LAW 13 — MEETING 13

The Law of Modeling

It’s Hard to Improve When You have No One But Yourself to Follow

I. Discuss This Notion:
You can only grow as much as YOU can – what now?

II. Whom Should I follow?

A. A good mentor is a ______ worthy example

B. A good mentor is _______ available

C. A good mentor has _______ proven experience

D. A good mentor _______ possesses wisdom

E. A good mentor provides _______ friendship and support

F. A good mentor is a coach who _______ makes a difference in people’s lives
a. Consider some these names for ‘coach’ from other cultures: (all of which mean one who goes before and shows the way.)

a. Sensei – one who has traveled further down the path
b. Guru – “gu” darkness, “ru” – someone who brings light to darkness
c. Lama – one with spiritual authority
d. Maestro – a master of music
e. Tutor – a private teacher
f. Guide – one who shows the way
g. Mentor – a wise and trusted counselor

III. Characteristics of a Coach

• Care

• Observe their attitudes, behaviors, and performance

• Align them with their strengths for peak performance

• Communicate and give feedback about their performance

• Help them improve their lives and performance

A. The Law of Modeling states that YOU need a coach – everybody needs a coach
OVERCOME GROWING PAINS
(Specific Steps to Amazing Growth)

• For real growth to occur in your life, find a next-step mentor.
• Before you meet with your mentor or coach, have at least five thoughtful questions ready for him or her.
• Make a list of specific areas of your life you want to discuss. Remember, this is not counseling, but coaching for the future.
• Find even distant mentors you can follow

Read the next chapter this week – *The Law of Expansion*