participates in an aerobics class straight out of the 80s, and makes a disgusting smoothie out of raw eggs, sardines, frozen hot pockets, a human hand, etc. As he runs triumphantly up the steps of a monument, the music changes to fun romantic music. The woman approaches and she and Conan lock eyes romantically for a few beats before we move onto romantic scenes of her and Conan together: She and Conan share an ice cream cone, a bundle of balloons lifts the woman in the air and Conan pulls her down, they wrestle in pudding together, they take turns kicking a hobo – laughing and kissing between beating the man, etc. The music then changes again to gritty action movie music as Conan and the woman look intensely in each other's eyes, before Conan storms off, leaving her crying. We then show Conan in a dark room. He is wearing a military uniform, putting progressively more and more weapons on his body – guns and ammo everywhere, knives everywhere including in his orifices, ninja stars, 2 X 4s, a large sack of potatoes, etc. Finally, when Conan has so many weapons on him that he can barely walk, he slowly walks into the sunset and we fade out.

Student Note: (Not to be included with the package): This next sketch is written in an alternative sketch format. Different shows use different formats. Notice the formatting of the names and the dialogue. The names and the dialogue are double-spaced. This let's producers know that this is a multi-cam shot and the double spaced dialogue works out to approximately 30 seconds per page.

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CONAN is about to reveal who the guests are for the rest of the week, but then drops his enthusiasm and tells the audience that he's been really stressed out and exhausted lately.

JOEL chimes in and says that Conan should really try guided meditation. Joel says he teaches a class and can help. All Conan has to do is close his eyes and concentrate on his breathing. Joel then gives guided meditations that start off calming and serene, but quickly turn disturbing.

JOEL

You're on a beautiful tropical island. Listen to
the waves of the ocean crashing against the
rocks. Feel the breeze. Watch out for those
shards of glass, you could cut yourself. Look at
the well-toned Latin men in their Speedos.
They're taking their Speedos off. Who knew
this was a nude beach. What luck! Look at
them rubbing tanning oil all over each other.
Rubbing, rubbing, rubbing!

CONAN

Joel, stop it! That's not relaxing me. That's
disgusting me.

JOEL

Sorry Conan. My class loves that one. Let me try another one. Just close your eyes and concentrate on your breathing.

CONAN BREATHE

JOEL

(CONT'D)

You're walking through a beautifully preserved Brazilian rain forest. Feel the rain fall ever so gently on your face. Listen to tropical birds cooing for their mates. Stop at that tree of Brazil nuts. Its okay, you can eat one. Oh no, here come the loggers. They're about to cut down all the trees! They say they'll shoot at anyone who stands in their way. Run, run for your life! There's an aboriginal tribe with bows and arrows coming from the other direction. Bullets are flying! Oh my God, you're stuck in the cross-fire!

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I don't know why that didn't work for you.
Let me try one more. This one never fails at
the class. Close your eyes-

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I know, I know.

JOEL

You're in a Vietnamese prison camp. Hope for
escape is at an all-time low. You've had nothing
to eat for weeks except the rotted flesh of your
former lieutenant's corpse.

CONAN

That's it! I'm done with this guided meditation.
I'm twice as wound up as I was before. Where
the hell do you teach this class anyway?

JOEL

At home in front of GI Joe dolls. They love it.

CONAN

We'll be right back. I need sponge bath.

JOEL

I'm also a registered nurse.