LAW 2 — MEETING 2

The Law of Awareness
You Must Know Yourself To Grow Yourself

I. Do You Have A Sense Of ______ direction ______?  
   A. To grow yourself, you must know the following:  
      1. ______ Your strengths ______  
      2. ______ Your weaknesses ______  
      3. ______ Your interests ______  
      4. ______ Your opportunities ______  
   A. To reach your full potential, you MUST know ______ where you are ______,  
      and where ______ you want to be ______.

II. There are three kinds of people when it comes to finding direction:  
   A. People who ______ don’t know ______ what they would like to do  
      They are confused  
   B. People who ______ know ______ what they want to do, but ______ don’t do it. ______  
      They are frustrated  
   C. People who know what they want to do, and do it.  
      These people are fulfilled.
III. How To Find Your Passion and Purpose

A. Discuss the need for personal “________ awareness ______”
   1. What does it mean to be personally aware?

B. Do you like what you are ______ doing now ______?

C. What would you ______ like to do ______?

D. Can you ______ do ______ what you would like to do?

E. Do you know ______ why ______ you want to do what you would like to do?

F. Do you know what to do so you can do what you want to do?
   1. ______ Awareness ______ – Becoming very conscious of every choice you make.
   2. ______ Action ______ – The major difference between those who do it and those who don’t do it, is those who do it, do it.
   3. ______ Accountability ______ – This can be shared accountability with a friend or coach, or personal accountability
   4. ______ Attraction ______ – Who are the people you are attracting? Are they like-minded in success?
G. Do you know ___________ who do what you’d like to do?

This is the question of mentors and coaches – do you have one or more?

1. **Get committed** – if you have to, pay people for their time and advise
2. **Be consistent** – Meet regularly with someone who can help you.
3. **Be creative** – Learn from people even if you can’t meet them.
4. **Be purposeful** – Prepare for every interaction: don't wing it!
5. **Be reflective** – Reflect on each encounter and discover what you are learning
6. **Be grateful** – ALWAYS show appreciation for what you are learning from others.

H. ___________ you do what you would like to do with them?

*If you find a mentor, you have some responsibilities to this relationship:*

1. Possess a teachable spirit
2. Always be prepared
3. Ask questions
4. Demonstrate learning from them
5. Be accountable

*If you are a mentor, you should focus your teaching on the following areas:*

1. Strengths
2. Temperament
3. Track Record
4. Passion
5. Choices
6. Advice
7. Support and resources
8. Feedback
9. Encouragement

In the mentoring relationship, it is important for the mentee to explore his/her own learning by observing this process:

Here is what I asked you...
Here is what I heard you share with me...
Here is what I did
Now, can I ask you more questions?

The goal is to find a mentoring relationship that is mutually beneficial.

I. Will you ________________ to do what you want to do?

J. When can you ___________ what you’d like to do?

K. What will it ___________ when you get to do what you want to do?
OVERCOME GROWING PAINS

*(Specific Steps to Amazing Growth)*

• Spend some significant amount of time and answer these questions for your own life:
  • What would you like to do?
  • What talents, skills and opportunities do you possess that support your desire to do it?
  • What are your motives for wanting to do it?
  • What steps must you take (beginning today) to start doing what you want to do?
    • Awareness
    • Action
    • Accountability
  • What advice can you get along the way?
  • What price are you willing to pay?
  • What will it cost in time?
  • Resources?
  • Sacrifices?
  • Where do you most need to grow?

Start with strengths and the future more than weaknesses and the past.

Read the next chapter this week – *The Law of The Mirror*