

THE OUTLINE

PART 3

- Creative Romance

- Let's get practical

- Sex is fun...
- Sex is created by God...
- Sex is pleasurable...
- Sex can be complicated...
- Sex is deeply intimate...
- Sex is sacred...
- Sex is communication...
- Sex takes work...

"A man will leave his father and mother and be united to his wife and the two will become one flesh." Matthew 19:4

- "A Theology of Healthy Sexuality"

A foundation...

- God created sex
- God created sex and He sees it as very good
- Guard your heart

- Romance and Intimacy

"Outdo one another in showing honor." Romans 12:10

A. DEVELOPING SEXUAL INTIMACY

- If there is no emotional intimacy or connection, there will be little interest in sexual intimacy
- If you do not have time to talk, you won't have much physical intimacy
- Foreplay begins before you get into the bedroom
- Handle the delicate problems with care and counsel
- Keep learning, even after all these years
- "I'm too tired" means you have your priorities in the wrong place
- Kids don't have to spoil the romance

PERSONAL & GROUP REFLECTION

PART 3

REFLECTION QUESTIONS:

1. Who taught you about sex education? Parents? Friends? A book? The internet? Do you believe you have a healthy view of sexuality in marriage? Why or why not?
2. Have you ever thought about a “healthy theology of sexuality”? How can this be helpful to your view of sexuality?
3. Jim mentioned emotional connection as well as physical connection. Do you have any reaction to his thoughts?
4. How comfortable are you talking about sexuality with your spouse?
5. What is the biggest “take away” from this section for you and why?