



September Salon Journal Prompts

1. *Which of the 10 back-to-school tips in the private podcast most resonated with me?*

2. *What steps can I take to bring them to life?*

3. *How can September serve as a new beginning for me?*

4. *How do I want to feel by the end of this month?*

5. *What do I want to learn, explore, discover, or shift this month?*