## When a Worker Suffers an Injury Be Prepared to Reduce Costs and Return Your Worker to Work

ealth and safety are a company-wide concern. For your worker, resuming work is an important part of the physical and emotional rehabilitation process. Having a solid and supportive injury management process in place can create stronger worker-employer relationships. Above all, it creates a corporate culture of health and safety that is a win/win for workers and employers.

## **Before the Claim:**

- 1. Develop and implement a Return-to-Work program
- 2. Establish a relationship with an Occupational Clinic
- 3. Establish relationship with Independent Nurse Case Manager
- 4. Appoint a Program Coordinator
- 5. Build an Alternative Duty Job Bank
- 6. Write a formal Safe Room Job Analysis for each job

## When an Injury Occurs:

- 1. Report Injury within 1 hour to Program Coordinator
- 2. Confirm that First Notice of Injury is sent to Insurance Company and Agency
- 3. Provide Worker with prompt and aggressive medical treatment
- 4. Have Program Coordinator accompany injured worker to Clinic
- 5. Provide Worker Injury packet to treating physician which includes information about Return-to-Work program, and alternate duty jobs; Return-to-Work Authorization form and Work Restrictions form
- 6. Utilize your Return-to-Work program
- 7. Aggressively use Independent Nurse on *red flag* claims
- 8. Maintain constant communications with Employee until she/he returns to work
- 9. Complete, post and maintain OSHA 300 forms
- 10. Secure Return-to-Work Authorization form from Doctor



