



New Horizons Newsletter
Service of Anderson Funeral Home
& Anderson's On Broadway Aftercare Program
801 Broadway
Alexandria, Minnesota 56308
320-219-6278
Jeri Dawson • Aftercare Coordinator

Jeri's cell phone: 320-491-5409

jeridawson@andersonfuneral.net

FEBRUARY & MARCH 2019 NEWSLETTER

A NOTE FROM JERI

Okay, "What do I do now"? If you are asking yourself this question, plan to attend the grief seminars. The grief seminars will be starting in March. You will learn more about grief and the process of grieving, feelings, impact of loss on a family, reflections, journal and letter writing, hope and healing. You will be spending time with others who are on the same journey and you will learn that all the feelings you are experiencing are normal. You will make new friends as well. Grieving is painful, but with the support and fellowship of others, it eases the pain. The best part is while you are doing something for yourself, you are also doing something for others who are experiencing some of the same issues that you are. Please join us.

FEBRUARY 2019 HAPPENINGS

SUNDAY NOON MEALS: The meals for February will take place at the following restaurants:

February 3 rd Great Hunan	February 17 th Fajitas Place - 523 Broadway
February 10 th Valentine's Dinner	February 24 th Pioneer Grill – Grand Arbor

All meals are scheduled to meet at 12:15 PM. To make your reservation to join others for your Sunday meal, please call Lillian at 320-846-0650 by 7:00 PM on Saturday evening. If no answer, please leave a message.

SPRING GRIEF SEMINARS: The spring grief seminars will be starting in March for 6 weeks. The seminars will be at Anderson's On Broadway starting Monday evening, March 4th thru April 8th at 6:00 PM. The day seminars will be starting Tuesday, March 5th thru April 9th at 10:00 AM. These seminars are for anyone who has lost a loved one and if you want to come to the class for a 2nd time, please come. Call Anderson's On Broadway to register at 320-219-6278. Feel free to share this information with others that you may know and please offer to come with them.

CARDS/GAMES/FELLOWSHIP: We meet on Tuesdays for cards at Anderson's On Broadway starting at 1:00 PM. Parking is on the east side of the building. Call Jeri if you have any questions at 320-491-5409. Call a widowed friend and invite them to come with you. Feel free to bring a snack to share.

SATURDAY MORNING COFFEE: Join us at Anderson's On Broadway for morning coffee and treats at 9:30 AM on Saturday, February 2nd. We will be celebrating the birthdays for the month of February. Call a widowed friend to come with you.

BINGO NIGHT: Come join us for bingo night on Thursday, February 7th at 5:30 PM at Anderson's On Broadway. Bring your favorite appetizers/hors d'oeuvres. Call Marion at 320-763-6284 for your reservation by Wednesday evening, February 6th.

VALENTINE'S DINNER: Our Valentine's Dinner will be on Sunday, February 10th at 12:30 PM at Broadway Ballroom, using the west entrance doors for Broadway Ballroom. Call Elsie at 320-766-6607 for your reservation by Tuesday evening, February 5th. Your cost will be \$9.00 with New Horizons paying the balance. Come enjoy the special entertainment we have planned for you.

FEBRUARY BRUNCH: Tuesday, February 19th at 9:30 AM at Traveler's Inn. Good time to visit and share a meal together. Any questions call Shirley at 320-762-8202. Bring a friend with you.

ANGELINA'S TACO NIGHT: Join us on Tuesday, February 19th at 5:30 PM at Angelina's for taco night. Call in your reservation by Monday evening, February 18th to Marilyn at 320-760-0896.

MEN'S GROUP: Come join us on Monday, February 25th at 5:30 PM at D Michael B's for supper. Call in your reservation by Sunday evening, February 24th to Don at 320-763-4112.

B-GEMS: Come join us on Friday, February 8th for our Valentine's Dinner at 11:00 AM at the Knotty Pine in Brandon. Please bring a valentine to exchange. If you have any questions call Jackie at 320-834-4483.

