



# PRESCHOOL PLAN IT

*Search It. Find It. Plan It.*

## Developmental Checklists for Preschool

This packet includes a developmental checklist for 3-4 year olds, 4-5 year olds and a general checklist for you to use while observing your children.

Enjoy! ~~Miss Cheryl

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Preschool Progress Report

Completed by: \_\_\_\_\_  
Term: Fall Spring  
N = Not observed in class

KEY: M = most of the time S = some of the time N = Not observed in class

### PERSONAL/SOCIAL DEVELOPMENT

- Separates from parents without difficulty
- Expresses feelings verbally in an appropriate manner
- Enjoys being with other children
- Initiates activity/play with others
- Respects rights and feelings of others

### SELF-HELP SKILLS

- Makes activity choices without teacher's help
- Cares for bathroom needs independently

### PLAY HABITS

- Shows interest/attention in classroom activities
- Shares and cooperates with others
- Displays enthusiasm about accomplishments
- Cooperates in classroom clean-up

### LANGUAGE AND LITERACY DEVELOPMENT

- Speaks clearly enough for adults to understand
- Speaks in complete sentences and in proper order
- Takes part in conversations with other children
- Participates in songs and finger plays
- Attentive during circle time/story time

### Developmental Checklist 4-5 Years Old

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Completed by \_\_\_\_\_ Today's Date \_\_\_\_\_

#### Physical Development

##### Large Motor Skills

- ☐ Balances on one foot for 5-10 seconds
- ☐ Jumps over a stationary rope held 6" above the ground
- ☐ Pedals tricycle around obstacles and sharp corners
- ☐ Catches a ball in hands, arms flexed
- ☐ Hops around on one foot without support
- ☐ Walks backward
- ☐ Throws a ball with accuracy
- ☐ Jumps a moving rope

##### Small Motor Skills

- ☐ Holds a paper in place with one hand while writing with the other
- ☐ Cuts with scissors along a thick, straight line
- ☐ Draws recognizable pictures
- ☐ Draws or copies square
- ☐ Laces shoes or lacing board
- ☐ Cuts with scissors following a simple outline

#### Cognitive Development

- ☐ Counts to 10 by rote
- ☐ Names a picture that has been hidden
- ☐ Comprehends concept of opposites
- ☐ Matches objects with use or function
- ☐ Works a 12-piece puzzle
- ☐ Draws a two-part or three-part person
- ☐ Counts 4 objects
- ☐ Identifies 4 colors when named
- ☐ Identifies a circle
- ☐ Extends sentences logically

#### Social Development

- ☐ Asks for help when needed
- ☐ Engages in cooperative play with small groups of children frequently
- ☐ Gives attention to stories for 10-15 minutes
- ☐ Says "please" or "thank you" without reminders
- ☐ Joins in mealtime conversations
- ☐ Initiates friendships with peers

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Each checklist is 2 pages long.

### Developmental Checklist 3-4 Years Old

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Completed by \_\_\_\_\_ Today's Date \_\_\_\_\_

#### Physical Development

##### Large Motor Skills

- ☐ Runs quickly
- ☐ Jumps 6-8" off ground
- ☐ Pedals tricycle
- ☐ Hops
- ☐ Walks backward
- ☐ Throws a ball
- ☐ Jumps

##### Small Motor Skills

- ☐ Draws or copies vertical and horizontal lines
- ☐ Draws or copies a complete circle
- ☐ Builds with blocks and other building toys
- ☐ Strings 1" beads
- ☐ Cuts paper into two pieces with scissors
- ☐ Draws or copies two lines with scissors
- ☐ Puts together nine-piece (or larger) puzzles

#### Cognitive Development

- ☐ Counts to 10 by rote
- ☐ Names a picture that has been hidden
- ☐ Comprehends concept of opposites
- ☐ Matches objects with use or function
- ☐ Works a 12-piece puzzle
- ☐ Draws a two-part or three-part person
- ☐ Counts 4 objects
- ☐ Identifies 4 colors when named
- ☐ Identifies a circle
- ☐ Extends sentences logically

#### Social Development

- ☐ Enjoys singing and doing finger plays with others
- ☐ Greets familiar people
- ☐ Engages in simple group games
- ☐ Helps with clean-up activities
- ☐ Begins to take turns
- ☐ Gives attention to stories for 5-10 minutes
- ☐ Plays interactive games
- ☐ Plays with peers with minimal conflict
- ☐ Interacts with peers in a socially appropriate manner
- ☐ Interacts with adults in a cooperative, socially appropriate manner most of the time
- ☐ Asks permission to use items belonging to others

