



LAW 13 — MEETING 13

## The Law of Modeling

*It's Hard to Improve When  
You have No One But Yourself to Follow*

I. Discuss This Notion:

*You can only grow as much as YOU can – what now?*

II. Whom Should I follow?

A. A good mentor is a worthy example

B. A good mentor is available

C. A good mentor has proven experience

D. A good mentor possesses wisdom

E. A good mentor provides friendship and support

F. A good mentor is a coach who  
makes a difference in people's lives

# THE 15 INVALUABLE LAWS OF GROWTH



- a. Consider some these names for 'coach' from other cultures: (all of which mean *one who goes before and shows the way.*)
  - a. Sensei – one who has traveled further down the path
  - b. Guru – “gu” darkness, “ru” – someone who brings light to darkness
  - c. Lama – one with spiritual authority
  - d. Maestro – a master of music
  - e. Tutor – a private teacher
  - f. Guide – one who shows the way
  - g. Mentor – a wise and trusted counselor

### III. Characteristics of a Coach

- **Care** \_\_\_\_\_ for people they coach
- Observe their **attitudes, behaviors, and performance** \_\_\_\_\_
- Align them with their **strengths for peak performance** \_\_\_\_\_
- **Communicate and give feedback** \_\_\_\_\_ about their performance
- Help them improve their **lives and performance** \_\_\_\_\_

**A. The Law of Modeling states that YOU need  
\_\_\_\_\_ a coach – everybody needs a coach**



## OVERCOME GROWING PAINS

*(Specific Steps to Amazing Growth)*

- For real growth to occur in your life, find a next-step mentor.
- Before you meet with your mentor or coach, have at least five thoughtful questions ready for him or her.
- Make a list of specific areas of your life you want to discuss. Remember, this is not counseling, but coaching for the future.
- Find even distant mentors you can follow

Read the next chapter this week – *The Law of Expansion*