NEW HORIZONS NEWSLETTER - MARCH 2019

A NOTE FROM JERI

The journey of grief is one that you must ultimately decide to complete. You cannot remain where you are right now. Time moves forward, and so must you. We do live in the now and in the moment. However, we have to keep an eye on the path you are walking today and look towards greater joy and contentment. There will come a day when you will not feel as you do right now.

In case of cancellations due to inclement weather for any of our events, listen to KXRA.

MARCH 2019 HAPPENINGS

SUNDAY NOON MEALS: The meals for March will take place at the following restaurants:

March 3 rd	Pike & Pint Grill	March 17 th	Forada Supper Club	March 31 st	Angelina's
March 10 th	D Michael B's	March 24 th	Boulder Tap House		

All meals are scheduled to meet at 12:15 PM. To make your reservation to join others for your Sunday meal, please call Jean at 320-760-1674 by 7:00 PM on Saturday evening. If no answer, please leave a message.

SPRING GRIEF SEMINARS: The spring grief seminars will be at Anderson's On Broadway starting Monday evening, March 4th thru April 8th at 6:00 PM. The day seminars will be starting Tuesday, March 5th thru April 9th at 10:00 AM. Call Anderson's On Broadway at 320-219-6278 to register.

CARDS/GAMES/FELLOWSHIP: We meet on Tuesdays for cards at Anderson's On Broadway starting at 1:00 PM. Parking is on the east side of the building. Call Jeri if you have any questions at 320-491-5409. Call a widowed friend and invite them to come with you. If you don't know how to play cards, come and learn. Feel free to bring a snack to share.

ST. PATRICK'S SOCIAL: Join us on Thursday, March 14th at 5:30 PM for pizza at Anderson's On Broadway. We will have pizza from Pizza Ranch and your cost will only be \$5.00. Call in your reservation by Wednesday evening, March 13th to Judy at 320-886-5378.

SATURDAY MORNING COFFEE: Come join us at Anderson's On Broadway for morning coffee and treats at 9:30 AM on Saturday, March 16th. We will be celebrating the birthdays for the month of March. Call a widowed friend to come with you.

MARCH BRUNCH: Tuesday, March 19th at 9:30 AM at Traveler's Inn. Good time to visit and share a meal together. Any questions call Shirley at 320-762-8202. Bring a friend with you.

MEN'S GROUP: Come join us on Tuesday, March 19th at 5:30 PM at Great Hunan. Call in your reservation by Sunday evening, March 17th to Don at 320-763-4112.

ANDY BEARS/PILLOWS: We will be helping families make memory bears or pillows on Saturday, March 23rd at Anderson's On Broadway starting at 9:00 AM. Call Jeri at 320-491-5409 if you can help. You will find it very heartwarming to help the families. We may need some helpers on Friday afternoon as well.

EVENING SOCIAL & POTLUCK: We are going to have an evening social/potluck on Tuesday March 26th at 5:30 PM at Anderson's On Broadway. Call in your reservation by Monday evening, March 25th to Carole at 320-815-3257. After the meal, we will have an evening of socializing with a variety of table games for those who want to play. Please bring any games that you think would be fun for us to learn and to play.

THEATRE L' HOMME DIEU: We have a limited number of tickets reserved for Friday, July 5th at 7:30 PM for "Celebrating the Music of Neil Diamond" starring Matt Vee. Your cost will be \$35 per ticket. Call Jeri to reserve your ticket at 320-491-5409. These tickets will go fast so call early to avoid disappointment.

B-GEMS: Come join us on Friday, March 8th for St. Patrick's Day dinner at 11:00 AM at the State Street Café in Garfield. If you have any questions call Jackie at 320-834-4483. Wear green and you will receive \$2.00 off the price of your meal.

APRIL-MAY NEWSLETTER: The date set for folding, stuffing, stamping, labeling and sealing the New Horizons Newsletters will be on **MONDAY, MARCH 25th at 9:00 AM** at "**Anderson's On Broadway**" located at **801 Broadway**. We appreciate everyone who helps. So please come join us.