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## **Developmental Checklist 3-4 Years Old Page 1 of 2**

**Child's Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Completed by** \_\_\_\_\_ **Today's Date** \_\_\_\_\_

### **Physical Development**

#### ***Large Motor Skills***

- ☐ Jumps over obstacles when running
- ☐ Jumps down from object 6-8" off ground
- ☐ Throws a ball a distance of 2 yards or more
- ☐ Catches a 6"-8" ball using arms
- ☐ Balances on one foot for 4-5 seconds
- ☐ Hops on one foot at least 2 times
- ☐ Walks up and down stairs unassisted, one foot per step
- ☐ Throws a ball overhanded and underhanded for a distance of 2 yards or more

#### ***Small Motor Skills***

- ☐ Draws or copies vertical and horizontal lines
- ☐ Draws or copies a complete circle
- ☐ Builds with blocks and other building toys
- ☐ Strings 1" beads
- ☐ Cuts paper into two pieces with scissors
- ☐ Draws or copies two lines that cross
- ☐ Puts together nine-piece (or larger) puzzles

### **Cognitive Development**

- ☐ Draws faces
- ☐ Can sort by two different colors
- ☐ Recalls familiar objects
- ☐ Counts to 3 by rote
- ☐ Classifies objects by category
- ☐ Can match identical pictures
- ☐ Can select different object from combination of 2 alike and one different
- ☐ Counts 3 objects
- ☐ Can match 2 colors
- ☐ Knows one gender
- ☐ Can give "one more" when asked
- ☐ Knows concept of "empty"
- ☐ Understands question, "What do you do when you are \_\_\_\_?"

### **Social Development**

- ☐ Enjoys singing and doing finger plays with others
- ☐ Greets familiar people
- ☐ Engages in simple group games
- ☐ Helps with clean-up activities
- ☐ Begins to take turns
- ☐ Gives attention to stories for 5-10 minutes
- ☐ Plays interactive games
- ☐ Plays with peers with minimal conflict
- ☐ Interacts with peers in a socially appropriate manner
- ☐ Interacts with adults in a cooperative, socially appropriate manner most of the time
- ☐ Asks permission to use items belonging to others

## **Developmental Checklist 3-4 Years Old Page 2 of 2**

### **Emotional Development**

- ☐ Able to recover from anger or temper tantrums and be cooperative and organized
- ☐ Separates from parent without reluctance
- ☐ Verbalizes emotions he or she is feeling
- ☐ Expresses displeasure with words rather than physical aggression
- ☐ Verbalizes consequences of behaviors
- ☐ Maintains an appropriate, stable temperament most of the time
- ☐ Begins to differentiate between fact and fantasy
- ☐ Recognizes emotions in others

### **Language Development**

- ☐ Gives own first and last name
- ☐ Names three common actions
- ☐ When given a choice, names preferred object or activity
- ☐ Begins asking purposeful questions
- ☐ Uses complete sentences consistently
- ☐ Tells of a simple experience
- ☐ Sings a simple song
- ☐ Asks a variety of Questions using 'who', 'what', 'where', etc.
- ☐ Tells a story using pictures
- ☐ Answers "if this...then what" questions
- ☐ Delivers a one-part verbal message

### **Steps Along the Path of Creativity Development**

- ☐ Pretends an action without taking a role
- ☐ Assigns roles or takes assigned roles
- ☐ Takes on characteristics and actions of role
- ☐ Needs particular props to do pretend play
- ☐ Can pretend with imaginary objects

### **Steps Along the Path of Art Skill Development**

- ☐ Makes random marks on paper
- ☐ Makes controlled scribbles
- ☐ Makes basic shapes
- ☐ Combines circles and/or squares with crossed lines
- ☐ Makes suns
- ☐ Draws a person as sun-face with arms & legs
- ☐ Draws animals, trees, flowers
- ☐ Draws objects together in a picture

**Teacher Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Developmental Checklist 4-5 Years Old Page 1 of 2

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Completed by \_\_\_\_\_ Today's Date \_\_\_\_\_

### Physical Development

#### *Large Motor Skills*

- ☐ Balances on one foot for 5-10 seconds
- ☐ Jumps over a stationary rope held 6" above the ground
- ☐ Pedals tricycle around obstacles and sharp corners
- ☐ Catches a ball in hands, arms flexed
- ☐ Hops around on one foot without support
- ☐ Walks backward
- ☐ Throws a ball with accuracy
- ☐ Jumps a moving rope

