



LAW 6 — MEETING 6

The Law of Environment

Growth Thrives In Conducive Surroundings

I. Time For A Change

II. Change Depends On Your Choices

A. Choices when it comes to change:

A list of areas that may nurture you: Evaluate these on how they list you up even if you are not receiving in one or more of the areas: give the participants time to think on these things.

Music – What music lifts me up?

Thoughts – What ideas move me?

Experiences – What experiences give me energy?

Friends – Who encourages me?

Recreation – What activities give me energy?

Soul – What spiritual exercises strengthen me?

Hopes – What dreams inspire you?

Home – What family members care for me?

Giftedness – What blessings activate me?

Memories – What memories make me smile?

Books – What have I read that changes me?

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B. Change Yourself and Your Environment

1. Change yourself but not your environment – Growth will be slow and difficult
2. Change your environment but not yourself – Growth will be slow and less difficult
3. Change your environment and yourself – Growth will be faster and more successful
4. Understand that most people are NOT interested in actually growing!
5. As you consider your environment, ask these critical questions:
 - a. Who nourishes me? ?
 - b. What keeps me alive ?
 - c. What sustains me ?

C. Change The People You Spend Time With

D. Challenge Yourself In Your New Environment

1. Make your goals public
2. Set a deadline for your goals

When learning from others such as a mentor, explore these questions with this person:

3. What is their strength?
4. What are they learning now?
5. What do I need right now?
6. Who have they met, what have they read, or what have they done that has helped them?

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7. What have I not asked that I should have asked? – Ask your mentor this question.

E. Focus On The Moment

F. Move Forward Despite Criticism

G. A Note For Leaders

1. Leaders will always take responsibility for the growth of their organizations

Discuss the need for leaders to create a culture in their organization where:

- Others are ahead of some
- Each person is individually challenged
- The focus is always forward
- The atmosphere is affirming
- Creating a place designed to keep people out of their comfort zone
- Helping everyone stay excited
- Remembering that failure is not their enemy
- Keep others growing
- A place where change is desired
- Growth is modeled and expected.

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OVERCOME GROWING PAINS

(Specific Steps to Amazing Growth)

Assess your current environment when it comes to growth answering true or false to these ten statements:

1. Others are ahead of me
2. I am continually challenged
3. My focus is always forward
4. The atmosphere is affirming
5. I am often out of my comfort zone
6. I wake up excited
7. Failure is not my enemy
8. Others growing
9. People desire change
10. Growth is modeled and expected.

If you answered false to five or more of these, your environment may be lowering your growth. What are you going to do about it?

Assess your personal growth in the three areas in this chapter:

- The right Soil – What nourishes me?
- The Right Air To Breathe – What keeps me alive?
- The Right Climate To Live In – What sustains me?

Remember, growth comes best and effectively when your environment is aiding, not hold your back.

Read the next chapter this week – *The Law of Design*