#### *Small Motor Skills*

- ☐ Holds a paper in place with one hand while writing with the other
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- ☐ Draws recognizable pictures
- ☐ Draws or copies square
- ☐ Laces shoes or lacing board
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### Cognitive Development

- ☐ Counts to 10 by rote
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- ☐ Comprehends concept of opposites
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- ☐ Draws a two-part or three-part person
- ☐ Counts 4 objects
- ☐ Identifies 4 colors when named
- ☐ Identifies a circle
- ☐ Extends sentences logically

### Social Development

- ☐ Asks for help when needed
- ☐ Engages in cooperative play with small groups of children frequently
- ☐ Gives attention to stories for 10-15 minutes
- ☐ Says "please" or "thank you" without reminders
- ☐ Joins in mealtime conversations
- ☐ Initiates friendships with peers

## **Developmental Checklist 4-5 Years Old Page 2 of 2**

### **Emotional Development**

- ☐ Sees humor in everyday situations
- ☐ Shows increasing levels of positive interactions and friendliness in small-group settings
- ☐ Responds to a specific need/desire when expressed by another child
- ☐ Verbalizes and is comfortable expressing a wider variety of emotions
- ☐ Openly and warmly expresses affection to other children
- ☐ Comforts other children
- ☐ Is able to return to equilibrium after experiencing stress
- ☐ Exhibits concerns for fairness in what happens to others by sharing and/or taking turns

### **Language Development**

- ☐ Gives own first and last name
- ☐ Follows two-step directions
- ☐ Demonstrates understanding of difference between "is" and "is not" by pointing to objects
- ☐ Describes objects by function
- ☐ Uses possessive forms of nouns
- ☐ Uses a series of conjunctions
- ☐ Averages five-word sentences in conversations
- ☐ Repeats a series of four-digit numerals
- ☐ Names at least six animals when asked to name all of the animals he/she can think of
- ☐ Shows an interest in new or novel words
- ☐ Describes items and/or actions in books

### **Steps Along the Path of Creativity Development**

- ☐ Pretends an action without taking a role
- ☐ Assigns roles or takes assigned roles
- ☐ Takes on characteristics and actions of role
- ☐ Needs particular props to do pretend play
- ☐ Can pretend with imaginary objects

### **Steps Along the Path of Art Skill Development**

- ☐ Makes random marks on paper
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- ☐ Draws a person as sun-face with arms & legs
- ☐ Draws animals, trees, flowers
- ☐ Draws objects together in a picture

**Teacher Comments:** \_\_\_\_\_

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**Preschool Progress Report**

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Completed by: \_\_\_\_\_

Date completed: \_\_\_\_\_

Term: *Fall*      *Spring*

<b>KEY: M = most of the time   S = some of the time      N = Not observed in class</b>
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***EMOTIONAL/SOCIAL DEVELOPMENT***

- \_\_\_\_\_ Separates from parents without difficulty
- \_\_\_\_\_ Expresses feelings verbally in an appropriate manner
- \_\_\_\_\_ Enjoys being with other children
- \_\_\_\_\_ Initiates activity/play with others
- \_\_\_\_\_ Respects rights and feelings of others

***SELF-HELP SKILLS***

- \_\_\_\_\_ Makes activity choices without teacher's help
- \_\_\_\_\_ Cares for bathroom needs independently

***PLAY HABITS***

- \_\_\_\_\_ Shows interest/attention in classroom activities
- \_\_\_\_\_ Shares and cooperates with others
- \_\_\_\_\_ Displays enthusiasm about accomplishments
- \_\_\_\_\_ Cooperates in classroom clean-up

***LANGUAGE AND LITERACY DEVELOPMENT***

- \_\_\_\_\_ Speaks clearly enough for adults to understand
- \_\_\_\_\_ Speaks in complete sentences and in proper order
- \_\_\_\_\_ Takes part in conversations with other children
- \_\_\_\_\_ Participates in songs and finger plays
- \_\_\_\_\_ Attentive during circle time/story time

## ***COGNITIVE***

- \_\_\_\_\_ Recognizes basic geometric shapes
- \_\_\_\_\_ Recognizes colors
- \_\_\_\_\_ Understands concept of size (big, bigger, biggest)

## ***GROSS MOTOR DEVELOPMENT***

- \_\_\_\_\_ Can hop, jump, climb, run
- \_\_\_\_\_ Shows good balance

## ***FINE MOTOR DEVELOPMENT***

- \_\_\_\_\_ Uses drawing/writing tools with control
- \_\_\_\_\_ Uses scissors with control
- \_\_\_\_\_ Shows control with glue, paint, and play dough
- \_\_\_\_\_ Picks up and manipulates objects with ease



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